

**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2019**

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**MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2019**

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MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2019

Directors	R. Johnson S. Le S. Teasdale
Company Number	08292492 (England and Wales)
Registered Office	41 LICKEY HOUSE 243 NORTH END ROAD LONDON GREATER LONDON W14 9UQ
Accountants	Accountingpreneur Limited Suite 110, Olympic House 28-42 Clements Road Ilford London IG1 1BA

MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2019

	2019	2018
	£	£
Fixed assets	119	159
Current assets	-	2,343
Creditors: amounts falling due within one year	(279)	(546)
Net current (liabilities)/assets	(279)	1,797
Total assets less current liabilities	(160)	1,956
Accruals and deferred income	(450)	(450)
(Net liabilities)/net assets	(610)	1,506
Capital and reserves	(610)	1,506

NOTES TO THE ACCOUNTS

1 Statutory information

MOTIVATE OVERCOME VISION EMPOWER TRADING AS MOVE CIC is a private company, limited by guarantee, registered in England and Wales, registration number 08292492. The registered office is 41 LICKEY HOUSE, 243 NORTH END ROAD, LONDON, GREATER LONDON, W14 9UQ.

2 Average number of employees

During the year the average number of employees was 3 (2018: 3).

For the year ending 30 November 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 31 August 2020



R. Johnson
Director

Company Registration No. 08292492

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CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

MOTIVATE OVERCOME VISION EMPOWER
TRADING AS MOVE CIC

Company Number

08292492

Year Ending

30 NOVEMBER 2019

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The company is involved in the delivery of 2 projects

JUMP LDN DOUBLE DUTCH SKIPPING PROJECT RAN PROJECTS TO PROMOTE HEALTHY POSITIVE LIFESTYLES BY INTRODUCING PEOPLE TO THE BENEFITS OF DOUBLE DUTCH IN SCHOOLS AND THE COMMUNITY. WE WORKED WITH MANY MORE PARTNERS THIS YEAR INCLUDING SUMMER SCHOOLS, COMMUNITY EVENTS, CHARITIES AND MEDIA ADVERTISEMENTS SUCH AS CHANNEL 4, TIK TOK, NIKE AND XBOX. WE DELIVERED YOUTH SESSIONS AND WOMENS EMPOWERMENT CLASSES AS WELL AS POP UP OPEN ROPES ACROSS LONDON TO BRING PEOPLE TOGETHER IN SOCIAL SPACES.

FLY – FIRST LOVE YOURSELF IS A PERSONAL DEVELOPMENT PROJECT FOR GIRLS. IT FOCUSES ON EMPOWERING GIRLS TO LOVE THEMSELVES BEFORE THEY GO INTO THE WORLD LOOKING FOR VALIDATION BY REFLECTING ON ISSUES SUCH AS IDENTITY, SELF ESTEEM, RELATIONSHIPS AND VALUES.

WE RUN THIS PROJECT IN A SUCCESSFUL PARTNERSHIP WITH WEST LONDON ZONE WHICH ALLOWS US TO WORK BETWEEN A VARIETY OF WEST LONDON SCHOOLS.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Stakeholders are the local community, schools and community projects, local authorities and families.

We are constantly discussing our work with the local community, those who book us and enquiring into what is needed and how we can run a bespoke service that is relevant to our community. We discuss via email, at networking events, we speak directly to staff in schools and to parents.

Ms Rachael Johnson

Ms Sophie Le

Ms Sally Teasdale

No consultation took place during that period.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

£3,455 was taken as directors' remuneration during the year.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

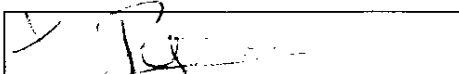
No transfer of assets.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

31/08/2020

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Ms Rachael Johnson

Tel

DX Number

DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)