

**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**  
**FOR**  
**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED**

**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED (REGISTERED NUMBER: 08456498)**

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**FOR THE YEAR ENDED 31 MARCH 2021**

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**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED**

**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**DIRECTOR:** S M Lupson

**SECRETARY:** A Ahonen

**REGISTERED OFFICE:** 45 Union Road  
New Mills  
High Peak  
SK22 3EL

**REGISTERED NUMBER:** 08456498 (England and Wales)

**ACCOUNTANTS:** A.Allen & Son Limited  
45 Union Road  
New Mills  
High Peak  
SK22 3EL

**FUTURE LIVES CONSULTING AND COACHING  
LIMITED (REGISTERED NUMBER: 08456498)**

**ABRIDGED BALANCE SHEET  
31 MARCH 2021**

	Notes	31/3/21 £	£	31/3/20 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		<u>7,508</u>		<u>8,659</u>
			7,508		8,659
<b>CURRENT ASSETS</b>					
Debtors		2,528		7,265	
Cash at bank		<u>7,282</u>		<u>6,827</u>	
		9,810		14,092	
<b>CREDITORS</b>					
Amounts falling due within one year		<u>4,903</u>		<u>6,542</u>	
<b>NET CURRENT ASSETS</b>			<u>4,907</u>		<u>7,550</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>12,415</u>		<u>16,209</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital			1		1
Retained earnings			<u>12,414</u>		<u>16,208</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>12,415</u>		<u>16,209</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED (REGISTERED NUMBER: 08456498)**

**ABRIDGED BALANCE SHEET - continued**  
**31 MARCH 2021**

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

All the members have consented to the preparation of an abridged Balance Sheet for the year ended 31 March 2021 in accordance with Section 444(2A) of the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Statement of Income and Retained Earnings has not been delivered.

The financial statements were approved by the director and authorised for issue on 21 September 2021 and were signed by:

S M Lupson - Director

The notes form part of these financial statements

**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED (REGISTERED NUMBER: 08456498)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**1. STATUTORY INFORMATION**

Future Lives Consulting and Coaching Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover represents income for services provided.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 5% on reducing balance
Motor vehicles	- 25% on reducing balance
Computer equipment	- Straight line over 3 years

**Hire purchase and leasing commitments**

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to profit or loss over the relevant period. The capital element of the future payments is treated as a liability.

**3. EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 1 (2020 - 1).

**4. TANGIBLE FIXED ASSETS**

	Totals £
<b>COST</b>	
At 1 April 2020	19,506
Additions	1,249
Disposals	(1,099)
At 31 March 2021	<u>19,656</u>
<b>DEPRECIATION</b>	
At 1 April 2020	10,847
Charge for year	2,400
Eliminated on disposal	(1,099)
At 31 March 2021	<u>12,148</u>
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>7,508</u>
At 31 March 2020	<u>8,659</u>

**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED (REGISTERED NUMBER: 08456498)**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021**

5. **ULTIMATE CONTROLLING PARTY**

The ultimate controlling party is S M Lupson.

**CHARTERED ACCOUNTANTS' REPORT TO THE DIRECTOR**  
**ON THE UNAUDITED FINANCIAL STATEMENTS OF**  
**FUTURE LIVES CONSULTING AND COACHING**  
**LIMITED**

**The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Director are not required to be filed with the Registrar of Companies.**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Future Lives Consulting and Coaching Limited for the year ended 31 March 2021 which comprise the Statement of Income and Retained Earnings, Abridged Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed within the ICAEW's regulations and guidance at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the director of Future Lives Consulting and Coaching Limited in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Future Lives Consulting and Coaching Limited and state those matters that we have agreed to state to the director of Future Lives Consulting and Coaching Limited in this report in accordance with ICAEW Technical Release 07/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Future Lives Consulting and Coaching Limited and its director for our work or for this report.

It is your duty to ensure that Future Lives Consulting and Coaching Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Future Lives Consulting and Coaching Limited. You consider that Future Lives Consulting and Coaching Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of Future Lives Consulting and Coaching Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

A.Allen & Son Limited  
45 Union Road  
New Mills  
High Peak  
SK22 3EL

21 September 2021



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.