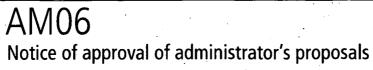
In accordance with Rule 3.38 of the Insolvency (England & Wales) Rules 2016





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	COM	MPANIES HOUSE
1	Company details	
Company number	0 8 4 8 8 7 8 0	→ Filling in this form Please complete in typescript or in
Company name in full	XERCISE4LESS (NOTTINGHAM) LIMITED	bold black capitals.
		,
2	Court details	· .
Court name	In the High Court of Justice Business and Property Courts	
	of England and Wales Insolvency and Companies List (ChD)	
Court case number	C R 2 0 2 0 L D S 0 0 0 6 0 1	
3	Administrator's name	
Full forename(s)	Toby Scott	
Surname	Underwood	
4	Administrator's address	
Building name/number	PricewaterhouseCoopers LLP	
Street	Central Square	
	29 Wellington Street	·
Post town	Leeds	
County/Region	England	
Postcode	LS14DL	
Country	England	

AM06
Notice of approval of administrator's proposals

5	Administrator's name o	
Full forename(s)	Robert Nicholas	Other administrator Use this section to tell us about another administrator.
Surname	Lewis	
6	Administrator's address o	
Building name/number	PricewaterhouseCoopers LLP	Other administrator Use this section to tell us about
Street	7 More London	another administrator.
	Riverside	
Post town	London	
County/Region	England	
Postcode	SE1 2 RT	
Country	England	
7	Date administrator(s) appointed	
Date	<sup>6</sup> 2 <sup>6</sup> 2	
8	Date statement of proposals delivered to creditors	
Date	$\begin{bmatrix} d & 3 \end{bmatrix} \begin{bmatrix} d & 0 \end{bmatrix} \begin{bmatrix} m & 0 \end{bmatrix} \begin{bmatrix} m & 7 \end{bmatrix} \begin{bmatrix} y & 2 \end{bmatrix} \begin{bmatrix} y & 0 \end{bmatrix} \begin{bmatrix} y & 2 \end{bmatrix} \begin{bmatrix} y & 0 \end{bmatrix}$	
9	Date proposals were deemed to be approved	
Date	$\begin{bmatrix} d & 1 & \end{bmatrix} \begin{bmatrix} m & 0 & \end{bmatrix} \begin{bmatrix} m & 8 & \end{bmatrix} \begin{bmatrix} y & 2 & y & 0 \end{bmatrix} \begin{bmatrix} y & 2 & y & 0 \end{bmatrix} \begin{bmatrix} y & 0 & y & 0 \end{bmatrix}$	
10	Sign and date	
Administrator's signature	Signature X	
Signature date	$\begin{bmatrix} d & d & d & d \end{bmatrix}$ $\begin{bmatrix} d & d & d & d \end{bmatrix}$ $\begin{bmatrix} d & d & d & d \end{bmatrix}$ $\begin{bmatrix} d & d & d & d & d \\ d & d & d & d & d \end{bmatrix}$ $\begin{bmatrix} d & d & d & d & d \\ d & d & d & d & d \end{bmatrix}$ $\begin{bmatrix} d & d & d & d & d \\ d & d & d & d & d \\ d & d &$	

#### **AM06**

Notice of approval of administrator's proposals

# Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name Ruth Turner

Company name PricewaterhouseCoopers LLP

Address Central Square

29 Wellington Street

Post town Leeds

County/Region England

Postcode L S 1 4 D L

County England

Dx

Telephone 0113 289 4326

### ✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have signed and dated the form.

#### Important information

All information on this form will appear on the public record.

### ■ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

## Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse