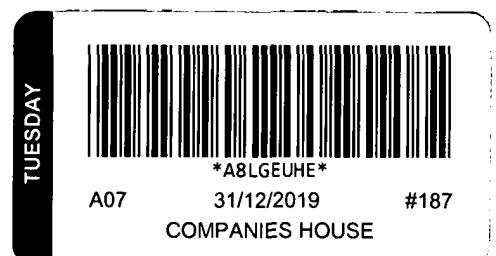


**REGISTERED COMPANY NUMBER: 08105966 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1148510**

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2019  
for  
Growing People**

George Hay Partnership LLP  
Chartered Accountants  
Unit 1B  
Focus 4  
Fourth Avenue  
Letchworth  
Hertfordshire  
SG6 2TU



**Contents of the Financial Statements  
for the Year Ended 31 March 2019**

	Page
Report of the Trustees	1 to 8
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11 to 12
Notes to the Financial Statements	13 to 17

**Report of the Trustees  
for the Year Ended 31 March 2019**

The trustees (who are also directors of the charitable company for the purposes of the Companies Act) present their annual report together with the financial statements of Growing People for the year ended 31 March 2019. The trustees confirm that the annual report and financial statements of the company comply with the Trust's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)"

**Report of the Trustees  
for the Year Ended 31 March 2019**

**OBJECTIVES AND ACTIVITIES**

**Charitable Objects, Vision, Mission, Values & Aims**

The charitable objects of Growing People are:

1. To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness.

2. To promote social inclusion for the benefit of the public in particular but not exclusively of people with mental health issues or who are recovering from an illness to prevent them from becoming socially excluded, by the provision of facilities for work experience and vocational skills training to reinforce their 'skills for life' through gardening and horticulture, strengthen their confidence and self-esteem, provide them with the appropriate transferable skills to support them to re-integrate into the wider community and increase their chances of employability.

For the purpose of this clause 'socially excluded' may also include those excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; crime (either as a victim of crime or as an offender rehabilitating into society).

3 Our Vision: That everyone who wishes may benefit from Growing People's services to reach their full potential.

4 Our Mission: To develop Growing People as a centre of excellence provider of social and therapeutic horticulture and allied therapies for people in Hertfordshire and surrounding areas

5 Our Organisational Values:

- Everyone is valued equally as an individual
- Focus on ability not disability
- Honesty and openness
- Focus on constant service improvement
- Continuity of provision
- Focus on collaborative working
- Low impact on the environment

6 Our Aims

The main aims of GP are:

- To improve the health and well-being of local people;
- To improve social inclusion for local people;

To achieve the above we are working towards:

- a) becoming a centre of excellence in the use of social and therapeutic horticulture to support people with mental health issues; and
- b) providing a broad spectrum of projects and opportunities with which people can engage at different stages of their Recovery.

Our secondary aims are:

- To promote the benefits of social and therapeutic horticulture to all those involved in improving people's lives;
- To improve understanding of the benefits of social and therapeutic horticulture through research;
- To promote an interest in the local environment.

**PUBLIC BENEFIT**

In compiling this report, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit and compiled the review of our aims and objectives to reflect how our activities deliver public benefit.

**Report of the Trustees  
for the Year Ended 31 March 2019**

**OBJECTIVES AND ACTIVITIES**

**WHAT WE DO**

Growing People uses gardening, horticulture and the outdoors as a therapeutic intervention to improve individuals' mental wellbeing and the quality of their lives. Many of our gardeners (service users) need support to re-engage with the challenges of everyday living (eg getting out of the house and to the project). A green environment and physical exercise have both been shown to improve mental wellbeing by reducing stress and having a restorative effect. For many of our gardeners a key element is improving their self-confidence, but it also has great benefits in terms of promoting social inclusion. Social and therapeutic horticulture also provides:

- a) meaningful occupation, which we all need in our lives;
- b) opportunities for caring for other living things, but in a non-threatening relationship;
- c) opportunities for re-introducing hope about the future;
- d) "hooks" for other activities - e.g. garden crafts, exercise, cooking and healthy eating.

**HOW WE DO IT**

**Main Programme**

All our work is done in groups of about 6-7 gardeners (service users), with each group being run by a qualified horticultural therapist who is usually supported by two or more trained volunteers.

The group structure is important because, although not everyone has to work with someone else all the time, the social dimension of our work has been shown to be very important.

Gardeners are referred by mental health professionals, General Practitioners, Social Workers / Care Managers, specialist voluntary organisations, family members and we also welcome self-referrals. All gardeners receive an initial assessment to ensure that we can meet their support needs and work with them safely. A development plan is then drawn up with their key horticultural therapist that covers what an individual seeks to achieve whilst on placement.

