

REGISTERED NUMBER: 08207143 (England and Wales)

HEALTHY BUSINESS SOLUTIONS LIMITED
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2019

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FOR THE YEAR ENDED 30TH SEPTEMBER 2019**

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HEALTHY BUSINESS SOLUTIONS LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30TH SEPTEMBER 2019

DIRECTOR: P Powell

SECRETARY: P Powell

REGISTERED OFFICE: 19 Cambrian Way
Marshfield
Cardiff
CF3 2WB

REGISTERED NUMBER: 08207143 (England and Wales)

ACCOUNTANTS: Carston Chartered Accountants
Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

STATEMENT OF FINANCIAL POSITION
30TH SEPTEMBER 2019

	Notes	2019 £	£	2018 £	£
FIXED ASSETS					
Intangible assets	4		4,000		5,000
Tangible assets	5		<u>158</u>		<u>211</u>
			4,158		5,211
CURRENT ASSETS					
Cash at bank		71		18,108	
CREDITORS					
Amounts falling due within one year	6	<u>3,270</u>		<u>13,223</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(3,199)</u>		<u>4,885</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>959</u>		<u>10,096</u>
CAPITAL AND RESERVES					
Called up share capital	7		1		1
Retained earnings			<u>958</u>		<u>10,095</u>
SHAREHOLDERS' FUNDS			<u>959</u>		<u>10,096</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th September 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Statement of Income and Retained Earnings has not been delivered.

The financial statements were approved by the director on 27th May 2020 and were signed by:

P Powell - Director

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2019

1. **STATUTORY INFORMATION**

Healthy Business Solutions Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2012, is being amortised evenly over its estimated useful life of ten years.

Intangible assets

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the statement of financial position date.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 1 (2018 - 1).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2019

4. INTANGIBLE FIXED ASSETS

Goodwill
£

COST

At 1st October 2018
and 30th September 2019

10,000

AMORTISATION

At 1st October 2018

5,000

Amortisation for year

1,000

At 30th September 2019

6,000

NET BOOK VALUE

At 30th September 2019

4,000

At 30th September 2018

5,000

5. TANGIBLE FIXED ASSETS

**Computer
equipment**
£

COST

At 1st October 2018
and 30th September 2019

889

DEPRECIATION

At 1st October 2018

678

Charge for year

53

At 30th September 2019

731

NET BOOK VALUE

At 30th September 2019

158

At 30th September 2018

211

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

2019

2018

£

£

Taxation and social security

2,425

10,931

Other creditors

845

2,292

3,270

13,223

7. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number: Class:

Nominal
value:

2019

2018

£

£

1 Ordinary

1

1

1

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.