

S4U HEALTHYLIFE LTD

Abridged Accounts

Period of accounts

Start date: 01 April 2016

End date: 31 March 2017

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In order to assist you to fulfil your duties under Companies Act 2006, we have prepared for your approval the accounts of S4U HEALTHYLIFE LTD for the year ended 31 March 2017 which comprise the Statement of Comprehensive Income, the Statement of Financial Position, the Statement of Changes in Equity, and related notes from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com>.

This report is made solely to the member of S4U HEALTHYLIFE LTD, as a body, in accordance with the terms of our engagement letter dated . Our work has been undertaken solely to prepare for your approval the accounts of S4U HEALTHYLIFE LTD and state those matters that we have agreed to state to the Board of S4U HEALTHYLIFE LTD, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants and as detailed at <http://www.accaglobal.com/factsheet163>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than S4U HEALTHYLIFE LTD and its members as a body for our work or for this report.

It is your duty to ensure that S4U HEALTHYLIFE LTD has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and Profit of S4U HEALTHYLIFE LTD. You consider that S4U HEALTHYLIFE LTD is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of S4U HEALTHYLIFE LTD. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

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SNP Plus Ltd

2 Sigma Business Centre

7 Havelock Road

Harrow, London

HA1 1LJ

29 December 2017

S4U HEALTHYLIFE LTD
Statement of Financial Position
As at 31 March 2017

	Notes	2017 £	2016 £
Fixed assets			
Tangible fixed assets	2	6,380	4,449
		6,380	4,449
Current assets			
Stocks		180,154	28,767
Debtors		51,754	137,161
Cash at bank and in hand		83,108	41,902
		315,016	207,830
Creditors: amount falling due within one year		(227,372)	(102,524)
Net current assets		87,644	105,306
Total assets less current liabilities		94,024	109,755
Net assets		94,024	109,755
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		93,924	109,655
Shareholders funds		94,024	109,755

For the year ended 31 March 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's Responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
2. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The members have agreed to the preparation of abridged accounts.

Signed on behalf of the board of directors

Shibaji Shrestha
Director

Urmila Shrestha
Director

Date approved by the board: 29 December 2017

S4U HEALTHYLIFE LTD
Notes to the Abridged Financial Statements
For the year ended 31 March 2017

Statutory Information

S4U HEALTHYLIFE LTD is a private limited company, limited by shares, domiciled in England and Wales, registration number 09072142.

The presentation currency is £ sterling.

1. Accounting Policies

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Financial Reporting Standard for Smaller Entities (effective January 2016).

Turnover

Turnover comprises the invoiced value of goods supplied by the company, net of Value Added Tax and trade discounts.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rate of exchange ruling at the balance sheet date. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. All foreign exchange differences are included to the profit and loss account.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer Equipment	15% Reducing Balance
Fixtures and Fittings	15% Reducing Balance
Plant and Machinery	15% Reducing Balance

Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

2. Tangible fixed assets

Cost or Valuation	Plant and Machinery	Fixtures and Fittings	Computer Equipment	Total
	£	£	£	£
At 01 April 2016	3,452	2,236	-	5,688
Additions	108	1,192	1,677	2,977
Disposals	-	-	-	-
At 31 March 2017	3,560	3,428	1,677	8,665
Depreciation				
At 01 April 2016	793	446	-	1,239
Charge for year	408	514	124	1,046
On disposals	-	-	-	-
At 31 March 2017	1,201	960	124	2,285
Net book values				
Closing balance as at 31 March 2017	2,359	2,468	1,553	6,380
Opening balance as at 01 April 2016	2,659	1,790	-	4,449

3. Share Capital

Allotted	2017	2016
	£	£
100 Class A shares of £1.00 each	100	100
	100	100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.