In accordance with Section 854 of the Companies Act 2006.

# **AR01**

#### **Annual Return**

This form is part of the PROOF scheme. If your company is registered for PROOF, paper versions of this form will be rejected and sent back to the registered office address. Avoid unnecessary rejection and file online. You can view your company's PROOF status on the WebFiling Menu Screen.



A fee is payable with this form You can use the WebFiling service to file this form online. Please see 'How to pay' on the Please go to www.companieshouse.gov.uk last page. What this form is for What this form is NOT fo You may use this form to confirm You cannot use this form to notice of changes to the co that the company information is correct as at the date of this return. officers, registered office at You must file an Annual Return at company type or informatic least once every year. relating to the company re-29/10/2014 COMPANIES HOUSE Part 1 **Company details** The section must be completed by all companies. → Filling in this form Please complete in typescript or in LIFELHORM LTD bold black capitals. All fields are mandatory unless specified or indicated by \* **A1** Company details Company name change Company number If your company has recently Company name in full changed its name, please provide the company name as at the date of this return. A2 Return date ② Date of this return Please give the annual return made up date. The return date must not be a future Your company's return date date. The annual return must be delivered within 28 days of the date given below. is usually the anniversary of incorporation or the anniversary 5 6 12 011 4 Date of this return @ of the last annual return filed at Companies House. You may choose an earlier return date but it must not be a later date. Α3 **Principal business activity** OPrincipal business activity Please show the trade classification code number(s) for the principal You must provide a trade activity or activities. 9 classification code (SIC code) or a description of your company's main Classification code 1 business in this section. Classification code 2 A full list of the trade classification codes are available on our website: Classification code 3 www.companieshouse.gov.uk Classification code 4 If you cannot determine a code, please give a brief description of your business activity below: Principal activity description

	AR Ann	-	Retu	rn						
A4	Con	npar	y ty	/pe	<b>)</b>					
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A5	Reg	iste	red	offi	ce a	ddre	ess ©	•		
Building name/number	VI	<u>ري</u>	٥٤	-1A	- +	10	æ	<b>X</b>	<u></u>	Change of registered office
Street	VICTORIA ROAD VICTORIA ROAD HORNICH						This must agree with the address that is held on the Companies House record at the date of this return.  If the registered office address has			
Post town	R	$\overline{\alpha}$	1	$\overline{\alpha}$	•					changed, you should complete form
County/Region							AD01 and submit it together with this annual return.			
Postcode	B		<del>Ь</del>		5	7	K	7	<del></del>	
	Sing com								n location (SAIL) of the	
Building name/number										SAIL address This must agree with the address
Street										This must agree with the address that is held on the Companies House record at the date of this return.
Post town										If the address has changed, you should complete form ADO2 and submit it together with this annual
County/Region										return.
Postcode										
A7	Loca	atio	ı of	con	npai	ny re	cor	ds	S <b>0</b>	
		ress ii Re Re Dii Dii Re Co Do ca Re int Re Ins or	n Sec giste giste recto recto giste cords ntrac cum pital giste port rerest giste	r of n r of n r of c rs' se rs' inc r of s s of r c tts re ents i by pr r of c to m i ents hern	A6: nemb lirectorvice demn ecret essolu lating elatin ivate eleben tes sha ntere creat Irelar	ners. control control ities. aries. tions to p ng to comp ture l rs of ares. sts in ing cl	etc. urcha reder pany. nolde outco sharge	ers. om es	ne of investigation by public company into disclosed to public company. and register of charges: England and Wales	f the company records of the company records of the company records are held at the registered office address, do not tick any of the boxes in this section.  Certain records must be kept by every company while other records are only kept by certain company types where appropriate.  If the records are not kept at the SAIL address, they must be available at the registered office.  If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form ADO3 and submit it together with this annual return.
	lЦ	ins	trum	ents	creat	ing cl	narge	<u> 2</u> S 2	and register of charges: Scotland.	

