COMPANY REGISTRATION NUMBER 8301193

FORWARD FOR LIFE LIMITED COMPANY LIMITED BY GUARANTEE ABBREVIATED ACCOUNTS 30 NOVEMBER 2014

LOWSON WARD

Chartered Accountants 292 Wake Green Road Birmingham B13 9QP



19/05/2015 COMPANIES HOUSE

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ABBREVIATED ACCOUNTS

YEAR ENDED 30 NOVEMBER 2014

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ABBREVIATED BALANCE SHEET

30 NOVEMBER 2014

	Note	2014 £	£	2013 £
FIXED ASSETS	2			
Tangible assets			620	668
CURRENT ASSETS Debtors Cash at bank and in hand		$ \begin{array}{r} 350 \\ 5,761 \\ \hline 6,111 \end{array} $		4,139 3,386 7,525
CREDITORS: Amounts falling due within one	year	5,877		6,205
NET CURRENT ASSETS			234	1,320
TOTAL ASSETS LESS CURRENT LIABILIT	TIES		<u>854</u>	1,988
RESERVES Profit and loss account	3		854	1,988
MEMBERS' FUNDS			854	1,988

For the year ended 30 November 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved and signed by the director and authorised for issue on 15 May 2015.

Mr T Rigby Director

Company Registration Number: 8301193

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NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 NOVEMBER 2014

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment

40% p.a. reducing balance

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 NOVEMBER 2014

2. FIXED ASSETS

	Tangible
	Assets
	£
COST	
At 1 December 2013	1,039
Additions	365
A 4 20 November 2014	1 404
At 30 November 2014	1,404
DEPRECIATION	
At 1 December 2013	371
Charge for year	413
At 30 November 2014	784
At 50 November 2014	784
NET BOOK VALUE	
At 30 November 2014	620
	
At 30 November 2013	668
At 30 Hoveline 2015	

3. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and has no share capital. The members of the company have each guaranteed an amount not exceeding £1 in the event of the company being wound up.