Registered number
08753228

Motus Strength Ltd

Abbreviated Accounts

31 October 2014

Motus Strength Ltd

Registered number: 08753228

Abbreviated Balance Sheet

as at 31 October 2014

	Notes		2014
			£
Fixed assets			
Tangible assets	2		89,045
Current assets			
Debtors		45,041	
Cash at bank and in hand		122,164	
		167,205	
Creditors: amounts falling due within one year		(294,490)	
Net current liabilities			(127,285)
Net liabilities			(38,240)
Capital and reserves			
Called up share capital	3		2
Profit and loss account			(38,242)
Shareholders' funds			(38,240)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Bruce Butler

Director

Approved by the board on 9 February 2015

Motus Strength Ltd
Notes to the Abbreviated Accounts
for the year ended 31 October 2014

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures, fittings and equipment	20% straight line
Leasehold improvements	10% straight line

Going concern

The financial report has been prepared on a going concern basis. The Company incurred a net loss during the reported period and as of that date, the Company's total liabilities exceeded total assets.

The company's ability to continue as a going concern is depending upon the support of the parent company.

On this basis, the directors consider it appropriate to prepare the financial statements on the going concern basis. The financial statements do not include any adjustments that would result from a withdrawal of this support by the parent company.

Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability.

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding.

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

2 Tangible fixed assets

	£
Cost	
Additions	104,238
At 31 October 2014	104,238

Depreciation

Charge for the year	15,193
At 31 October 2014	15,193

Net book value

At 31 October 2014	89,045

3	**Share capital**	**Nominal value**	**2014 Number**	**2014 £**
	Allotted, called up and fully paid:			
	Ordinary shares	£1 each	2	2

	Nominal value	**Number**	**Amount £**
Shares issued during the period:			
Ordinary shares	£1 each	2	2

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