



Companies House

AR01 (ef)

Annual Return



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Company Name: **THE BODY MECHANIC ORTHOTICS LIMITED**

Company Number: **08425534**

Date of this return: **01/03/2015**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **593 COWBRIDGE ROAD EAST
CARDIFF
WALES
CF5 1BE**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MRS HEIDI CHRISTINE**

Surname: **MCCARTHY**

Former names:

Service Address: **24 LYDSTEP CRESCENT
GABALFA
CARDIFF
CARDIFF
UNITED KINGDOM
CF14 2QY**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **02/06/1975**

Nationality: **NORWEGIAN**

Occupation: **ORTHOTIST**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE ORDINARY SHARES SHALL BE NON REDEEMABLE BUT SHALL HOLD FULL RIGHTS IN RESPECT OF VOTING, AND SHALL ENTITLE THE HOLDER TO FULL PARTICIPATION IN RESPECT OF EQUITY AND IN THE EVENT OF A WINDING UP OF THE COMPANY. THE SHARES MAY BE CONSIDERED BY THE DIRECTORS WHEN CONSIDERING DIVIDENDS FROM TIME TO TIME.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/03/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 100 ORDINARY shares held as at the date of this return
Name: HEIDI CHRISTINE MCCARTHY

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.