

**ANTIDOTE HEALTHY SOLUTIONS LTD**

**Company Registration Number:  
08297295 (England and Wales)**

**Abbreviated (Unaudited) Accounts**

**Period of accounts**

**Start date: 01st December 2013**

**End date: 30th November 2014**

SUBMITTED

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# **ANTIDOTE HEALTHY SOLUTIONS LTD**

## **Company Information for the Period Ended 30th November 2014**

<b>Director:</b>	Anthony Deavin Lorraine Deavin
<b>Company secretary:</b>	Anthony Deavin
<b>Registered office:</b>	5 Saltings Road Upton Poole Dorset BH16 5RN
<b>Company Registration Number:</b>	08297295 (England and Wales)

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# ANTIDOTE HEALTHY SOLUTIONS LTD

## Abbreviated Balance sheet As at 30th November 2014

	Notes	2014 £	2013 £
<b>Current assets</b>			
Debtors:		8,456	3,962
Cash at bank and in hand:		14,788	21,898
<b>Total current assets:</b>		<u>23,244</u>	<u>25,860</u>
<b>Creditors</b>			
Creditors: amounts falling due within one year	3	13,992	10,784
<b>Net current assets (liabilities):</b>		<u>9,252</u>	<u>15,076</u>
<b>Total assets less current liabilities:</b>		<u>9,252</u>	<u>15,076</u>
<b>Total net assets (liabilities):</b>		<u><u>9,252</u></u>	<u><u>15,076</u></u>

The notes form part of these financial statements

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# ANTIDOTE HEALTHY SOLUTIONS LTD

## Abbreviated Balance sheet As at 30th November 2014 continued

	Notes	2014 £	2013 £
<b>Capital and reserves</b>			
Called up share capital:	4	1	1
Profit and Loss account:		9,251	15,075
<b>Total shareholders funds:</b>		<u>9,252</u>	<u>15,076</u>

For the year ending 30 November 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 29 June 2015

### SIGNED ON BEHALF OF THE BOARD BY:

Name: Anthony Deavin

Status: Director

The notes form part of these financial statements

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# **ANTIDOTE HEALTHY SOLUTIONS LTD**

## **Notes to the Abbreviated Accounts for the Period Ended 30th November 2014**

### **1. Accounting policies**

#### **Basis of measurement and preparation of accounts**

The financial statements include the results of the company's operations which are described in the Directors' Report and all of which are continuing. The company has taken advantage of the exemption in Financial Reporting Standard No. 1 from the requirement to produce a cashflow statement on the grounds that it is a small company. The financial statements have been prepared in accordance with applicable accounting standards.

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# ANTIDOTE HEALTHY SOLUTIONS LTD

## Notes to the Abbreviated Accounts for the Period Ended 30th November 2014

### 3. Creditors: amounts falling due within one year

	2014	2013
	£	£
Taxation and social security:	7,168	8,043
Accruals and deferred income:	6,824	2,741
<b>Total:</b>	<b><u>13,992</u></b>	<b><u>10,784</u></b>

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# ANTIDOTE HEALTHY SOLUTIONS LTD

## Notes to the Abbreviated Accounts for the Period Ended 30th November 2014

### 4. Called up share capital

Allotted, called up and paid

Previous period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>
Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>

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