

ANTIDOTE HEALTHY SOLUTIONS LTD

**Company Registration Number:
08297295 (England and Wales)**

Report of the Directors and Unaudited Financial Statements

Period of accounts

Start date: 19th November 2012

End date: 30th November 2013

SUBMITTED

ANTIDOTE HEALTHY SOLUTIONS LTD

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ANTIDOTE HEALTHY SOLUTIONS LTD

Company Information for the Period Ended 30th November 2013

Director:	Anthony Deavin
Company secretary:	Lorraine Deavin
Registered office:	5 SALTINGS ROAD UPTON POOLE Dorset BH16 5RN
Company Registration Number:	08297295 (England and Wales)

ANTIDOTE HEALTHY SOLUTIONS LTD

Directors' Report Period Ended 30th November 2013

The directors present their report with the financial statements of the company for the period ended 30th November 2013

Principal activities

The principal activity of the company in the period under review was:
Management advice and support to CMHT and IAPT Services

Directors

The directors shown below have held office during the whole of the period from
19th November 2012 to 30th November 2013

Anthony Deavin

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on 13 August 2014

And Signed On Behalf Of The Board By:

Name: Anthony Deavin

Status: Director

ANTIDOTE HEALTHY SOLUTIONS LTD

Profit and Loss Account

for the Period Ended 30th November 2013

	Notes	2013 £	£
Turnover:		42,958	-
Gross profit or (loss):		42,958	-
Administrative expenses:	,	2,741	-
Operating profit or (loss):		40,217	-
Profit or (loss) on ordinary activities before taxation:		40,217	-
Tax on profit or (loss) on ordinary activities:	2	8,043	-
Profit or (loss) for the financial year:		32,174	-

The notes form part of these financial statements

ANTIDOTE HEALTHY SOLUTIONS LTD

Statement of total recognised gains and losses 30th November 2013

Statement of total recognised gains and losses

The company does not have any gains and losses other than Profit and Loss for the period to report.

The notes form part of these financial statements

ANTIDOTE HEALTHY SOLUTIONS LTD

Balance sheet As at 30th November 2013

	Notes	2013 £	£
Current assets			
Debtors:	4	3,962	-
Cash at bank and in hand:		21,898	-
Total current assets:		<u>25,860</u>	<u>-</u>
Creditors: amounts falling due within one year	5	10,784	-
Net current assets (liabilities):		<u>15,076</u>	<u>-</u>
Total assets less current liabilities:		15,076	-
Total net assets (liabilities):		<u>15,076</u>	<u>-</u>

The notes form part of these financial statements

ANTIDOTE HEALTHY SOLUTIONS LTD

Balance sheet As at 30th November 2013 continued

	Notes	2013 £	£
Capital and reserves			
Called up share capital:	6	1	-
Profit and Loss account:	7	15,075	-
Total shareholders funds:		<u>15,076</u>	<u>-</u>

For the year ending 30 November 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 13 August 2014

SIGNED ON BEHALF OF THE BOARD BY:

Name: Anthony Deavin

Status: Director

The notes form part of these financial statements

ANTIDOTE HEALTHY SOLUTIONS LTD

Notes to the Financial Statements for the Period Ended 30th November 2013

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities

Turnover policy

Represents amounts receivable for goods and services net of VAT and trade discounts.

ANTIDOTE HEALTHY SOLUTIONS LTD

Notes to the Financial Statements for the Period Ended 30th November 2013

2. Taxation

The tax charge on the profit on ordinary activities for the period was as follows:

	2013	
	£	£
UK Corporation Tax:	8,043	-
Tax on profit or (loss) on ordinary activities:	8,043	-
Profit or (loss) on ordinary activities before taxation:	40,217	-
Profit or (loss) on ordinary activities before taxation multiplied by the rate(s) of Corporation Tax applicable:	8,043	-
Current tax charge or (credit):	8,043	-

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Notes to the Financial Statements for the Period Ended 30th November 2013

3. Dividends

	2013	
	£	£
Dividends paid on ordinary shares:	17,099	-
Total dividends paid:	<u>17,099</u>	<u>-</u>

ANTIDOTE HEALTHY SOLUTIONS LTD

Notes to the Financial Statements for the Period Ended 30th November 2013

4. Debtors

	2013	
	£	£
Trade debtors:	3,961	-
Other debtors:	1	-
Total:	<u>3,962</u>	<u>-</u>

ANTIDOTE HEALTHY SOLUTIONS LTD

Notes to the Financial Statements for the Period Ended 30th November 2013

5. Creditors: amounts falling due within one year

	2013	
	£	£
Taxation and social security:	8,043	-
Other creditors:	2,741	-
Total:	<u>10,784</u>	<u>-</u>

ANTIDOTE HEALTHY SOLUTIONS LTD

Notes to the Financial Statements for the Period Ended 30th November 2013

6. Called up share capital

Allotted, called up and paid

Current period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	0.01	1
Total share capital:			<u>1</u>

ANTIDOTE HEALTHY SOLUTIONS LTD

Notes to the Financial Statements for the Period Ended 30th November 2013

7. Profit and loss account

	2013	
	£	£
Opening balance:	-	-
Profit or (loss) for the period:	32,174	-
Equity dividends paid:	17,099	-
Retained profit:	<u>15,075</u>	<u>-</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

