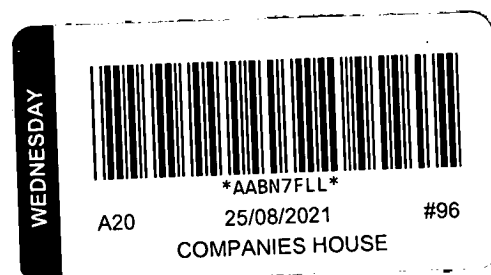


**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC  
UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 30 NOVEMBER 2020**



**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC**  
**UNAUDITED ACCOUNTS**  
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**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30 NOVEMBER 2020**

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<b>Directors</b>	R. Johnson S. Le S. Teasdale
<b>Company Number</b>	08292492 (England and Wales)
<b>Registered Office</b>	41 LICKEY HOUSE 243 NORTH END ROAD LONDON GREATER LONDON W14 9UQ
<b>Accountants</b>	Accountingpreneur Limited Suite 110, Olympic House 28-42 Clements Road Ilford London IG1 1BA

**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 NOVEMBER 2020**

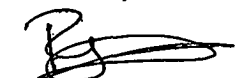
	Notes	2020 £	2019 £
<b>Fixed assets</b>			
Tangible assets	5	89	119
<b>Current assets</b>			
Cash at bank and in hand		183	-
<b>Creditors: amounts falling due within one year</b>	6	(1,438)	(729)
<b>Net current liabilities</b>		(1,255)	(729)
<b>Net liabilities</b>		(1,166)	(610)
<b>Reserves</b>	7		
Capital contribution reserve		(4,977)	-
Profit and loss account		3,811	(610)
<b>Members' funds</b>		(1,166)	(610)

For the year ending 30 November 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board of Directors and authorised for issue on 20 August 2021 and were signed on its behalf by



R. Johnson  
Director

Company Registration No. 08292492

**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2020**

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**1 Statutory information**

MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC is a private company, limited by guarantee, registered in England and Wales, registration number 08292492. The registered office is 41 LICKEY HOUSE, 243 NORTH END ROAD, LONDON, GREATER LONDON, W14 9UQ.

**2 Compliance with accounting standards**

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

**3 Accounting policies**

These financial statements for the year ended 30 November 2020 are the first financial statements that comply with FRS 102 Section 1A Small Entities. The date of transition is 1 December 2018.

The transition to FRS 102 Section 1A Small Entities has resulted in a small number of changes in accounting policies to those used previously.

The nature of these changes and their impact on opening equity and profit for the comparative period are explained in the notes below.

**3.1 Income**

Income from donations is recognised when the Company has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants, whether capital grants or revenue grants, is recognised when the Company has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

**3.2 Tangible fixed assets and depreciation**

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery	25% Reducing balance
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**3.3 Intangible fixed assets**

Intangible fixed assets (including purchased goodwill and patents) are included at cost less accumulated amortisation.

**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2020**

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### **3.4 Financial instruments**

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Classification of Financial Liabilities**

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

#### **Basic Financial Liabilities**

Basic financial liabilities, including creditors, bank loans and other loans, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less."

### **3.5 Taxation**

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period.

Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used.

Current and deferred tax assets and liabilities are not discounted.

**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2020**

**4 Intangible fixed assets**

**Other  
£**

**Cost**

At 1 December 2019

450

At 30 November 2020

450

**Amortisation**

At 1 December 2019

450

At 30 November 2020

450

**Net book value**

At 30 November 2020

-

**5 Tangible fixed assets**

**Plant &  
machinery  
£**

**Cost or valuation**

At 1 December 2019

At cost  
283

At 30 November 2020

283

**Depreciation**

At 1 December 2019

164

Charge for the year

30

At 30 November 2020

194

**Net book value**

At 30 November 2020

89

At 30 November 2019

119

**6 Creditors: amounts falling due within one year**

**2020**

**2019**

**£**

**£**

Bank loans and overdrafts

279

Taxes and social security

538

-

Accruals

900

450

1,438

729

**7 Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**8 Average number of employees**

During the year the average number of employees was 3 (2019: 3).

8000006/15

**CIC 34**

# Community Interest Company Report

For official use  
(Please leave blank)

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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

MOTIVATE OVERCOME VISION EMPOWER  
TRADING AS MOVE CIC

**Company Number**

08292492

**Year Ending**

30 NOVEMBER 2020



**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

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## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC is a community organisation based in Hammersmith & Fulham, West London.

The company is involved in the delivery of 2 projects: JUMP LDN - a double dutch skipping project that works to empower people across London by providing a space to learn and enjoy double dutch. We run sessions and display double dutch in schools, community and youth groups, for birthdays and events as well as media outlets.

The company also runs a personal development project for girls called FLY – First Love Yourself, aimed at females 11+ which creates a space to explore identity, self esteem, relationships, life goals, choices and mindset. We run workshops within West London Schools promoting self love and positive self esteem and got positive feedback from all sessions.

We are constantly developing our network, refining our projects and finding ways of increasing our impact through constant feedback and community networking to ensure we are relevant. We work with other like minded organisations and projects to empower and unite people in community spaces.

The community interest model means that the assets of the company, including any profits we are reinvested into our services, staff development and productivity/impact as an organisation. We use any profits we make from our private work to enable us to offer free and highly discount services to other community and youth groups who do not have funds to hire us.

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Stakeholders are the local community, local schools and community projects, local authorities and their community sports and wellbeing staff, teachers and support staff in schools.

Other stakeholders include our freelance employees and key partners. We are committed to consulting with our stakeholders and where required, taking action in response to feedback. Indeed, one of our company values is that we are a listening, learning and collaborative organisation.

We are constantly discussing face to face our work with the local community, those who book us and enquiring into what is needed and how we can run a bespoke service that is relevant to our community. We discuss via email, at networking events, we speak directly to staff in schools and to parents whose children we work with to find out what ways we can work to fit our clients needs.

We began to evaluate our FLY project with the help of West London Zone charity who supported us in creating baseline surveys for the young people that we work with so that we can see our impact and find out how we can serve them better. We collected data that could be measurable as well as consulted pastoral staff and head teachers to find out more about how we can be more effective as a project dedicated to empowering girls and young women.

Ms Rachael Johnson  
Ms Sophie Le  
Ms Sally Teasdale

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was taken during the year.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

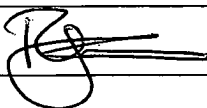
No transfer of assets.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed



Date

22/08/2021

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Ms Rachael Johnson	
Tel	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**


## CONSENT OF THE DIRECTORS

**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC,  
Company number: 08292492**

We, the undersigned being the directors of the above-named Company and acting in accordance with the Articles of Association, do hereby consent to the adoption of the following Resolutions:-

RESOLVED that the Directors' report and accounts for the year ended 30<sup>th</sup> November 2020 have been prepared in accordance with the Companies Act 2006 and are hereby approved and that Ms Rachael Johnson, on behalf of the board, as director of the Company be and is hereby authorised to sign the directors' report and balance sheet of the Company respectively as at 30<sup>th</sup> November 2020, having all documents and accounts attached thereto as required by the Companies Act 2006.

Dated: 20<sup>th</sup> day of August 2021

  
\_\_\_\_\_  
Ms Rachael Johnson  
Director

\_\_\_\_\_  
Ms Sophie Le  
Director

\_\_\_\_\_  
Ms Sally Teasdale  
Director