

**REGISTERED NUMBER: 08975064 (England and Wales)**

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2019  
FOR  
SJ SPORTS THERAPY LIMITED**

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**BALANCE SHEET**  
**31st March 2019**

	31.3.19		31.3.18
	£	£	£
<b>FIXED ASSETS</b>		<b>7,461</b>	<b>6,353</b>
<b>CURRENT ASSETS</b>	<b>62,105</b>		<b>74,918</b>
<b>CREDITORS</b>			
Amounts falling due within one year	<u>(13,672)</u>		<u>(25,931)</u>
<b>NET CURRENT ASSETS</b>		<u><b>48,433</b></u>	<u><b>48,987</b></u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><b>55,894</b></u>	<u><b>55,340</b></u>
<b>CAPITAL AND RESERVES</b>		<u><b>55,894</b></u>	<u><b>55,340</b></u>

**NOTES TO THE FINANCIAL STATEMENTS**

**1. STATUTORY INFORMATION**

SJ Sports Therapy Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 08975064

**Registered office:** Grafton House  
Bulls Head Yard  
Alcester  
Warwickshire  
B49 5BX

**2. AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the year was 1 (2018 - 1 ) .

**3. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to a director subsisted during the years ended 31st March 2019 and 31st March 2018:

	31.3.19	31.3.18
	£	£
<b>Miss S R Jones</b>		
Balance outstanding at start of year	-	-
Amounts advanced	<b>18,276</b>	-
Amounts repaid	<b>(5,047)</b>	-
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u><b>13,229</b></u>	<u>-</u>

Amounts advanced represents the highest balance on the loan account in the year.

The loan was provided at an interest rate of 2.5% (£235), with no fixed terms of repayment an no security provided.

**BALANCE SHEET - continued**  
**31st March 2019**

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and  
preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director on 24th December 2019 and were signed by:

Miss S R Jones - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.