Most placements are not time limited and are reviewed at 3 - 4 monthly intervals. The impact of our therapy work is measured using Goal Attainment Scaling and the Warwick and Edinburgh Mental Wellbeing Scale, both of which are well established and professionally recognised. In response to Hertfordshire County Council priorities, we also use the Campaign to End Loneliness measurement tool into our reporting suite. Specialist projects are also tracked using other appropriate methods agreed with funders as appropriate. Costs are currently covered from individual personal budget payments, grants, donations and other income generation activities.

**Supported volunteering Project**

We continued to offer our Supported Volunteering Programme which aimed to help people coming to the end of a period of horticultural therapy to explore volunteering roles either within Growing People or with other local charities.

**Outreach at Lister Hospital**

The partnership between the Occupational Therapy Team at Lister Hospital and Growing People is now in its' fifth year. It was set up to allow in-patients at Lister Mental Health Unit and ADTU to experience horticultural therapy at the unit and then to have the opportunity to access horticultural therapy on leaving hospital. The aims of this were to offer opportunities for people to:

- Maintain and improve physical health whilst in hospital
- Get time away from the ward doing an activity which is enjoyable and healthy
- Have time off the ward focusing on something other than their mental health issues
- Interact with each other, often about interests, hobbies, routines
- Start thinking about their recovery journey continuing after discharge from the ward
- Make a link with Growing People so that attending the community project after discharge is less daunting
- Reduce the possibility of people returning home to the same routine that brought them into hospital
- Have a sense of worth and opportunity to nurture through simple activities like seed sowing, watering and planting

A qualified horticultural therapist delivers two workshops per week at both the mental health unit and ADTU.

**Report of the Trustees  
for the Year Ended 31 March 2019**

**OBJECTIVES AND ACTIVITIES**

**Dementia**

During the year we have continued to provide a weekly therapy session at The Letchworth Centre for Healthy Living for people with dementia and their primary carer. These sessions reduce anxiety and stress and provide a very positive distraction from the challenges being faced in everyday life. During a typical session carer and person with dementia will work on gardening tasks in close proximity but often not together. This gives both parties some space and independence whilst still having a shared experience.

**Practical Gardening Course**

We were approached by The Adult Training Network to devise a six week gardening course to promote wellbeing.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

**British Psychological Society**

In September Growing People was asked to present a headline session at the British Psychological Society's Community Psychology Festival. We were very proud that our work was recognised in the way and the session generated interest and new contacts.

**Main Programme**

Our main programme of social and therapeutic horticulture activity took place at our base at the Letchworth Centre for Healthy Living. During the year we provided four half day therapy sessions per week, working with around 30 people who had a wide range of long term mental health issues.

We measure outcomes using a range of mechanisms including Goal Attainment Scoring, Warwick and Edinburgh Mental Wellbeing Scale and the Campaign to End Loneliness measurement tool. We also ask gardeners for feedback on the service we provide.

Goal Attainment Scoring is based on the individual goals set by gardeners with their therapist. These are diverse, with each gardener having three to four goals of varying degree of difficulty which they are working on. A sample of gardener objectives and goals over the year illustrates some of the complexities of needs:

- Managing mood swings
- Reduce anxiety
- Learn to let go of domestic items and make home safer to live in
- Attend sessions regularly and have some structure in the week
- Learning to focus and achieve something
- Decrease isolation and become more comfortable in social situations by attending break times with other gardeners
- Regaining a sense of purpose by benefitting others
- Manage bi-polar disorder
- Coping with life on a day to day basis
- Managing mental health and being able to look forward to future
- Improving fitness

Gardeners often come to Growing people at a very low point in their lives and progress may be made in small steps. 90-95% of gardeners are achieving or partially achieving at least one goal during each review period.

During the year we secured additional funding from the Crane Foundation and Tesco Bags for Life to help us to continue to offer funded horticultural therapy for those most in need. We also increased the number of gardeners who make a payment towards the cost of therapy, either via a personal budget or from their own pocket.

**Supported Volunteering**

During the year five gardeners have moved through this programme and have now left Growing People, one to volunteer with another charity and four to employment. This is a major achievement for the people involved who all had long term mental health issues which for some had led to long spells in hospital and for others suicide attempts. We are heartened to see their progress and to hear them attribute their improved health to the work of Growing People.

### **Working with people with Dementia**

In previous years we have made a great effort to promote the specialist therapy we provide for people with dementia and their carers via a range of dementia organisations and services. Over this period we have found it difficult to fill places on this session despite enthusiasm for the service we offered. We made the decision therefore to discontinue the specialist service, people with dementia are still very welcome to join our general session programme.

