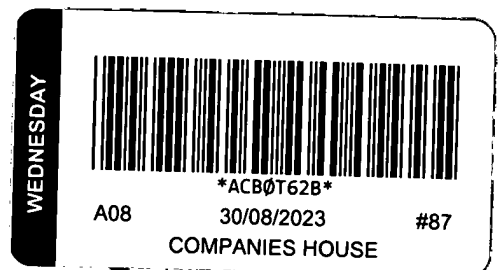


**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2022**



MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2022

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MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2022

Directors	R. Johnson S. Le S. Teasdale
Company Number	08292492 (England and Wales)
Registered Office	41 LICKEY HOUSE 243 NORTH END ROAD LONDON GREATER LONDON W14 9UQ
Accountants	Accountingpreneur Limited Second Floor 26 Goodge Street Fitzrovia London W1T 2QG

MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2022

	2022	2021
	£	£
Fixed assets	50	67
Current assets	3,214	1,946
Creditors: amounts falling due within one year	(277)	4,660
Net current assets	2,937	6,606
Total assets less current liabilities	2,987	6,673
Accruals and deferred income	(950)	(1,500)
Net assets	2,037	5,173
Capital and reserves	2,037	5,173

NOTES TO THE ACCOUNTS

1 Statutory information

MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC is a private company, limited by shares, registered in England and Wales, registration number 08292492. The registered office is 41 LICKEY HOUSE, 243 NORTH END ROAD, LONDON, GREATER LONDON, W14 9UQ.

2 Average number of employees

During the year the average number of employees was 3 (2021: 3).

For the year ending 30 November 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 23 August 2023



R. Johnson
Director

Company Registration No. 08292492

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

Please
complete in
typescript, or
in bold black
capitals.

Company Name in full MOTIVATE OVERCOME VISION EMPOWER
TRADING AS MOVE CIC

Company Number 08292492

Year Ending 30 NOVEMBER 2022

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The company focused on running JUMP LDN which is a Double Dutch skipping project aimed at empowering Londoners through fitness and community. We ran projects and sessions with local youth groups and families as well as schools and private events. The private events allowed us to fund more community work. We worked with new partnerships and promoted Double Dutch so people could learn more about this sport.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

~~Stakeholders are:-~~

No consultation took place during that period.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS’ REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

No remuneration was taken during the year. The only payment Rachael Johnson received was as an active facilitator of sessions and working as a subcontractor which is reflected in accounts.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

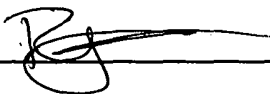
No transfer of assets.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

25/08/2023

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Ms Rachael Johnson

Tel 07534148617

DX Number

DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)