

~~100026/15~~

COMPANY REGISTRATION NUMBER 08509450

**STICKY BITS (CARLISLE) C.I.C**  
**ABBREVIATED ACCOUNTS**

**30 APRIL 2014**



**LAMONT PRIDMORE**  
Chartered Accountants  
31 Lonsdale Street  
Carlisle  
Cumbria  
CA1 1BJ

# **STICKY BITS (CARLISLE) C.I.C**

## **ABBREVIATED ACCOUNTS**

**YEAR ENDED 30 APRIL 2014**

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# STICKY BITS (CARLISLE) C.I.C

## ABBREVIATED BALANCE SHEET

30 APRIL 2014

	Note	£	2014 £
<b>FIXED ASSETS</b>	2		
Tangible assets			6,209
<b>CURRENT ASSETS</b>			
Stocks		1,208	
Debtors		380	
Cash at bank and in hand		2,177	
		<u>3,765</u>	
<b>CREDITORS: Amounts falling due within one year</b>		<u>9,806</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(6,041)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>168</u>
<b>CAPITAL AND RESERVES</b>			
Called-up equity share capital	3		100
Profit and loss account			<u>68</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>168</u>

For the year ended 30 April 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies


### Directors' responsibilities

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476, and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime

These abbreviated accounts were approved by the directors and authorised for issue on , and are signed on their behalf by

P ELAND

 27/11/15

Company Registration Number 08509450

The notes on pages 2 to 3 form part of these abbreviated accounts

## 1. ACCOUNTING POLICIES

The turnover shown in the accounts represents cash takings during the year

**All fixed assets are initially recorded at cost**

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

**Equipment** - 25% Reducing Balance

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more tax

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date

**STICKY BITS (CARLISLE) C.I.C**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**YEAR ENDED 30 APRIL 2014**

**1. ACCOUNTING POLICIES** *(continued)*

**Financial instruments**

Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

**2. FIXED ASSETS**

	<b>Tangible Assets £</b>
<b>COST</b>	
Additions	<u>7,001</u>
<b>At 30 April 2014</b>	<u><b>7,001</b></u>
<b>DEPRECIATION</b>	
Charge for year	<u>792</u>
<b>At 30 April 2014</b>	<u><b>792</b></u>
<b>NET BOOK VALUE</b>	
<b>At 30 April 2014</b>	<u><b>6,209</b></u>
At 30 April 2013	<u><b>—</b></u>

**3. SHARE CAPITAL**

**Allotted, called up and fully paid:**

	<b>No</b>	<b>£</b>
Ordinary shares of £1 each	<u><b>100</b></u>	<u><b>100</b></u>

100026/15

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

Please  
complete in  
typescript, or  
in bold black  
capitals.

Company Name in  
full

Sticky Bits(CARLISLE) CIC

Company Number

08509450

Year Ending

30 April 2014

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

### PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

The company runs 'Sticky Bits' a community café, which is run for the benefit of the lesbian, gay, bisexual and transgender community in Carlisle and surrounding area.

The café opened for business in June 2013, during the year the café has

1 Provided a food and beverage service at an informal venue to encourage social interaction and networking between members of the community, thus helping to strengthen community spirit and awareness.

2 The company also provided training courses in food hygiene and confidence building. These courses will improve skill levels and encourage personal development of community members, leading to greater employability. There have been 10 volunteers through the food hygiene course to date. The café is a safe space for people identifying as LGBT and is being used predominantly by this group. We run smaller groups that are specific to age and sexuality.

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

The company's stakeholders are the members of the lesbian, gay, bisexual and transgender community in Carlisle and the surrounding area. The directors of the company have lived in and worked with the community for a number of years, and developed the business model for the shop based on their experience of talking to members of the community.

The cafe was set up after looking at consultation done by Cumbria County Council in 2011 and from findings from past health consultation. We are in the process of our own consultation, and are asking the users what they think of present services, how we can improve them and what other services they would see as a benefit to the cafe and LGBTHQ centre.

*(If applicable, please just state "A social audit report covering these points is attached")*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below

The directors did not receive any emoluments in respect of qualifying services in the year ended 30<sup>th</sup> April 2014.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office which require to be disclosed.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

No transfer of assets other than for full consideration has been made.

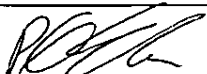
*(Please continue on separate continuation sheet if necessary)*

**(N.B. Please enclose a cheque for £15 payable to Companies House)**

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed



Date

27/1/15

Office held (tick as appropriate) ☐ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

Ms P Eland	
17 Tait Street	
Carlisle	
CA1 1RU	Telephone
DX Number	DX Exchange

**When you have completed and signed the form, please send it to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG