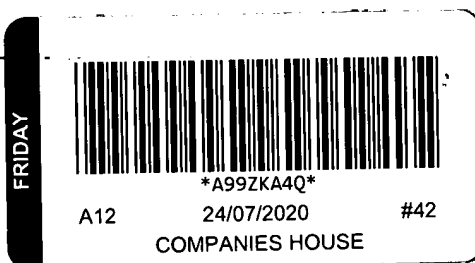


# AM01

## Notice of administrator's appointment



Companies House



<b>1</b>	<b>Company details</b>
Company number	0 8 4 8 8 7 8 0
Company name in full	XERCISE4LESS (NOTTINGHAM) LIMITED

→ Filling in this form  
Please complete in typescript or in  
bold black capitals.

<b>2</b>	<b>Court details</b>
Court name	In the High Court of Justice Business and Property Courts of England and Wales Insolvency and Companies List (ChD)
Court number	C R 2 0 2 0 L D S 0 0 0 6 0 1

<b>3</b>	<b>Administrator's name</b>
Full forename(s)	Robert Nicholas
Surname	Lewis

<b>4</b>	<b>Administrator's address</b>
Building name/number	PricewaterhouseCoopers LLP
Street	7 More London Riverside
Post town	London
County/Region	England
Postcode	S E 1 2 R T
Country	England


<b>5</b>	<b>Administrator's email address or telephone number <sup>①</sup></b>
Email address	ruth.e.turner@pwc.com
Telephone number	0113 289 4326

① You must give an email address or  
telephone number. All information  
on this form will appear on the  
public record.

<b>6</b>	<b>Insolvency practitioner number</b>
Insolvency practitioner number	9 2 7 7

AM01

## Notice of administrator's appointment

<b>7 Administrator's name ①</b>	
Full forename(s)	Toby Scott
Surname	Underwood
<b>① Other administrator</b> Use this section to tell us about another administrator.	
<b>8 Administrator's address ②</b>	
Building name/number	PricewaterhouseCoopers LLP
Street	Central Square
	29 Wellington Street
Post town	Leeds
County/Region	England
Postcode	L S 1 4 D L
Country	England
<b>② Other administrator</b> Use this section to tell us about another administrator.	
<b>9 Administrator's email address or telephone number ③</b>	
Email address	ruth.e.turner@pwc.com
Telephone number	0113 289 4326
<b>③ You must give an email address or telephone number. All information on this form will appear on the public record.</b>	
<b>10 Insolvency practitioner number</b>	
Insolvency practitioner number	9 2 7 0
<b>11 Statement of appointment</b>	
I confirm the appointment of the administrator(s) on	
Date	<sup>d</sup> 2 <sup>d</sup> 2 <sup>m</sup> 0 <sup>m</sup> 7 <sup>y</sup> 2 <sup>y</sup> 0 <sup>y</sup> 2 <sup>y</sup> 0
<b>12 Name of person, body or court appointing administrator</b>	
Person, body or court name	The Director of the Company
<b>13 Sign and date</b>	
Administrator's signature	<div>Signature</div> <div>X  X</div>
Signature date	<sup>d</sup> 2 <sup>d</sup> 2 <sup>m</sup> 0 <sup>m</sup> 7 <sup>y</sup> 2 <sup>y</sup> 0 <sup>y</sup> 2 <sup>y</sup> 0

# AM01

## Notice of administrator's appointment



### Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name Ruth Turner

Company name PricewaterhouseCoopers LLP

Address Central Square

29 Wellington Street

Post town Leeds

County/Region England

Postcode L S 1 4 D L

Country England

DX

Telephone 0113 289 4326



### Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have signed and dated the form.



### Important information

All information on this form will appear on the public record.



### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.



### Further information

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)