### **Workforce and Organisational Development**

With the support of the Hertfordshire Community Foundation we have been able to continue our work in this area. The people who come to Growing People for help often struggle with motivation; in order to help them overcome these difficult barriers, the three staff members have all been trained in Motivational Interviewing. This technique is widely used by health professionals to engage clients, clarify their strengths and aspirations, evoke their own motivations for change and promote autonomy in decision making.

Growing People's team of around thirty volunteers is one of the most essential resources underpinning our work. We are fortunate and enormously grateful to this dedicated and loyal team who support our therapeutic and gardening work as well as provide vital organisational functions. Often with a personal or family experience of mental health issues, the team consists of individuals from a diverse range of backgrounds, experiences and ages; this adds to the richness of the experience we are able to provide and helps to give a balance which can be lacking in a small staff team. Vitally, our volunteers help to provide a two-way link with the local community, sharing their skills, knowledge and networks and contributing to our decision-making processes.

With limited staff resource, Growing People's volunteers are seen as vital in the future development and growth of the organisation. During the last two years we introduced a volunteer induction and training programme and offered a one day Safeguarding Vulnerable Adults course. This year we had a joint training day for staff and volunteers on Mental Health First Aid which was found a valuable aid in supporting our clients.

As an organisation we are now using Hertfordshire Community Foundation DevelApp to track our effectiveness and set targets for the ongoing improvement of systems and performance. We have also worked with an external consultant to develop our funding strategy.

### **Corporate Volunteering**

During the year we have hosted a range of large and small volunteering days for different companies and organisations. These days are particularly important to us and invaluable in tackling larger gardening projects and maintaining the extensive grounds at the Letchworth Centre.

### **OUR FUNDERS**

None of our work would have been possible without the support of our funders, to whom we express our grateful thanks and that of our gardeners (service users). During the report period the major funders (over £1000) were:

Hitchin Tilehouse Rotary Club  
Brian Bennett  
Hertfordshire Partnership University NHS Foundation Trust  
Letchworth Heritage Foundation  
Hertfordshire Community Foundation  
Tesco  
Crane Foundation

### **Gifts in Kind**

Our therapy is delivered in the tranquil surroundings of The Letchworth Centre for Healthy Living who continue to offer us accommodation in return for gardening and maintenance work on the grounds. Our thanks go to the Trustees, to Roberta Meldrum, Jaqui Derick and the staff for their support. We also thank the staff of the Nourish Café who keep our coffee cups clean in return for the provision of vegetables.

**Report of the Trustees  
for the Year Ended 31 March 2019**

**FINANCIAL REVIEW**

**Reserves policy**

Growing People's funds are all held in a current or deposit account.

Growing People's reserves policy states that the charity should aim to achieve reserves amounting to a minimum three months' expenditure. The level of reserves will be monitored at each Board meeting together with other financial data. This policy will be reviewed annually to ensure that it is both adequate and achievable.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Our legal structure, governance and administration details**

Growing People is registered as a charity (number 1148510) with the Charity Commission for England and Wales. It is registered as a company limited by guarantee (number 8105966).

Growing People was established under the terms of its governing Memorandum and Articles of Association in June 2012, following which the charitable objectives were amended prior to registration as a charity with effect from 10 August 2012. Prior to this it had operated as a self-financing project which was part of the Letchworth Centre for Healthy Living (Reg'd Charity No. 295219)

The Board currently comprises three trustees who delegate the day-to-day running of the charity to the Chief Executive Officer. The Board of Trustees are elected by the members and one third are required to retire at each Annual General Meeting (AGM) and each is eligible for re-election at that time. The Board must comprise at least 3 members but is not subject to a maximum number. Board members have the power to fill casual vacancies which must be confirmed at the next AGM

The Trustee Board met eight times between 1st April 2018 and 31 March 2019 at which long-term strategy, current direction and finance were considered.

