

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2022

FOR

FORWARD FOR LIFE LIMITED

Lowson Ward
Chartered Accountants
292 Wake Green Road
Birmingham
B13 9QP

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FOR THE YEAR ENDED 30 NOVEMBER 2022**

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FORWARD FOR LIFE LIMITED (BY GUARANTEE)

**COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2022**

DIRECTOR: Mr T J Rigby

REGISTERED OFFICE: Urban Workspace
Suite 219, Second Floor
69 Steward Street
Birmingham
West Midlands
B18 7AF

REGISTERED NUMBER: 08301193 (England and Wales)

ACCOUNTANTS: Lowson Ward
Chartered Accountants
292 Wake Green Road
Birmingham
B13 9QP

FORWARD FOR LIFE LIMITED (BY GUARANTEE) (REGISTERED NUMBER: 08301193)

**BALANCE SHEET
30 NOVEMBER 2022**

	30/11/22	30/11/21
	£	£
FIXED ASSETS	1,192	1,437
CURRENT ASSETS	5,171	5,938
CREDITORS		
Amounts falling due within one year	<u>(8,333)</u>	<u>(4,614)</u>
NET CURRENT (LIABILITIES)/ASSETS	<u>(3,162)</u>	<u>1,324</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>(1,970)</u>	<u>2,761</u>
RESERVES	<u>(1,970)</u>	<u>2,761</u>

NOTE TO THE FINANCIAL STATEMENTS

1. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 1 (2021 - 1) .

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

**BALANCE SHEET - continued
30 NOVEMBER 2022**

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 1 August 2023 and were signed by:

Mr T J Rigby - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.