# **SH02**



Notice of consolidation, sub-division, redemption of shares or re-conversion of stock into shares

of Shares of the conversion of Stock into shares

What this form is for You may use this form to give notice of consolidation, sub-division, redemption of shares or re-conversion of stock into shares

What this form is NOT for You cannot use this form to notice of a conversion of stock.



A09 20/11/2015 COMPANIES HOUSE

#19

1	Company deta	ails				
Company number	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$			ng in this form se complete in typescript or in		
Company name in full	THE GYM GRO	OUP PLC			black capitals	
				All f	ields are mandatory unless ified or indicated by *	
2	Date of resolu	ution			•	
Date of resolution	0 de m	1 <sup>m</sup> 1 y2 y0 y	1 <sup>y</sup> 5			
3	Consolidation	)		·		
Please show the ame	ndments to each cl	ass of share				
		Previous share structure		New share structure		
Class of shares (E.g. Ordinary/Preference e	tc)	Number of issued shares	Nominal value of each share	Number of issued share	Nominal value of each share	
			<u> </u>			
4	Sub-division					
Please show the ame	ndments to each c	lass of share				
		Previous share structure	Previous share structure		share structure	
Class of shares (E.g. Ordinary/Preference etc.)		Number of issued shares	Nominal value of each share	Number of issued share	Nominal value of each share	
C1 ORDINARY	· · · - ·	87642	£0 01	0	0	
DEFERRED (£0 00	001)	0	0	4315700	£0 0001	
ORDINARY		71,827,154	£0 0001	76,275,654	£0 0001	
5	Redemption	•		1		
Please show the class Only redeemable sha		nal value of shares that ha	ve been redeemed	_		
Class of shares (E g Ordinary/Preference e	tc)	Number of issued shares	Nominal value of each share			

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6	Re-conversion				
Please show the class	s number and nomin	al value of shares follow	ing re-conversion from sto	ock	
	New share structure				_
Value of stock	Class of shares (E.g. Ordinary/Prefere	nce etc )	Number of issued shares	Nominal value of each share	
					_
	Statment of ca	apıtal			
		ection 8 and Section 9 owing the changes made	If appropriate) should ref	lect the company's	
7	Statement of	capital (Share capit	al in pound sterling (i	E))	
Please complete the If all your issued cap	table below to show	each share classes held y complete Section 7 an	in pound sterling id then go to Section 10		
Class of shares (E.g. Ordinary/Preference)	etc)	Amount paid up on each share •	Amount (if any) unpaid on each share ①	Number of shares 2	Aggregate nominal value
SEE CONTINUAT	ION SHEET				£
					£
					£
					£
			Total	s	£
8	Statement of	capıtal (Share capıt	tal in other currencies	)	
Please complete the Please complete a se		r any class of shares held h currency	In other currencies		
Currency					
Class of shares (E g Ordinary / Preference	etc)	Amount paid up on each share	Amount (if any) unpaid on each share •	Number of shares •	Aggregate nominal value
					<u> </u>
			Total	S	
				<del></del>	·
Currency					
Class of shares (E.g. Ordinary/Preference etc.)		Amount paid up on each share •	Amount (if any) unpaid on each share	Number of shares •	Aggregate nominal value
-					
		<u> </u>			
			Tota	s	
<ul> <li>● Including both the nor share premium</li> <li>● Total number of issued</li> </ul>	•	<ul> <li>Number of shares issue nominal value of each</li> </ul>	share PI	ontinuation pages ease use a Statement of Ca ige if necessary	apital continuation

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## Statement of capital

Please complete the table below to show each class of shares held in other currencies Please complete a separate table for each currency