**Risk management**

The trustees are responsible for overseeing the charity's risk management activities. There is a risk management policy which covers corporate, operational and personal risk assessment procedures. Risks are reviewed and prioritised in terms of potential impact, likelihood of occurrence, and mitigations/control measures identified. It is recognised that any control system can only provide reasonable but not absolute assurance that major risks have been adequately managed. All risks are reviewed on a regular basis.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

08105966 (England and Wales)

**Registered Charity number 1148510**

**Registered office**

The Rose Gardens  
Cambridge Road  
Hitchin  
Hertfordshire  
SG4 0JT

**Trustees**

M J Wells	- resigned 1.8.19
P A Harkness	
B Gartner	- resigned 15.3.19
R Chilvers	- appointed 2.3.19
R Terrell	- appointed 13.3.19

**Chief Executive Officer**

Alison Shersby

**Report of the Trustees  
for the Year Ended 31 March 2019**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent examiner**

George Hay Partnership LLP  
Chartered Accountants  
Unit 1B  
Focus 4  
Fourth Avenue  
Letchworth  
Hertfordshire  
SG6 2TU

**Solicitors**

Field Seymour Parkes  
The Old Coroners Court  
1 London Street  
P O Box 174  
Reading  
RG1 4QW

**Bankers**

The Co-operative Bank plc

Approved by order of the board of trustees on 20<sup>th</sup> December 2019 and signed on its behalf by:



.....  
R Terrell

**Independent Examiner's Report to the Trustees of  
Growing People**

**Independent examiner's report to the trustees of Growing People ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Martin Williams FCCA ACA  
George Hay Partnership LLP  
Chartered Accountants  
Unit 1B  
Focus 4  
Fourth Avenue  
Letchworth  
Hertfordshire  
SG6 2TU

Date: ..... 30-12-2019 .....

**Statement of Financial Activities  
for the Year Ended 31 March 2019**

		Unrestricted fund £	Restricted funds £	Total 2019 funds £	Total 2018 funds £
	Not es				
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		(7,946)	16,855	8,909	15,311
<b>Charitable activities</b>					
Grants received for service delivery		49,363	12,679	62,042	45,963
Other trading activities	2	2,328	-	2,328	2,424
Investment income	3	<u>11</u>	<u>-</u>	<u>11</u>	<u>6</u>
<b>Total</b>		<b>43,756</b>	<b>29,534</b>	<b>73,290</b>	<b>63,704</b>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Service delivery		34,556	31,364	65,920	73,167
Other		<u>423</u>	<u>-</u>	<u>423</u>	<u>423</u>
<b>Total</b>		<b>34,979</b>	<b>31,364</b>	<b>66,343</b>	<b>73,590</b>
 <b>NET INCOME/(EXPENDITURE)</b>		<b>8,777</b>	<b>(1,830)</b>	<b>6,947</b>	<b>(9,886)</b>
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>(8,227)</b>	<b>46,479</b>	<b>38,252</b>	<b>48,138</b>
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>550</u></b>	<b><u>44,649</u></b>	<b><u>45,199</u></b>	<b><u>38,252</u></b>

**Balance Sheet  
At 31 March 2019**

		Unrestricted fund	Restricted funds	Total	2019 funds	Total	2018 funds
	Notes	£	£		£		£
<b>FIXED ASSETS</b>							
Tangible assets	8	1,897	-		1,897		2,320
<b>CURRENT ASSETS</b>							
Stocks	9	250	-		250		250
Debtors	10	3,772	12,942		16,714		27,957
Cash at bank		<u>12,008</u>	<u>33,549</u>		<u>45,557</u>		<u>47,995</u>
		16,030	46,491		62,521		76,202
<b>CREDITORS</b>							
Amounts falling due within one year	11	(17,377)	(1,842)		(19,219)		(40,270)
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		<u>(1,347)</u>	<u>44,649</u>		<u>43,302</u>		<u>35,932</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		550	44,649		45,199		38,252
<b>NET ASSETS</b>		<u>550</u>	<u>44,649</u>		<u>45,199</u>		<u>38,252</u>
<b>FUNDS</b>	12						
Unrestricted funds					550		(8,227)
Restricted funds					<u>44,649</u>		<u>46,479</u>
<b>TOTAL FUNDS</b>					<u>45,199</u>		<u>38,252</u>

**Balance Sheet - continued**  
**At 31 March 2019**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on ..... 27 DECEMBER 2019 ..... and were signed on its behalf by:



.....  
R Terrell

**Notes to the Financial Statements  
for the Year Ended 31 March 2019**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on cost
---------------------	---------------

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. OTHER TRADING ACTIVITIES**

	2019	2018
	£	£
Fundraising events	<u>2,328</u>	<u>2,424</u>

**3. INVESTMENT INCOME**

	2019	2018
	£	£
Deposit account interest	<u>11</u>	<u>6</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019**

**4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2019 £	2018 £
Depreciation - owned assets	<u>423</u>	<u>423</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2019 <u>3</u>	2018 <u>4</u>
Administration & Therapy		

