

PHYSIO-ACTIVATE LIMITED

**Company Registration Number:
08425264 (England and Wales)**

Report of the Directors and Unaudited Financial Statements

Period of accounts

Start date: 01st April 2014

End date: 31st March 2015

SUBMITTED

PHYSIO-ACTIVATE LIMITED

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PHYSIO-ACTIVATE LIMITED

Company Information for the Period Ended 31st March 2015

Director:	Givens Kaonga
Registered office:	Shakespear Terrace 70 Green Street St James Hereford Herefordshire HR1 2QH
Company Registration Number:	08425264 (England and Wales)

PHYSIO-ACTIVATE LIMITED

Directors' Report Period Ended 31st March 2015

The directors present their report with the financial statements of the company for the period ended 31st March 2015

Principal activities

The principal activity of the company in the period under review was:

Provision of physiotherapy and fitness services

Directors

The directors shown below have held office during the whole of the period from

01st April 2014 to 31st March 2015

Givens Kaonga

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on 26 January 2016

And Signed On Behalf Of The Board By:

Name: Givens Kaonga

Status: Director

PHYSIO-ACTIVATE LIMITED

Profit and Loss Account

for the Period Ended 31st March 2015

	Notes	2015 £	2014 £
Turnover:		8,248	4,017
Cost of sales:		1,099	1,411
Gross profit or (loss):		<u>7,149</u>	<u>2,606</u>
Administrative expenses:	,	15,425	2,820
Operating profit or (loss):	2	<u>(8,276)</u>	<u>(214)</u>
Interest receivable and similar income:		<u>7</u>	-
Profit or (loss) on ordinary activities before taxation:		<u>(8,269)</u>	<u>(214)</u>
Profit or (loss) for the financial year:		<u><u>(8,269)</u></u>	<u><u>(214)</u></u>

The notes form part of these financial statements

PHYSIO-ACTIVATE LIMITED

Statement of total recognised gains and losses 31st March 2015

Statement of total recognised gains and losses

The company does not have any gains and losses other than Profit and Loss for the period to report.

The notes form part of these financial statements

PHYSIO-ACTIVATE LIMITED

Balance sheet As at 31st March 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets:	3	4,355	480
Total fixed assets:		4,355	480
Current assets			
Debtors:		392	500
Cash at bank and in hand:		1,972	-
Total current assets:		2,364	500
Creditors: amounts falling due within one year	4	14,202	194
Net current assets (liabilities):		(11,838)	306
Total assets less current liabilities:		(7,483)	786
Total net assets (liabilities):		(7,483)	786

The notes form part of these financial statements

PHYSIO-ACTIVATE LIMITED

Balance sheet As at 31st March 2015 continued

	Notes	2015 £	2014 £
Capital and reserves			
Called up share capital:	5	1,000	1,000
Profit and Loss account:		(8,483)	(214)
Total shareholders funds:		<u>(7,483)</u>	<u>786</u>

For the year ending 31 March 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 26 January 2016

SIGNED ON BEHALF OF THE BOARD BY:

Name: Givens Kaonga

Status: Director

The notes form part of these financial statements

PHYSIO-ACTIVATE LIMITED

Notes to the Financial Statements for the Period Ended 31st March 2015

1. Accounting policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities

Turnover policy

Turnover represents net invoiced services rendered excluding Value Added Tax

Tangible fixed assets depreciation policy

Tangible Fixed Assets are stated at cost or valuation less depreciation. Depreciation is provided at the following annual rate in order to write off each asset over its expected useful life as follows :- Plant and Equipment - 5 years.

Other accounting policies

Deferred Taxation - In the opinion of the Director there is no requirement to provide for deferred taxation because of the absence of material timing differences.

PHYSIO-ACTIVATE LIMITED

Notes to the Financial Statements for the Period Ended 31st March 2015

2 . Operating profit or (loss)

Operating profit or (loss) before tax as stated after charging the following.

	2015	2014
	£	£
Depreciation - owned assets:	1,116	120

PHYSIO-ACTIVATE LIMITED

Notes to the Financial Statements for the Period Ended 31st March 2015

3. Tangible assets

	Land and buildings	Plant Machinery	Fixtures and fittings	Office Equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 01st April 2014:	-	-	-	600	-	600
Additions:	-	-	-	4,991	-	4,991
At 31st March 2015:	<u>-</u>	<u>-</u>	<u>-</u>	<u>5,591</u>	<u>-</u>	<u>5,591</u>
Depreciation						
At 01st April 2014:	-	-	-	120	-	120
Charge for year:	-	-	-	1,116	-	1,116
At 31st March 2015:	<u>-</u>	<u>-</u>	<u>-</u>	<u>1,236</u>	<u>-</u>	<u>1,236</u>
Net book value						
At 31st March 2015:	<u>-</u>	<u>-</u>	<u>-</u>	<u>4,355</u>	<u>-</u>	<u>4,355</u>
At 31st March 2014:	<u>-</u>	<u>-</u>	<u>-</u>	<u>480</u>	<u>-</u>	<u>480</u>

PHYSIO-ACTIVATE LIMITED

Notes to the Financial Statements for the Period Ended 31st March 2015

4. Creditors: amounts falling due within one year

	2015	2014
	£	£
Trade creditors:	3,068	0
Accruals and deferred income:	170	150
Other creditors:	10,964	44
Total:	14,202	194

Other Creditors - Directors Loan Account

PHYSIO-ACTIVATE LIMITED

Notes to the Financial Statements for the Period Ended 31st March 2015

5. Called up share capital

Allotted, called up and paid

Previous period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1,000	1.00	1,000
Total share capital:			<u>1,000</u>
Current period			2015
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1,000	1.00	1,000
Total share capital:			<u>1,000</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

