

HEALTHY BUSINESS SOLUTIONS LIMITED
ABBREVIATED ACCOUNTS
30 SEPTEMBER 2014

CARSTON

Chartered Accountants
1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

MONDAY



A10 *A4A39PHF* #121
22/06/2015
COMPANIES HOUSE

HEALTHY BUSINESS SOLUTIONS LIMITED

ABBREVIATED BALANCE SHEET

30 SEPTEMBER 2014

	Note	2014 £	2013 £
FIXED ASSETS	2		
Intangible assets		9,000	9,000
Tangible assets		<u>667</u>	<u>667</u>
		9,667	9,667
CURRENT ASSETS			
Cash at bank and in hand		6,560	32,718
CREDITORS: Amounts falling due within one year		<u>16,055</u>	<u>42,213</u>
NET CURRENT LIABILITIES		(9,495)	(9,495)
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>172</u>	<u>172</u>
CAPITAL AND RESERVES			
Called-up equity share capital	3	1	1
Profit and loss account		<u>171</u>	<u>171</u>
SHAREHOLDERS' FUNDS		<u>172</u>	<u>172</u>

For the year ended 30 September 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved and signed by the director and authorised for issue on

.....22/5/15



.....
Mrs. P. Powell

Company Registration Number: 08207143

HEALTHY BUSINESS SOLUTIONS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 SEPTEMBER 2014

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover comprises amounts receivable in the ordinary course of business from the principal activities of the company, exclusive of value added tax and discounts where applicable.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Goodwill - Amortised over 10 years

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment - 25% reducing balance

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

2. FIXED ASSETS

	Intangible Assets £	Tangible Assets £	Total £
COST			
At 1 October 2013 and 30 September 2014	<u>10,000</u>	<u>889</u>	<u>10,889</u>
DEPRECIATION			
At 1 October 2013	<u>1,000</u>	<u>222</u>	<u>1,222</u>
At 30 September 2014	<u>1,000</u>	<u>222</u>	<u>1,222</u>
NET BOOK VALUE			
At 30 September 2014	<u>9,000</u>	<u>667</u>	<u>9,667</u>
At 30 September 2013	<u>9,000</u>	<u>667</u>	<u>9,667</u>

HEALTHY BUSINESS SOLUTIONS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 SEPTEMBER 2014

3. SHARE CAPITAL

Allotted, called up and fully paid:

	2014		2013	
	No	£	No	£
Ordinary shares of £1 each	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>