In accordance with Section 31 of the Companies Act 2006.

CC04

Statement of company's objects



✓ What this form is for You may use this form to notify the change of company's objects. X What this form is NOT for This form may not be used to notify any other changes to the company's articles.



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#90

Company details	
TalkSpace Mindfulness Courselling Services C.I.C.	→ Filling in this form Please complete in typescript or in bold black capitals. All fields are mandatory unless specified or indicated by *
Company's objects *	
The above company gives notice of the following changes to the company's objects: □ addition to □ removal of □ alteration to	● Please note: A copy of the amending resolution must be forwarded within 15 days of the resolution being passed and a copy of the revised articles must be forwarded within 15 days of the amendment taking effect. ● The amendment to the objects is no effective until entry of this form on the Register.
Signature	
I am signing this form on behalf of the company.	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the persor signing has membership. Person authorised Under either section 270 or 274 of the Companies Act 2006.
X C. Bailey Director	
	TalkSpace Mindfulness Counselling Services C.I.C Company's objects The above company gives notice of the following changes to the company's objects: addition to removal of alteration to Signature I am signing this form on behalf of the company. Signature

CC04

Statement of company's objects

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name
CHRISTINE BAILEY
Company pame
Company Dame Space Mindfulness
Consuling Services C.i.C
Address
45 Finnymore Road
Dageshan
Esser
Post town RM9 65D
County/Region
Postcode RM9 6JD
Country
DX
0208 595 8806

✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- The company name and number match the information held on the public Register.
- You have indicated in section 2 the extent of changes to the company's objects.
- You have signed the form.

Important information

Please note that all information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay Phase 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9QG. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

Further information

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

TalkSpace Mindfulness Counselling Services C.I.C 45 Finnymore Road, Dagenham, Essex. RM9 6JD

Telephone 020 8595 8806

5. Objects

The objects of the Company are:

- 5.1 To provide the facilities and projects for consultancy, coaching, communal support, training and other services to enhance the communities mental health, physical health and emotional resilience. To also provide expertise through consultancy work with other services providers to facilitate our overall aims.
- 5.2 To provide Psychotherapy, Counselling, Mindfulness Therapy, Art and Play Therapy, Family Services and Cognitive Behaviour Therapy, Management Consultancy, Community Engagement, and any other means to enable our work with the community and community providers. To provide the local community where appropriate access to our services, be it on a on a one to one basis, group and family work, consultancy work, advice, or training workshops.
- 5.3 To provide training programmes, clinical supervision, and workshops to enable the recruitment and training of staff to facilitate the aims and objects of the Company.
- 5.4 To be a voice for the community through consultation and outreach to enable us to pilot new projects and workshops for the benefit of the community's and Company's aims.
- 5.5 To enter in to partnership or any arrangements of any kind with any person, persons, firm or company having for its objects similar objects to those of the Company or any of them with the view to increasing the business of the Company.
- 5.6 To apply for, register, or by any other means acquire protect and prolong and renew trademarks, patents, licenses, concessions and designs which may be capable of being dealt by the Company or likely to benefit the Company and to grant licenses and privileges there out.
- 5.7 The carry on any other business of any description whatsoever which may seem to the Company or in the opinions of its Directors thereof be advantageous carried on with connection with or ancillary to the objects of The Company and calculated directly or indirectly to render more profitable the Company's business.