



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **06/10/2014**

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Company Name: **THE FIT MUMMY MANUAL LIMITED**

Company Number: **08226617**

Date of this return: **24/09/2014**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **31 LUDLOW ROAD
SUNDERLAND
TYNE AND WEAR
ENGLAND
SR2 9HH**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MRS KATIE ANN**

Surname: **COOKE**

Former names:

Service Address: **31 LUDLOW ROAD
SUNDERLAND
ENGLAND
SR2 9HH**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **29/03/1986** *Nationality:* **BRITISH**

Occupation: **PERSONAL TRAINER**

Company Director 2

Type: **Person**
Full forename(s): **MISS KELLY**

Surname: **RENNIE**

Former names:

Service Address: **31 LUDLOW ROAD
SUNDERLAND
ENGLAND
SR2 9HH**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **01/03/1982** *Nationality:* **NEW ZEALAND**
Occupation: **PERSONAL TRAINER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARES WITH EACH SHARE BEING ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES AND PARI PASSU TO DIVIDEND PAYMENTS, EACH SHARE IS ENTITLED TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/09/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **KELLY RENNIE**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **KATIE COOKE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.