

**QUIET & STILL LTD.  
ABBREVIATED ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2016**

**Quiet & Still Ltd.**  
**Company No. 08020477**  
**Abbreviated Balance Sheet 31 March 2016**

		<b>2016</b>		<b>2015</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>					
Tangible Assets	<b>2</b>		1,377		2,452
			1,377		2,452
<b>CURRENT ASSETS</b>					
Debtors		12,498		8,400	
Cash at bank and in hand		43,822		49,912	
		56,320		58,312	
<b>Creditors: Amounts Falling Due Within One Year</b>		(16,405)		(31,385)	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			39,915		26,927
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			41,292		29,379
<b>NET ASSETS</b>			41,292		29,379
<b>CAPITAL AND RESERVES</b>					
Called up share capital	<b>3</b>		120		1
Profit and Loss Account			41,172		29,378
<b>SHAREHOLDERS' FUNDS</b>			41,292		29,379

**Quiet & Still Ltd.**  
**Company No. 08020477**  
**Abbreviated Balance Sheet (continued) 31 March 2016**

---

For the year ending 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Director's responsibilities**

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board

-----

**Mr Paul McCann**

**02/06/2016**

**Quiet & Still Ltd.**  
**Notes to the Abbreviated Accounts**  
**For The Year Ended 31 March 2016**

---

**1 . Accounting Policies**

**1.1 . Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**1.2 . Turnover**

Turnover represents amounts receivable for services net of VAT. Revenue is recognised in the period in which services are provided.

**1.3 . Tangible Fixed Assets and Depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Office equipment	25% straight line
------------------	-------------------

**2 . Tangible Assets**

	<b>Total</b>
<b>Cost</b>	<b>£</b>
As at 1 April 2015	4,952
Additions	200
	5,152
As at 31 March 2016	5,152
<b>Depreciation</b>	
As at 1 April 2015	2,500
Provided during the period	1,275
	3,775
As at 31 March 2016	3,775
<b>Net Book Value</b>	
As at 31 March 2016	1,377
As at 1 April 2015	2,452

**Quiet & Still Ltd.**  
**Notes to the Abbreviated Accounts (continued)**  
**For The Year Ended 31 March 2016**

---

**3 . Share Capital**

	<b>Value</b>	<b>Number</b>	<b>2016</b>	<b>2015</b>
	<b>£</b>		<b>£</b>	<b>£</b>
<b>Allotted and called up</b>				
Ordinary shares	1.000	100	100	1
Ordinary A shares	1.000	20	20	-
		120	120	1

	<b>Nominal value</b>	<b>Number</b>	<b>Amount</b>
	<b>£</b>		<b>£</b>
<b>Shares issued during the period:</b>			
Ordinary shares	1.000	99	99
Ordinary A shares	1.000	20	20
		119	119

**4 . Ultimate Controlling Party**

The company's ultimate controlling party is director Paul McCann.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.