



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **06/06/2016**

X58LSXIJ

Company Name: **Aspire Health & Wellbeing Limited**

Company Number: **09055195**

Date of this return: **23/05/2016**

SIC codes: **99999**

Company Type: **Private company limited by shares**

Situation of Registered Office: **30 TOLETHORPE CLOSE
OAKHAM
RUTLAND
ENGLAND
LE15 6GF**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**3 CASTLEGATE
GRANTHAM
LINCOLNSHIRE
ENGLAND
NG31 6SF**

The following records have moved to the single alternative inspection location:

Register of members (section 114)
Register of directors (section 162)
Register of secretaries (section 275)
Records of resolutions and meetings (section 358)

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **MRS PAULA JAYNE**

Surname: **WHITE**

Former names:

Service Address: **30 TOLETHORPE CLOSE
OAKHAM
RUTLAND
ENGLAND
LE15 6GF**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/10/1969** *Nationality:* **BRITISH**

Occupation: **CHARTERED PHYSIOTHERAPIST**

Company Director **2**

Type: **Person**

Full forename(s): **MR NICHOLAS RONALD**

Surname: **WHITE**

Former names:

Service Address: **30 TOLETHORPE CLOSE
OAKHAM
RUTLAND
ENGLAND
LE15 6GF**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/05/1968**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARES WITH FULL AND EQUAL RIGHTS TO PARTICIPATE IN VOTING IN ALL CIRCUMSTANCES AND IN DIVIDENDS AND CAPITAL DISTRIBUTIONS, WHETHER ON A WINDING UP OR OTHERWISE. THE SHARES ARE NOT REDEEMABLE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 23/05/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **NICHOLAS RONALD WHITE**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **PAULA JAYNE WHITE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.