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	3,311	12,000	15,311
<b>Charitable activities</b>			
Grants received for service delivery	34,861	11,102	45,963
Other trading activities	2,424	-	2,424
Investment income	<u>6</u>	<u>-</u>	<u>6</u>
<b>Total</b>	40,602	23,102	63,704
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Service delivery	52,213	20,954	73,167
Other	<u>423</u>	<u>-</u>	<u>423</u>
<b>Total</b>	52,636	20,954	73,590
<b>NET INCOME/(EXPENDITURE)</b>	(12,034)	2,148	(9,886)
<b>Transfers between funds</b>	<u>(252)</u>	<u>252</u>	<u>-</u>
<b>Net movement in funds</b>	(12,286)	2,400	(9,886)

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	4,059	44,079	48,138
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>(8,227)</u>	<u>46,479</u>	<u>38,252</u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £
<b>COST</b>	
At 1 April 2018 and 31 March 2019	<u>4,228</u>
<b>DEPRECIATION</b>	
At 1 April 2018	1,908
Charge for year	<u>423</u>
At 31 March 2019	<u>2,331</u>
<b>NET BOOK VALUE</b>	
At 31 March 2019	<u>1,897</u>
At 31 March 2018	<u>2,320</u>

9. STOCKS

	2019 £	2018 £
Stocks	<u>250</u>	<u>250</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Other debtors	14,772	27,957
Prepayments and accrued income	<u>1,942</u>	<u>-</u>
	<u>16,714</u>	<u>27,957</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Trade creditors	6,377	1,800
Other creditors	1,842	-
Accruals and deferred income	<u>11,000</u>	<u>38,470</u>
	<u>19,219</u>	<u>40,270</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019**

**12. MOVEMENT IN FUNDS**

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
<b>Unrestricted funds</b>			
General fund	(8,227)	8,777	550
<b>Restricted funds</b>			
HCC JCT Restricted Capital for Building	44,079	(541)	43,538
Growing Together Dementia Project - Herts Community Foundation	450	(450)	-
Supported Volunteering Project - Herts Community Foundation	1,950	(1,950)	-
Building Potential	-	100	100
Greggs	-	1,011	1,011
	<u>46,479</u>	<u>(1,830)</u>	<u>44,649</u>
<b>TOTAL FUNDS</b>	<u>38,252</u>	<u>6,947</u>	<u>45,199</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	43,756	(34,979)	8,777
<b>Restricted funds</b>			
Growing Together Dementia Project - Herts Community Foundation	-	(450)	(450)
Supported Volunteering Project - Herts Community Foundation	-	(1,950)	(1,950)
Horticultural Therapy Project - Letchworth Community Foundation	12,000	(12,000)	-
Comic Relief	8,977	(8,977)	-
Workforce Development 18	1,542	(1,542)	-
Building Potential	400	(300)	100
Crane Foundation	3,855	(3,855)	-
Tesco	1,000	(1,000)	-
Greggs	1,760	(749)	1,011
HCC JCT Restricted Capital for Building	-	(541)	(541)
	<u>29,534</u>	<u>(31,364)</u>	<u>(1,830)</u>
<b>TOTAL FUNDS</b>	<u>73,290</u>	<u>(66,343)</u>	<u>6,947</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.18 £
<b>Unrestricted Funds</b>				
General fund	4,059	(12,034)	(252)	(8,227)
<b>Restricted Funds</b>				
HCC JCT Restricted Capital for Building	44,079	-	-	44,079
Growing Together Dementia Project - Herts Community Foundation	-	450	-	450
Support Volunteering Project - Letchworth Heritage Foundation	-	(45)	45	-
Supported Volunteering Project - Herts Community Foundation	-	1,950	-	1,950
Workforce Development Grant - Herts Community Foundation	-	(207)	207	-
	44,079	2,148	252	46,479
<b>TOTAL FUNDS</b>	<u>48,138</u>	<u>(9,886)</u>	<u>-</u>	<u>38,252</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	40,602	(52,636)	(12,034)
<b>Restricted funds</b>			
Growing Together Dementia Project - Brian Bennet	12,000	(12,000)	-
Growing Together Dementia Project - Herts Community Foundation	1,937	(1,487)	450
Support Volunteering Project - Letchworth Heritage Foundation	3,250	(3,295)	(45)
Supported Volunteering Project - Herts Community Foundation	4,850	(2,900)	1,950
Workforce Development Grant - Herts Community Foundation	1,065	(1,272)	(207)
	23,102	(20,954)	2,148
<b>TOTAL FUNDS</b>	<u>63,704</u>	<u>(73,590)</u>	<u>(9,886)</u>

HCT JCT Restricted Capital for Buildings: to be used for site acquisition, development and/or improvement, including equipment.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.