

Registered Number 08681653

DON'T BELIEVE IN JET-LAG LIMITED

Abbreviated Accounts

30 September 2016

Abbreviated Balance Sheet as at 30 September 2016

	Notes	2016	2015
		£	£
Fixed assets			
Tangible assets	2	38	-
		<u>38</u>	<u>-</u>
Current assets			
Stocks		2,144	2,144
Cash at bank and in hand		4,115	989
		<u>6,259</u>	<u>3,133</u>
Net current assets (liabilities)		<u>6,259</u>	<u>3,133</u>
Total assets less current liabilities		<u>6,297</u>	<u>3,133</u>
Creditors: amounts falling due after more than one year		(3,175)	(1,161)
Accruals and deferred income		(450)	(450)
Total net assets (liabilities)		<u>2,672</u>	<u>1,522</u>
Capital and reserves			
Called up share capital		4	4
Profit and loss account		2,668	1,518
Shareholders' funds		<u>2,672</u>	<u>1,522</u>

- For the year ending 30 September 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 1 June 2017

And signed on their behalf by:

Olivia Dicker, Director

Notes to the Abbreviated Accounts for the period ended 30 September 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 October 2015	0
Additions	49
Disposals	-
Revaluations	-
Transfers	-
At 30 September 2016	<u>49</u>
Depreciation	
At 1 October 2015	0
Charge for the year	11
On disposals	-
At 30 September 2016	<u>11</u>
Net book values	
At 30 September 2016	<u>38</u>
At 30 September 2015	<u>0</u>

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