Currency	GBP				<del></del>
Class of shares (E g Ordinary/preference etc )		Amount paid up on each share •	Amount (if any) unpaid on each share •	Number of shares •	Aggregate nominal value 3
ORDINARY		1 55014025828407	0	31,221,054	3122 1054
ORDINARY		£0 01	0	40,606,100	4060 61
ORDINARY		£0 0097	0	4,448,500	444 85
C2 ORDINARY		£1	0	105463	1054 63
C3 ORDINARY		£1	0	6895	68 95
C4 ORDINARY		£1	0	50	50
DEFERRED (£1 00	)	£1	0	48000	48000
DEFERRED (£0 03)		£0 03	0	87642	2629 26
DEFERRED (£0 0001)		£0 0097	0	4315700	431 57
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		<u> </u>			
		<u> </u>	<u> </u>	80,839,404	<u> </u>

• Including both the nominal value and any share premium

• E g Number of shares issued multiplied by nominal value of each share

Total number of issued shares in this class

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9	Statement of capital (Totals)				
	Please give the total number of shares and total aggregate nominal value of issued share capital	• Total aggregate nominal value Please list total aggregate values in different currencies separately For			
Total number of shares	80839404	example £100 + \$10 etc			
Total aggregate nominal value •	£59861 9754				
10	Statement of capital (Prescribed particulars of rights attached to shares)				
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Section 7</b> and <b>Section 8</b>	<ul> <li>Prescribed particulars of rights attached to shares</li> <li>The particulars are a particulars of any voting rights,</li> </ul>			
Class of share	C2 ORDINARY	including rights that arise only in certain circumstances,			
Prescribed particulars	C2 ORDINARY SHAREHOLDERS ARE NOT ENTITLED TO RECEIVE NOTICE OF, NOR TO ATTEND OR TO SPEAK, AT ANY GENERAL MEETING NOR AT ANY SEPARATE CLASS MEETING FOR THE CLASS OF SHARE THEY HOLD C2 SHARES HAVE NO VOTING RIGHTS IN OTHER RESPECTS THE C2 ORDINARY SHARES ARE TREATED EQUALLY WITH ALL THE OTHER CLASSES OF A, B AND C ORDINARY SHARES	b particulars of any rights, as respects dividends, to participate in a distribution, c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating to redemption of these shares  A separate table must be used for			
Class of share	C3 ORDINARY	each class of share  Please use a Statement of capital continuation page if necessary			
Prescribed particulars	C3 ORDINARY SHAREHOLDERS ARE ENTITLED TO RECEIVE NOTICE OF, AND TO ATTEND AND TO SPEAK, AT ANY GENERAL MEETING AND AT ANY SEPARATE CLASS MEETING FOR THE CLASS OF SHARE THEY HOLD ON A WRITTEN RESOLUTION EACH SHARE IS ENTITLED TO TEN VOTES ON A POLL EACH SHARE IS ENTITLED TO FIVE VOTES ON A SHOW OF HANDS EACH SHARE IS ENTITLED TO ONE VOTE IN OTHER RESPECTS THE C3 ORDINARY SHARES ARE TREATED EQUALLY WITH ALL THE OTHER CLASSES OF A, B AND C ORDINARY SHARES				
Class of share	SEE CONTINUATION SHEET				
Prescribed particulars					

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## Statement of capital (Prescribed particulars of rights attached to shares)

Class of share

### C4 ORDINARY

Prescribed particulars

C4 ORDINARY SHAREHOLDERS ARE NOT ENTITLED TO RECEIVE NOTICE OF, NOR TO ATTEND OR TO SPEAK, AT ANY GENERAL MEETING NOR AT ANY SEPARATE CLASS MEETING FOR THE CLASS OF SHARE THEY HOLD ON A WRITTEN RESOLUTION, PURSUANT TO ARTICLE 12 4 1 5, C4 ORDINARY SHARES SHALL BE ENTITLED TO SUCH NUMBER OF VOTES WHICH, WHEN COUNTED TOGETHER WITH ALL OTHER VOTES CAPABLE OF BEING CAST BY THAT HOLDER OF THE C4 ORDINARY SHARES IN QUESTION IN RESPECT OF ANY OTHER CLASS OF SHARE HELD BY THE HOLDER OF THE C4 ORDINARY SHARES, EQUALS 5% OF ALL VOTES CAPABLE OF BEING CAST BY ALL SHAREHOLDERS IN OTHER RESPECTS THE C4 ORDINARY SHARES ARE TREATED EQUALLY WITH ALL THE OTHER CLASSES OF A, B AND C ORDINARY SHARES