#### Part 2 Officers of the company **Continuation pages** This section should include details of the company at the date to which this Please use a continuation page annual return is made up. if you need to enter more officer details. → For a secretary who is an individual, go to Section B1. → For a corporate secretary, go to Section C1. → For a director who is an individual, go to Section D1. → For a corporate director, go to Section E1. Secretary Secretary's details 9 **B1** Please use this section to list all the secretaries of the company. Secretary appointments You may not use this form to For a corporate secretary, complete Section C1-C4. appoint a secretary. To do this, please complete form AP03 and Title\* submit it together with this annual Full forename(s) Corporate details Surname Please use Section C1-C4 to enter corporate secretary details. Former name(s) @ Secretary details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH03. Former name(s) Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes. Secretary's service address 9 B2 THE BLADDHAW SUITE Service address Building name/number If you have previously notified Street Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the Post town address. This information will appear on the County/Region public record. 6 HE Postcode Country

# **Corporate secretary**

C1	Corporate secretary's details •		
	Please use this section to list all the corporate secretaries of the company.	O Corporate secretary appointments You cannot use this form to appoint	
Corporate body/firm name		a corporate secretary. To do this, please complete form AP04 and submit it together with this annual return.	
Building name/number		Corporate secretary details	
Street		All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have	
Post town		not notified us, please complete form CH04.	
County/Region		This information will appear on the	
Postcode		public record.	
Country			
C2	Location of the registry of the corporate body or firm		
<del></del>	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only		
C3	EEA companies ®		
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register.	EEA A full list of countries of the EEA can be found in our guidance: www.companieshouse.gov.uk	
Where the company/ firm is registered ©		This is the register mentioned in Article 3 of the First Company Law	
Registration number		Directive (68/151/EEC).	
C4	Non-EEA companies		
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details the register (including state) when the company or firm is registered, you must also provide its number	
Legal form of the corporate body or firm		that register.	
Governing law			
If applicable, where the company/firm is registered •			
If applicable, the registration number			

D1	Director's details •	
	Please use this section to list all the directors of the company.  For a corporate director, complete Section E1-E4.	Director appointments     You cannot use this form to     appoint a director. To do this, please
Title*	ML	complete form APO1 and submit it together with this annual return.
Full forename(s)	JANNE	Corporate details
Surname	MARCO	Please use Section E1-E4 to enter corporate director details.
Former name(s) •		Director details  All details must agree with those
		previously notified to Companies
Country/State of residence	UK	House. If you have made changes since the last annual return and have not notified us, please
Nationality	Beinst	complete form CH01.
Date of birth	1967	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of
		this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address ®	
Building name/numbe	THE CONTROYS CECUSTED	Service address  If you have previously notified
Street	Moder	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town		Company's Registered Office' in the address.
County/Region		This information will appear on the public record.
Postcode		public record.
Country		

D1	Director's details <sup>©</sup>	
	Please use this section to list all the directors of the company.  For a corporate director, complete Section E1-E4.	Director appointments     You cannot use this form to     appoint a director. To do this, please
Title*	MR	complete form AP01 and submit it together with this annual return.
Full forename(s)	MARK ANDROW	Corporate details
Surname	MARK ANDROW WHOELDID	Please use Section E1-E4 to enter corporate director details.
Former name(s)		Director details All details must agree with those previously notified to Companies
Country/State of residence	GIGLAND	House. If you have made changes since the last annual return and have not notified us, please
Nationality		complete form CH01.
Date of birth	108 69 11974	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address <sup>®</sup>	
Building name/num	per the Coulowy litersness	Service address  If you have previously notified
Street	mores	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town		Company's Registered Office' in the address.
County/Region		This information will appear on the public record.
Postcode		public record.
Country		

