

Company Registration No. 07962472 (England and Wales)

**XERCISE4LESS (DONCASTER) LIMITED**

**ABBREVIATED ACCOUNTS**

**FOR THE PERIOD ENDED 31 JULY 2012**

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# **XERCISE4LESS (DONCASTER) LIMITED**

## **CONTENTS**

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	<b>Page</b>
Abbreviated balance sheet	1 - 2
Notes to the abbreviated accounts	3 - 4

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# **XERCISE4LESS (DONCASTER) LIMITED**

## **ABBREVIATED BALANCE SHEET**

**AS AT 31 JULY 2012**

	Notes	2012 £	£
<b>Fixed assets</b>			
Tangible assets	2		450,707
<b>Current assets</b>			
Stocks		6,157	
Debtors		370,885	
Cash at bank and in hand		9,875	
		<u>386,917</u>	
<b>Creditors' amounts falling due within one year</b>		<u>(440,819)</u>	
<b>Net current liabilities</b>			<u>(53,902)</u>
<b>Total assets less current liabilities</b>			396,805
<b>Creditors' amounts falling due after more than one year</b>			(384,695)
<b>Provisions for liabilities</b>			<u>(2,109)</u>
			<u>10,001</u>
<b>Capital and reserves</b>			
Called up share capital	3		1
Profit and loss account			<u>10,000</u>
<b>Shareholders' funds</b>			<u>10,001</u>

## **XERCISE4LESS (DONCASTER) LIMITED**

### **ABBREVIATED BALANCE SHEET (CONTINUED)**

**AS AT 31 JULY 2012**

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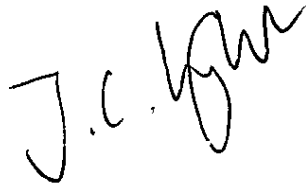
For the financial period ended 31 July 2012 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its profit or loss for the financial period in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the Board and authorised for issue on 19 December 2012

J C Wright  
Director



Company Registration No. 07962472

# **XERCISE4LESS (DONCASTER) LIMITED**

## **NOTES TO THE ABBREVIATED ACCOUNTS**

**FOR THE PERIOD ENDED 31 JULY 2012**

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### **1 Accounting policies**

#### **1.1 Accounting convention**

The financial statements are prepared under the historical cost convention

#### **1.2 Compliance with accounting standards**

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

#### **1.3 Turnover**

Turnover represents amounts receivable for goods and services net of VAT and trade discounts

#### **1.4 Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Land and buildings Leasehold	over period of the lease
Plant and machinery	Varies depending on Equipment - Typically 20%
Fixtures, fittings & equipment	Varies although typically between 10% and 33%

#### **1.5 Leasing**

Rentals payable under operating leases are charged against income on a straight line basis over the lease term

#### **1.6 Stock**

Stock is valued at the lower of cost and net realisable value

#### **1.7 Deferred taxation**

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted

## **XERCISE4LESS (DONCASTER) LIMITED**

### **NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)**

**FOR THE PERIOD ENDED 31 JULY 2012**

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#### **2 Fixed assets**

	<b>Tangible assets £</b>
<b>Cost</b>	
At 23 February 2012	-
Additions	459,354
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At 31 July 2012	459,354
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<b>Depreciation</b>	
At 23 February 2012	-
Charge for the period	8,647
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At 31 July 2012	8,647
	<hr/>
<b>Net book value</b>	
At 31 July 2012	450,707
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#### **3 Share capital**

	<b>2012 £</b>
<b>Allotted, called up and fully paid</b>	
1 Ordinary of £1 each	1
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