

FRESH PHYSIO LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD
1 JANUARY 2020 TO 30 DECEMBER 2020

FRESH PHYSIO LTD (REGISTERED NUMBER: 08335723)

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BALANCE SHEET
30 DECEMBER 2020

	2020		2019
	£	£	£
FIXED ASSETS		1,604	2,293
CURRENT ASSETS	5,129		6,540
CREDITORS			
Amounts falling due within one year	<u>(4,511)</u>		<u>(5,823)</u>
NET CURRENT ASSETS		<u>618</u>	<u>717</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>2,222</u>	<u>3,010</u>
CAPITAL AND RESERVES		<u>2,222</u>	<u>3,010</u>

NOTES TO THE FINANCIAL STATEMENTS**1. STATUTORY INFORMATION**

Fresh Physio Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 08335723

Registered office: 6 Ridlington Road
Preston
Oakham
Rutland
LE15 9NN

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the period was 1 (2019 - NIL).

3. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

At the year end the company owed S Cox, the director £2,546 (2019: £3,519).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 December 2020.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 December 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

**BALANCE SHEET - continued
30 DECEMBER 2020**

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 20 December 2021 and were signed on its behalf by:

Mrs S Cox - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.