

Registered number
08563942

The Life You Love Limited

Filleted Accounts

30 June 2022

The Life You Love Limited**Registered number:** 08563942**Balance Sheet****as at 30 June 2022**

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	3	11,969	9,043
		<u>11,969</u>	<u>9,043</u>
Current assets			
Debtors	4	-	80
Cash at bank and in hand		33,088	13,117
		<u>33,088</u>	<u>13,197</u>
Creditors: amounts falling due within one year	5	(37,398)	(15,011)
Net current liabilities		<u>(4,310)</u>	<u>(1,814)</u>
Total assets less current liabilities		<u>7,659</u>	<u>7,229</u>
Net assets		<u>7,659</u>	<u>7,229</u>
Capital and reserves			
Called up share capital		1	1
Profit and loss account		7,658	7,228
Shareholders' funds		<u>7,659</u>	<u>7,229</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

S Price

Director

Approved by the board on 9 January 2023

The Life You Love Limited
Notes to the Accounts
for the year ended 30 June 2022

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	20% reducing balance
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Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the

reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

2 Employees	2022	2021
	Number	Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

3 Tangible fixed assets

	Land and buildings	Plant and machinery etc	Total
	£	£	£
Cost			
At 1 July 2021	-	12,432	12,432
Additions	4,735	-	4,735
Surplus on revaluation	-	-	-
Disposals	-	-	-
At 30 June 2022	<u>4,735</u>	<u>12,432</u>	<u>17,167</u>
Depreciation			
At 1 July 2021	-	3,389	3,389
Charge for the year	-	1,809	1,809
Surplus on revaluation	-	-	-
On disposals	-	-	-
At 30 June 2022	<u>-</u>	<u>5,198</u>	<u>5,198</u>
Net book value			
At 30 June 2022	<u>4,735</u>	<u>7,234</u>	<u>11,969</u>
At 30 June 2021	<u>-</u>	<u>9,043</u>	<u>9,043</u>

4 Debtors	2022	2021
	£	£
Trade debtors	<u>-</u>	<u>80</u>
	<u>-</u>	<u>80</u>

5 Creditors: amounts falling due within one year	2022	2021
	£	£
Bank loans and overdrafts	4,914	385
Trade creditors	10,630	638
Taxation and social security costs	2,282	251
Other creditors	<u>19,572</u>	<u>13,737</u>
	<u>37,398</u>	<u>15,011</u>

6 Controlling party

The Company is controlled by the Director who is 100% Shareholder.

7 Other information

The Life You Love Limited is a private company limited by shares and incorporated in England. Its registered office is:

3 Shaftesbury Close

West Moors

Ferndown

Dorset

BH22 ODZ

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.