# Company Registration Number: 08201309 (England and Wales)

Unaudited micro entity accounts for the year ended 30 September 2019

### Period of accounts

Start date: 01 October 2018

End date: 30 September 2019

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# **Company Information**

# for the Period Ended 30 September 2019

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### **Directors' Report Period Ended 30 September 2019**

The directors present their report with the financial statements of the company for the period ended 30 September 2019

#### **Principal Activities**

The company's principal activittes during the period were provision of First aid and health related training, clinical hypnotherapy consultations and revenue from publications and affiliate marketing.

#### Political and charitable donations

The company's charitable donations during the period amounted to £300 to Lions International. No political donations were made

#### Company policy on the employment of disabled persons

The company policy is to employ disabled people wherever practical. One full-time member of staffhas a learning difficulty.

#### **Directors**

The directors shown below have held office during the whole of the period from 01 October 2018 to 30 September 2019 Chris Breen

This report was approved by the board of directors on 21 November 2019 And Signed On Behalf Of The Board By:

Name: Chris Breen Status: Director

# **Profit and Loss Account**

# for the Period Ended 30 September 2019

	2019	2018		
	£	£	£	£
Turnover	4,425	3,337		
Cost of Materials	(4,478)	(3,421)		
Profit or (Loss) for Period	(53)	(84)		

### **Balance** sheet

# As at 30 September 2019

	2019	2018
	£	£
Called up share capital not paid:	1	1
FixedAssets:	2,004	2,004
Total assets less current liabilities:	2,005	2,005
Total net assets (liabilities):	2,005	2,005
Capital and reserves:	2,005	2,005

#### **Balance sheet continued**

For the year ending 30 September 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 21 November 2019 And Signed On Behalf Of The Board By:

Name: Chris Breen Status: Director

The notes form part of these financial statements

# **Footnotes to the Financial Statements**

for the Period Ended 30 September 2019

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Average number of employees: 1

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