

**SYNERGY GYMNASTICS LONDON CIC
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023**

TaxAssist Accountants
64 Southwark Bridge Road
London
SE1 0AS

THURSDAY



A24 *ACZT@UK2* #47
28/03/2024
COMPANIES HOUSE

Synergy Gymnastics London CIC
Balance Sheet
As At 30 June 2023

Registered number: 08578330

	2023	2022
	£	£
Fixed assets	40,863	48,877
Current assets	48,812	53,726
Creditors: Amounts Falling Due Within One Year	(30,871)	(27,207)
NET CURRENT ASSETS	17,941	26,519
TOTAL ASSETS LESS CURRENT LIABILITIES	58,804	75,396
Creditors: Amounts Falling After More Than One Year	(21,807)	(26,242)
Accruals and deferred income	(1,722)	(1,638)
NET ASSETS	35,275	47,516
CAPITAL AND RESERVES	35,275	47,516

Notes

1. General Information

Synergy Gymnastics London CIC is a private company, limited by shares, incorporated in England & Wales, registered number 08578330. The registered office is Camberwell Leisure Centre, Artichoke Place, Camberwell, London, SE5 8TS.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 40 (2022: 27)


For the year ending 30 June 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

A handwritten signature in black ink, appearing to be 'A. Payne', written over a horizontal dashed line.

Mr Andrew Payne

Director

20 March 2024

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

SYNERGY GYMNASTICS LONDON CIC

Company Number

08578330

Year Ending

30/06/2023

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

During this financial year we have increased the capacity of the club by opening classes at a new venue in Thomas Tallis School, Kidbrooke. The new venue had been empty since the end of COVID restrictions and by opening it back up we have been able to accommodate around 450 people each week to take part in gymnastics sessions.

This includes pre schoolers, children and adults.

The new venue compliments the existing programs we have in place and allows more people to be physically active and take part in an underserved sport in terms of facilities and opportunities.

An in depth social impact report is available on our website –
www.synergygymnastics.co.uk/social-impact

Highlights include

- 25% increase in participation numbers
- 20 new coaches and helpers onboarded
- 57% of participants from BAME background

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

- An annual survey was completed by parents and carers

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

- Directors remuneration is listed in the accounts

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

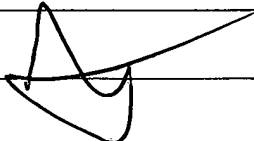
- No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

The original report must be signed by a director or secretary of the company

Signed



(DD/MM/YY)

Date

20/3/2024

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)