 Prescribed particulars of rights attached to shares

The particulars are

- particulars of any voting rights, including rights that arise only in certain circumstances,
- b particulars of any rights, as respects dividends, to participate in a distribution,
- c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and
- d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating to redemption of these shares

A separate table must be used for each class of share

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10	Statement of capital (Prescribed particulars of rights attached to sh	nares)•	
lass of share	DEFERRED (£0 0001)	• Prescribed particulars of rights attached to shares	
Prescribed particulars	VOTING RIGHTS NONE DIVIDEND RIGHTS NONE DISTRIBUTION RIGHTS ON A WINDING UP OR OTHERWISE ALL HOLDERS OF DEFERRED SHARES SHALL BE ENTITLED TO THE PAYMENT OF £1 00 IN AGGREGATE (PROVIDED THAT NO DISTRIBUTION SHALL BE PAYABLE IN RESPECT OF ANY DEFERRED SHARES HELD BY THE COMPANY AS TREASURY SHARES) REDEEMABLE SHARES THE DEFERRED SHARES ARE NOT REDEEMABLE	The particulars are a particulars of any voting rights, including rights that arise only certain circumstances, b particulars of any rights, as respects dividends, to participal in a distribution, c particulars of any rights, as respects capital, to participate i distribution (including on windi up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder an any terms or conditions relating redemption of these shares	
		A separate table must be used for each class of share	
		:	

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lass of share rescribed particulars

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### Statement of capital (Prescribed particulars of rights attached to shares)

Class of share

### **ORDINARY**

REDEEMABLE

Prescribed particulars

VOTING RIGHTS ORDINARY SHARES RANK EQUALLY FOR VOTING PURPOSES ON A SHOW OF HANDS EACH MEMBER SHALL HAVE ONE VOTE AND ON A POLL EACH MEMBER SHALL HAVE ONE VOTE PER ORDINARY SHARES HELD DIVIDEND RIGHTS EACH ORDINARY SHARE RANKS EQUALLY FOR ANY DIVIDEND DECLARED DISTRIBUTION RIGHTS ON A WINDING UP OR OTHERWISE EACH ORDINARY SHARES RANKS EQUALLY FOR ANY DISTRIBUTION MADE ON A WINDING UP REDEEMABLE SHARES THE ORDINARY SHARES ARE NOT

- Prescribed particulars of rights attached to shares
   The particulars are
  - a, particulars of any voting rights, including rights that arise only in
  - certain circumstances,
    b particulars of any rights, as
    respects dividends, to participate
    in a distribution,
  - c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and
  - d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating to redemption of these shares.

A separate table must be used for each class of share

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Class of share		• Prescribed particulars of rights attached to shares	
Prescribed particulars		The particulars are a particulars of any voting rights, including rights that arise only in certain circumstances, b particulars of any rights, as respects dividends, to participate in a distribution, c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the	
Class of share		company or the shareholder and any terms or conditions relating to redemption of these shares	
Prescribed particulars		A separate table must be used for each class of share  Please use a Statement of capital continuation page if necessary	
11	Signature		
Signature	I am signing this form on behalf of the company  Signature  X	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership	
	This form may be signed by Director , Secretary, Person authorised , Administrator , Administrative Receiver, Receiver, Receiver manager, CIC manager	Person authorised     Under either section 270 or 274 of the Companies Act 2006	

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Important information	
Please note that all information on this form will appear on the public record	
☑ Where to send	
You may return this form to any Companies House	
address, however for expediency we advise you to return it to the appropriate address below	
For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff.	
For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)	
For companies registered in Northern Ireland The Registrar of Companies, Companies House,	
Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG	
DX 481 N R Belfast 1	
Further information  For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk  This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk	