You can use the WebFiling service to file this form online.

Please go to www.companieshouse.govvik

What this form is NOT for

In accordance with Section 854 of the Companies Act 2006

# ARO1

last page

✓ What this form is for

## Annual Return

A fee is payable with this form

Please see 'How to pay' on the

(For returns made up to a date on or after 1 October 2011)



	You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year  You cannot use this form to notice of changes to the con officers, registered office add company type or information relating to the company recc	*A380CHUH* 16/05/2014 #220 COMPANIES HOUSE		
Part 1	Company details			
	The section must be completed by all companies	→ Filling in this form Please complete in typescript or in bold black capitals		
		All fields are mandatory unless specified or indicated by *		
A1	Company details			
Company number	7909556	Company name change If your company has recently		
Company name in full	CBY LANARY WHARF LYD	changed its name, please provide the company name as at the date of this return		
A2	Return date			
Date of this return @	Please give the annual return made up date The return date must not be a future date The annual return must be delivered within 28 days of the date given below If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates	Oate of this return  Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date		
A3	Principal business activity			
	Please show the trade classification code number(s) for the principal activity or activities •	Principal business activity You must provide a trade classification code (SIC code 2007)		
Classification code 1	96090	or a description of your company's main business in this section		
Classification code 2		A full list of the trade classification		
Classification code 3		codes are available on our website www.companieshouse.gov.uk		
Classification code 4				
	If you cannot determine a code, please give a brief description of your business activity below			
Principal activity description				
BIS Department for Bu	siness	CHFP000 10/11 Version 5 0		

Annual Return (For returns made up to a date on or **after 1 October 2011**)

A4	Company type •					
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked)  Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	● Company type  If you are unsure of your company type, please check your latest certificate of incorporation or our website  www.companieshouse.gov.uk				
A5	Registered office address <sup>©</sup>					
Building name/number	UNIT 63	Ochange of registered office This must agree with the address				
Street	CANDON WORKSHOPS  5 CANNOD DEZJE	that is held on the Companies House record at the date of this return  If the registered office address has				
Post town	<u> </u>	changed, you should complete form AD01 and submit it together with				
County/Region	10×100	this annual return				
Postcode	EILLAS					
	Single alternative inspection location (SAIL) of the company records (if applicable) •					
Building name/number		SAIL address The great same with the address				
Street		This must agree with the address that is held on the Companies House record at the date of this return				
Post town		If the address has changed, you should complete form ADO2 and submit it together with this annual				
County/Region		return				
Postcode						
A7	Location of company records •					
Please tick the appropriate box to indicate which records are kept at the address in <b>Section A6</b> Register of members		OLocation of company records If the company records are held at the registered office address, do not tick any of the boxes in this section				
	Register of directors Directors' service contracts Directors' indemnities Register of secretaries	Certain records must be kept by every company while other records are only kept by certain company types where appropriate				
	Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of	If the records are not kept at the SAIL address, they must be available at the registered office				
	capital by private company  Register of debenture holders  Report to members of outcome of investigation by public company into interests in its shares	if any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form ADO3 and submit it				
	Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland	together with this annual return				
	Instruments creating charges and register of charges Scotland					

Annual Return (For returns made up to a date on or after 1 October 2011)

Part 2	Officers of the company	
	This section should include details of the company at the date to which this annual return is made up  → For a secretary who is an individual, go to Section B1  → For a corporate secretary, go to Section C1  → For a director who is an individual, go to Section D1  → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details.
Secretary		
B1	Secretary's details <sup>0</sup>	
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4.	● Secretary appointments You may not use this form to appoint a secretary To do this,
Title* Full forename(s)		please complete form APO3 and submit it together with this annual return
		Corporate details
Surname Former name(s) •		Please use Section C1-C4 to enter corporate secretary details
		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03  Former name(s) Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
	Secretary's service address <sup>©</sup>	<u> </u>
Building name/number		Service address  If you have previously notified
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town		address.
County/Region		This information will appear on the public record
Postcode		F
Country		

AR01
Annual Return
(For returns made up to a date on or after 1 October 2011)

## **Corporate secretary**

C1	Corporate secretary's details •					
Corporate body/firm	Please use this section to list all the corporate secretaries of the company	● Corporate secretary appointments You cannot use this form to appoint a corporate secretary To do this,				
name		please complete form AP04 and submit it together with this annual return				
Building name/number		Corporate secretary details				
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have				
Post town		not notified us, please complete form CH04				
County/Region		This information will appear on the				
Postcode		public record				
Country						
C2	Location of the registry of the corporate body or firm					
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only					
C3	EEA companies ®	·				
18th and the agreement of	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk				
Where the company/ firm is registered <b>⊙</b>	● This is the register mentioned Article 3 of the First Companion Directive (68/151/EEC)					
Registration number						
C4	Non-EEA companies					
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of				
Legal form of the corporate body or firm		that register				
Governing law						
If applicable, where the company/firm is registered •						
If applicable, the registration number						

Annual Return (For returns made up to a date on or **after 1 October 2011**)

## Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
Title*		complete form AP01 and submit it together with this annual return			
Full forename(s)	MARLA	Corporate details Please use Section E1-E4 to enter			
Surname	STROMBERG	corporate director details			
Former name(s) <b>②</b>		Director details  All details must agree with those previously notified to Companies			
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please			
Nationality	CANADIAN	complete form CH01			
Date of birth	0 1 d 3	Please provide any previous names			
Business occupation (if any)	PSYCHOTHERAPIST	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes			
D2 🤺	Director's service address ♥				
Building name/numbe	24	Service address  If you have previously notified			
Street	LOWESTOFT MEWS	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town		address			
County/Region	CONSON	This information will appear on the public record			
Postcode	E16257				
Country	CAV.A.X	1			

Annual Return (For returns made up to a date on or after 1 October 2011)

## **Director**

D1	Director's details •					
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Ourector appointments  You cannot use this form to appoint a director To do this, please				
Title*		complete form APO1 and submit it together with this annual return				
Full forename(s)		Corporate details Please use Section E1-E4 to enter				
Surname		corporate director details				
Former name(s)		Director details  All details must agree with those previously notified to Companies  House If you have made changes				
Country/State of residence		since the last annual return and have not notified us, please				
Nationality		complete form CH01				
Date of birth	d   d   m   m   y   y   y   y	Please provide any previous names				
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.				
D2	Director's service address					
Building name/numbe	7	Service address  If you have previously notified				
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The				
Post town		Company's Registered Office' in the address				
County/Region		This information will appear on the public record				
Postcode		public record				
Country						

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Annual Return (For returns made up to a date on or **after 1 October 2011**)

## **Corporate director**

E1	Corporate director's details •				
	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this,			
Corporate body/firm name		please complete form APO2 and submit it together with this annual return			
Building name/number		Corporate director details All details must agree with those			
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete			
Post town		form CH02			
County/Region		This information will appear on the public record			
Postcode					
Country					
E2	Location of the registry of the corporate body or firm				
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only				
E3	EEA companies ®				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance			
Where the company/ firm is registered €		www.companieshouse gov.uk  ● This is the register mentioned in Article 3 of the First Company Law			
Registration number		Directive (68/151/EEC)			
E4	Non-EEA companies				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA  Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in			
Legal form of the corporate body or firm		that register			
Governing law					
If applicable, where					
the company/firm is registered <b>o</b>					
If applicable, the registration number					

Annual Return (For returns made up to a date on or after 1 October 2011)

Part 3	Statement of capital o						
	Does your company have share capital?  → Yes Complete the sections below and the following Part 4  → No Go to Part 5 (Signature)				This should reflect the company's capital status at the made up date o this annual return		
F1	Share capital ır	n pound sterling (	£)				
		each class of shares he complete Section F1	ld in pound sterling and then go to Section F4			-	
Class of shares (E g Ordinary/Preference etc	:)	Amount paid up on each share ②			shares • Aggregate		gate nominal value 🔾
ORDINAR	4		£ı	1	_	£	\
		<u> </u>				£	
						£	
						£	
			Totals	(		£	\
F2	Share capital in	other currencies	5				· · · · · · · · · · · · · · · · · · ·
Please complete the ta Please complete a sep		any class of shares held currency	d in other currencies				
Currency							
Class of shares (E g Ordinary/Preference etc.)		Amount paid up on each share <b>②</b>	Amount (if any) unpaid on each share	Number of shares <b> </b>		ate nominal value 🛈	
		; 				-	
			Totals				<del></del>
Сиггепсу						_	
Class of shares (E g Ordinary/Preference etc )		Amount paid up on each share	Amount (if any) unpaid on each share 9	Number of share	es 🚯	Aggreg	jate nominal value 9
							-
			Totals			-	
F3	Totals	<u></u>				<u> </u>	
	Please give the total number of shares and total aggregate nominal value of issued share capital  Total aggregate nominal value of Please list total aggregate value						
Total number of shares	1		· · · · · · · · · · · · · · · · · · ·		dıfferer	nt currenc	ies separately For • €100 + \$10 etc
Total aggregate nominal value <b>⊙</b>	£ı						
<ul> <li>Including both the noming share premium</li> <li>Total number of issued states</li> </ul>		Number of shares issue nominal value of each	share Plea	ntinuation Page ase use a Statem re if necessary		ital contir	nuation

## Annual Return

(For returns made up to a date on or after 1 October 2011)

F4	Statement of capital (Voting rights)				
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2				
Class of share	ORDINARY				
Voting rights	EACH SHARE IS ENTITLED TO ONE VOYE IN ANY CIRCUMSTANCES				
Class of share					
Voting rights					
Class of share					
Voting rights					
Class of share					
Voting rights					

### **AR01 Annual Return** (For returns made up to a date on or after 1 October 2011) Part 4 **Shareholders** Does your company have share capital? → Yes go to Section G1 'Companies with share capital' → No Go to Part 5 (Signature) G1 Companies with share capital Question 1 Were any of the company's shares admitted to trading on a market at any A market is one established under time during this return period? Please tick the appropriate box below • the rules of a UK recognised investment exchange or any other No go to Section G2 'Past and present shareholders' regulated markets in or outside of Yes go to Question 2 the UK, or any other market outside of the UK. The current UK recognized Question 2 Please only refer to Question 2 below if you have answered 'Yes' to investment exchanges and regulated Question 1 If you answered 'No', please go to Section G2 'Past and present markets can be found at shareholders' www.fsa.gov.uk/register/exchanges.do OTR5 refers to the Vote Holder and Did the company, throughout the return period, have any shares admitted to Issuer Notification Rules contained trading on a relevant market and was it, throughout the return period, an issuer in Chapter 5 of the Disclosure and to which DTR5 applies? Please tick the appropriate box below • Transparency Rules source book issued by the Financial Services Authority Notification is required go to Section G4 'Shareholders who hold at least 5% of any class when the percentage acquisition of of shares of the company as at the made up date of the return' a shareholder in the company has Yes go to Part 5 'Signature' reached a certain threshold (starting at 3%) G2 List of past and present shareholders 9 The company is required to provide a full list of past and present shareholders This section only applies to if one was not included with either of the last two returns. Please tick the companies answering 'No' in Section G1 appropriate box below There were no shareholder changes in this period. Go to Part 5 (Signature) A full list of shareholders is enclosed

A list of shareholder changes is enclosed

past and present shareholders'

Part 5 (Signature)

box below

How is the list of shareholders enclosed. Please tick the appropriate

The list of shareholders is enclosed in another format. Go to

The list of shareholders is enclosed on paper Go to Section G3 'List of

## ARO1

### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

G3

## List of past and present shareholders O

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

• Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

		Shares or stock currently held	Shares or stock transferr	ed (if appropriate)
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
MARIA STROMBERG	ORDENARY XI			/ /
				1 1
				1 1
				1 1
			_	/ /
				1 1
				1 1
				1 1
				1 1
				, ,
				1 1
		1		1 1

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### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

### **G4**

## Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

### **Further shareholders**

Please use a 'Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return' continuation page if necessary

Shares or stock currently held Shareholder's name Number of shares or Shareholder s address Class of share amount of stock

**Annual Return** 

(For returns made up to a date on or after 1 October 2011)

### **Signature** Part 5 This must be completed by all companies O Societas Europaea If the form is being filed on behalf I am signing this form on behalf of the company of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person Signature Signature signing has membership X X XMS @ Person authorised Under either section 270 or 274 of the Companies Act 2006 This form may be signed by Director O, Secretary, Person authorised O, Charity commission receiver and manager, CIC manager, Judicial factor

## **Annual Return**

(For returns made up to a date on or after 1 October 2011)

Presenter information	Important information		
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record  How to pay		
Contact name			
Company name DARREN WILLIAMS 4 Co	A fee of £40 is payable to Companies House in respect of an Annual Return  Make cheques or postal orders payable to		
Address	'Companies House'		
	☑ Where to send		
Post town	You may return this form to any Companies Hous address, however for expediency we advise you to return it to the appropriate address below		
County/Region  Postcode  Country	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff		
Telephone  O1743 742144  Checklist	For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF		
We may return forms completed incorrectly or with information missing  Please make sure you have remembered the following  That if the made up date of the return is any earlier	DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)  For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1		
than 1 October 2011, you must complete the appropriate form AR01	Further Information		
<ul> <li>□ The company name and number match the information held on the public Register</li> <li>□ You have completed your principal business activity</li> <li>□ You have not used this form to make changes to the registered office address.</li> <li>□ You have not used this form to make changes to secretary and director details</li> <li>□ You have fully completed the Statement of capital (if applicable)</li> <li>□ You have signed the form</li> <li>□ You have enclosed the correct fee</li> </ul>	For further information, please see the guidance notes on the website at www.companieshouse.gov.uk  This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk		