

COMPANY REGISTRATION NUMBER 08207143

HEALTHY BUSINESS SOLUTIONS LIMITED

UNAUDITED ABBREVIATED ACCOUNTS

30 September 2016

CARSTON

Chartered Accountants

1st Floor, Tudor House

16 Cathedral Road

Cardiff

CF11 9LJ

HEALTHY BUSINESS SOLUTIONS LIMITED
ABBREVIATED BALANCE SHEET
30 September 2016

| | | 2016 | 2015 |
|---|----------|-----------------|----------|
| | Note | £ | £ |
| FIXED ASSETS | 2 | | |
| Intangible assets | | 7,000 | 8,000 |
| Tangible assets | | 375 | 500 |
| | | 7,375 | 8,500 |
| CURRENT ASSETS | | | |
| Debtors | | - | 4,600 |
| Cash at bank and in hand | | 13,761 | 3,966 |
| | | 13,761 | 8,566 |
| CREDITORS: Amounts falling due within one year | | 21,017 | 16,545 |
| NET CURRENT LIABILITIES | | (7,256) | (7,979) |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 119 | 521 |
| CAPITAL AND RESERVES | | | |
| Called up equity share capital | 3 | 1 | 1 |
| Profit and loss account | | 118 | 520 |
| SHAREHOLDERS' FUNDS | | 119 | 521 |

For the year ended 30 September 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved and signed by the director and authorised for issue on 20 January 2017 .

Mrs. P. Powell

Company Registration Number: 08207143

HEALTHY BUSINESS SOLUTIONS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 SEPTEMBER 2016

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover comprises amounts receivable in the ordinary course of business from the principal activities of the company, exclusive of value added tax and discounts where applicable.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Goodwill-Amortised over 10 years

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment-25% reducing balance

2. FIXED ASSETS

| | Intangible Assets | Tangible Assets | Total |
|---|-------------------|-----------------|--------|
| | £ | £ | £ |
| COST | | | |
| At 1 October 2015 and 30 September 2016 | 10,000 | 889 | 10,889 |
| | ----- | ---- | ----- |
| DEPRECIATION | | | |
| At 1 October 2015 | 2,000 | 389 | 2,389 |
| Charge for year | 1,000 | 125 | 1,125 |
| | ----- | ---- | ----- |
| At 30 September 2016 | 3,000 | 514 | 3,514 |
| | ----- | ---- | ----- |
| NET BOOK VALUE | | | |
| At 30 September 2016 | 7,000 | 375 | 7,375 |
| | ----- | ---- | ----- |
| At 30 September 2015 | 8,000 | 500 | 8,500 |
| | ----- | ---- | ----- |

3. SHARE CAPITAL

Allotted, called up and fully paid:

| | 2016 | | 2015 | |
|-----------------------------|------|------|------|------|
| | No. | £ | No. | £ |
| Ordinary shares of £ 1 each | 1 | 1 | 1 | 1 |
| | ---- | ---- | ---- | ---- |

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