D1	Director's details •	
	Please use this section to list all the directors of the company.  For a corporate director, complete Section E1-E4.	ODirector appointments You cannot use this form to appoint a director. To do this, please
Title*	MR	complete form AP01 and submit it together with this annual return.
Full forename(s)	MARTIN DAVID	Corporate details
Surname	BELL	Please use Section E1-E4 to enter corporate director details.
Former name(s) 2		Director details  All details must agree with those previously notified to Companies
Country/State of residence	Exermo	House. If you have made changes since the last annual return and have not notified us, please
Nationality	Bernsn	complete form CH01.
Date of birth	63 61 1954	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address €	
Building name/number	THE CONPANY'S REGISTERED	Service address  If you have previously notified
Street	OFFICE	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town		Company's Registered Office' in the address.
County/Region		This information will appear on the public record.
Postcode		public record.
Country		

D1	Director's details •	
	Please use this section to list all the directors of the company.  For a corporate director, complete Section E1-E4.	Director appointments     You cannot use this form to     appoint a director. To do this, please
Title*	me	complete form AP01 and submit it together with this annual return.
Full forename(s)	GARETH TAGOLD	Corporate details
Surname	Privipa	Please use Section E1-E4 to enter corporate director details.
Former name(s) 9		Director details  All details must agree with those previously notified to Companies
Country/State of residence	ENGLANO	House. If you have made changes since the last annual return and have not notified us, please complete form CH01.
Nationality ————		© Former name(s)
Date of birth	3009 11471	Please provide any previous names which have been used for business
Business occupation (if any)		purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address <sup></sup> Output  Director's service address ●	
Building name/numb	DET THE COURTY'S ECONSTRUED	Service address  If you have previously notified
Street	Office	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town		Company's Registered Office' in the address.
County/Region		This information will appear on the public record.
Postcode		public record.
Country		<del></del>

## **Corporate director**

ne registry of the corporate body or firm  director registered within the European Economic Area (EEA)?  complete Section E3 only  complete Section E4 only  es ©  als of the register where the company file is kept (including the not the registration number in that register.	Corporate director appointments You cannot use this form to appoint a corporate director. To do this, please complete form APO2 and submit it together with this annual return.  Corporate director details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CHO2.  This information will appear on the public record.
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH02.  This information will appear on the public record.
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH02.  This information will appear on the public record.
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	This information will appear on the public record.  BEEA  A full list of countries of the EEA can be found in our guidance:
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	public record.  EEA  A full list of countries of the EEA can be found in our guidance:
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	A full list of countries of the EEA can be found in our guidance:
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	A full list of countries of the EEA can be found in our guidance:
director registered within the European Economic Area (EEA)? complete Section E3 only complete Section E4 only company file is kept (including the	A full list of countries of the EEA can be found in our guidance:
omplete Section E3 only omplete Section E4 only  es ②  Ils of the register where the company file is kept (including the	A full list of countries of the EEA can be found in our guidance:
ils of the register where the company file is kept (including the	A full list of countries of the EEA can be found in our guidance:
	A full list of countries of the EEA can be found in our guidance:
	www.companieshouse.gov.uk
	This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC).
panies	·
ils of the legal form of the corporate body or firm and the law verned. If applicable, please also give details of the register ered (including the state) and its registration number in that	Non-EEA     Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
	that register
	•
	Is of the legal form of the corporate body or firm and the law verned. If applicable, please also give details of the register

Part 3	Statement of capital o							
	Does your company  → Yes Com  → No Got	This should reflect the company's capital status at the made up date of this annual return.						
F1	Share capital in pound sterling (£)							
Please complete the ta If all your issued capit			ld in pound sterling. and then go to Section F4.					
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of sha	res 🕄	Aggregate nominal value 4		
doinery		0.01P		1		f. 60 · 60 z		
						£		
						£		
						£		
			Totals			£		
F2	Share capital in	other currencies	The state of the s					
Please complete the ta Please complete a sep			d in other currencies.					
Currency								
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share 9	Amount (if any) unpaid on each share	Number of shar	res 😉	Aggregate nominal value 4		
		_						
		· <u>l</u>	Totals			•		
,								
				···				
Currency Class of shares		Amount paid up on	Amount (if any) unpaid	Number of shar	B	Aggregate nominal value @		
(E.g. Ordinary/Preference etc	.)	each share 2	on each share	Number of sital		Aggregate nominal value		
	~							
			Totals					
F3	Totals		·					
	Please give the total issued share capita	al number of shares an I.	Total aggregate nominal value Please list total aggregate values in					
Total number of shares	1					t currencies separately. For t: £100 + 🗆 100 + \$10 etc.		
Total aggregate nominal value	0.018.							
② Including both the noming share premium.	•	Number of shares issue nominal value of each	share. Plea	itinuation Pago ise use a Statem e if necessary.		al continuation		
<b>③</b> Total number of issued s	hares in this class.		F9					

F4	Statement of capital (Voting rights)						
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Sections F1</b> and <b>F2</b> .						
Class of share	ORO LARY						
Voting rights	DEDINANY						
Class of share							
Voting rights  Class of share							
Voting rights							
Class of share	W						
Voting rights							

Part 4	Shareholders	
	Does your company have share capital?  → Yes Complete the sections below. → No Go to Part 5 (Signature).	This should reflect the shareholder details at the made up date of this annual return.
G1	Traded public companies ©	
	Please tick the box if your company was a traded public company at any time during the period of this return.	Traded company definition A traded company means a compar any of whose shares are admitted t trading on a regulated market.
G2	List of past and present shareholders	
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns.	
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.	
	Please tick the appropriate box below:	
	A full list of shareholders for a private or non-traded public company is enclosed. Please complete <b>Section G3</b> ; or	
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4.	
	<ul> <li>A list of shareholder changes is enclosed.</li> <li>→ For private or non-traded public companies, please complete Section G3.</li> <li>→ For traded public companies, please complete Section G4.</li> </ul>	
	There were no shareholder changes in this period.  → Go to Part 5 (Signature).	
	Please tick the appropriate box below to indicate the format of your shareholder details:	
	The list of shareholders is enclosed on paper.  The list of shareholders is enclosed in another format.	
	The list of shareholders is chalosed in dilother format.	

## G3

# Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year.

You must provide a 'full list' of all company shareholders on:

- The company's first annual return following incorporation;
- Every third annual return after a full list has been provided.

Please list the company shareholders in alphabetical order.

Joint shareholders should be listed consecutively.

Further shareholders Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary.

	Shares or stock currently held	Shares or stock transferred (if appropriate)		
Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
			1 1	
		Class of share  Class of share  Number of shares or amount of stock	Currently held  Class of share  Number of shares or amount of stock  Number of shares or amount of stock	

### G4

## Traded public companies – list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year.

You must provide a 'full list' of all company shareholders on:

- The company's first annual return following incorporation;
- Every third annual return after a full list has been provided.

Please list the company shareholders in alphabetical order.

Joint shareholders should be listed consecutively.

Further shareholders Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary.

ı						
		Shares or stock currently held	Shares or stock transferred (if appropriate)			
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
Name				1 1		
Address				, ,		
		i		, ,		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		

Part 5	Signature	
	This must be completed by all companies.	O Societas Europaea If the form is being filed on behalf
	I am signing this form on behalf of the company.	of a Societas Europaea (SE) please delete 'director' and insert details
Signature	This form may be signed by: Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor.	delete 'director' and insert details of which organ of the SE the person signing has membership.  Person authorised Under either section 270 or 274 of the Companies Act 2006.

# Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

COPLETY Primes
Company name
THE BRADOWAN SUIF
PARAGON BOBINESS (ARK
Post town C
8000
County/Region LANCS
County/Region LANCS Postcode BL6 6 HE
Postcode BLG 6HE

## ✓ Checklist

We may return forms completed incorrectly or with information missing.

# Please make sure you have remembered the following:

- The company name and number match the information held on the public Register.
- You have completed your principal business activity.
- You have not used this form to make changes to the registered office address.
- You have not used this form to make changes to secretary and director details.
- You have fully completed the Statement of capital (if applicable).
- You have signed the form.
- You have enclosed the correct fee.

## Important information

Please note that all information on this form will appear on the public record.

#### How to pay

A fee of £40 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House.'

#### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way Cardiff Wales CF14 3117

Crown Way, Cardiff, Wales, CF14 3UZ.

DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

#### Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk