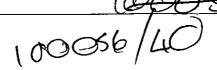
In accordance with Section 854 of the Companies Act 2006

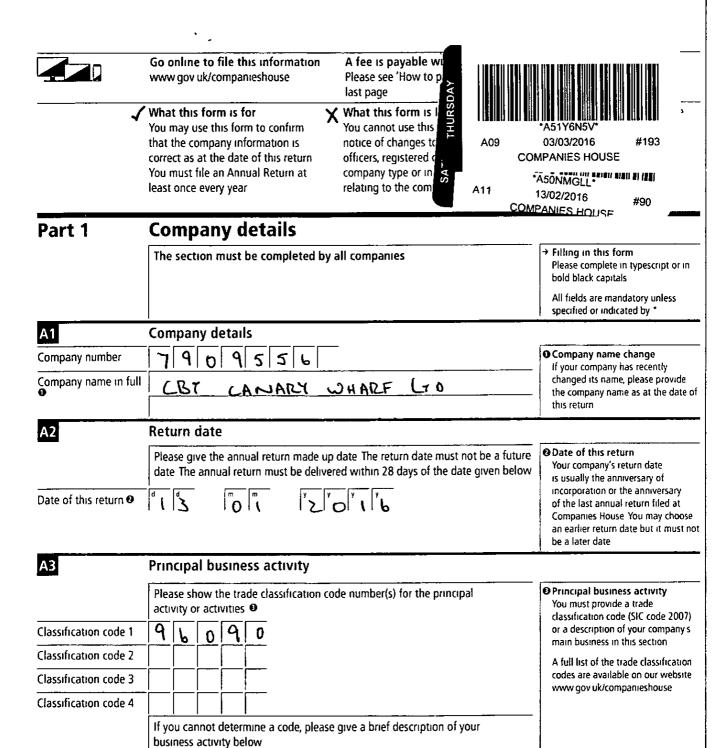
Principal activity description

AR01 2015

Annual Return







A4	Company type ●	
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	O Company type If you are unsure of your company type, please check your latest certificate of incorporation or our website www.gov.uk/companieshouse
A5	Registered office address [©]	
Building name/number Street	5 CANNON ORZUE	Change of registered office This must agree with the address that is held on the Companies House record at the date of this return
Post town County/Region		If the registered office address has changed, you should complete form ADD1 and submit it together with this annual return
Postcode	E 1 4 4 5	
A6	Single alternative inspection location (SAIL) of the company records (if applicable) ®	1
Building name/number	, approprie	⊕ SAIL address
Street		This must agree with the address that is held on the Companies House record at the date of this return
Post town		If the address has changed, you should complete form ADO2 and submit it together with this annual return
County/Region Postcode		
	Location of company records O	
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6 Register of members Register of directors Directors' service contracts Directors' indemnities Register of secretaries Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of	O Location of company records If the company records are held at the registered office address, do not tick any of the boxes in this section Certain records must be kept by every company while other records are only kept by certain company types where appropriate If the records are not kept at the SAIL address, they must be available
	Documents relating to potentiase of own shares Documents relating to redemption or purchase of own share out of capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland Instruments creating charges and register of charges Scotland	at the registered office If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return

Part 2 Officers of the company

This section should include details of the company as at the made up date of this annual return. All details must agree with those previously notified to Companies House

Corporate officers

- → For a corporate secretary, go to Section B1
- → For a corporate director, go to Section C1

Individual officers

- → For a secretary who is an individual, go to Section D1
- → For a director who is an individual, go to Section E1 and also complete Part 3

New appointments

You cannot use this form to appoint new officers to the company. To do this, please complete the appropriate form and submit it together with this annual return.

- AP01 for directors who are individuals
- AP02 for a corporate director
- · AP03 for secretaries who are individuals
- AP04 for a corporate secretary

Change to officer details

You cannot use this form to change any officer details. To do this, please complete the appropriate form and submit it together with this annual return

- · CH01 for changes to details of directors who are individuals
- CH02 for changes to details of a corporate director
- CH03 for changes to details of secretary who are individuals
- · CH04 for changes to details of a corporate secretary

Continuation pages

Please use a continuation page if you need to enter more officer details.

Corporate secretary

B1	Corporate secretary's details ^o	
Composite hadulfum	Please use this section for corporate secretaries of the company For a secretary who is an individual, complete Section D1-D2	◆ Corporate secretary appointments You cannot use this form to appoint a corporate secretary To do this,
Corporate body/firm name		please complete form APO4 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record Continuation pages
Country		Please use a continuation page if you need to enter more officer details
B2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section B3 only → No Complete Section B4 only	
B3	EEA companies ®	
When she are a second	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	A full list of countries of the EEA can be found in our guidance www.gov.uk/companieshouse
Where the company/ firm is registered •		This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)
Registration number		
B4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		!
If applicable, where the company/firm is registered •		
If applicable, the registration number		

Corporate director

C1	Corporate director's details O	
	Please use this section for corporate directors of the company For a director who is an individual, complete Section E1-E2 and Part 3	O Corporate director appointments You cannot use this form to appoint a corporate director To do this, please complete form APO2 and
Corporate body/firm name		submit it together with this annual return
Building name/number		Corporate director details All details must agree with those
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH02
Post town		This information will appear on the
County/Region		public record
Postcode		Continuation pages Please use a continuation page
Country		if you need to enter more officer details
C2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only	
C3	EEA companies ®	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	A full list of countries of the EEA can be found in our guidance www.gov.uk/companieshouse
Where the company/ firm is registered ●		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

D1	Secretary's details •	
Title* Full forename(s)	Please use this section for individual secretaries of the company For a corporate secretary, complete Section B1-B4	O Secretary appointments You may not use this form to appoint a secretary To do this, please complete form APO3 and submit it together with this annual return
Surname		Corporate details Please use Section B1 B4 to enter
Former name(s) •		Secretary details Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us please complete form CH03 Former name(s) Please provide any previous names (including maiden or married names) which have been used for business purposes during the period of this return Continuation pages Please use a continuation page if you need to enter more officer details
D2	Secretary's service address ®	
Building name/numb		Service address If you have previously notified
Street Post town		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address
County/Region		This information will appear on the public record
Postcode		public record
Country		

Director

E1	Director's details •	
Title*	Please use this section to list individual directors of the company For a corporate director, complete Section C1-C4	O Director appointments You cannot use this form to appoint a director To do this, please complete form APO1 and submit it
Full forename(s)		together with this annual return
Surname	STROMBERL	Corporate details Please use Section C1-C4 to enter corporate director details
Former name(s) •		Director details All details must agree with those previously notified to Companies
Country/State of residence Nationality	ENGLAND	House If you have made changes since the last annual return and have not notified us, please complete form CH01
Month/year of birth	X X 05 1191617	 Former name(s) Please provide any previous names (including maiden or married name)
Business occupation (if any)	PSYCHTHERAPIST	which have been used for business purposes during the period of this return
		Month and year of birth Please provide month and year only Provide full date of birth in Part 3 only
		Continuation pages Please use a continuation page if you need to enter more officer details
E2	Director's service address •	
Building name/number	UNIT 63, CANNOD WORKSHOPS	Service address If you have previously notified
Street	5 CANNON BREVE	Companies House that the service address is at 'The Company's Registered Office , please state 'The Company's Registered Office' in the
Post town		address
County/Region	LONDON	This information will appear on the public record
Postcode	EILLAS	
Country	ENGLAND	
		ľ

Director

E1	Director's details •	
	Please use this section to list individual directors of the company For a corporate director, complete Section C1-C4	O Director appointments You cannot use this form to appoint a director To do this, please
Title*		complete form AP01 and submit it together with this annual return
Full forename(s)		Corporate details Please use Section C1-C4 to enter
Surname		corporate director details
Former name(s) 2		Director details All details must agree with those previously notified to Companies House If you have made changes
Country/State of residence Nationality		since the last annual return and have not notified us, please complete form CH01
Month/year of birth	X X (n) (m) (y) (y) (y)	• Former name(s) Please provide any previous names
Business occupation (if any)		(including maiden or married names) which have been used for business purposes during the period of this return
		Month and year of birth Please provide month and year only Provide full date of birth in Part 3 only
		Continuation pages Please use a continuation page if you need to enter more officer details
E2	Director's service address •	<u></u>
Building name/number		O Service address If you have previously notified
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town		address
County/Region		This information will appear on the public record
Postcode		_
Country		
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Part 4	Statemer	nt of capital o						
	Does your company have share capital? → Yes Complete the sections below and the following Part 5 → No Go to Part 6 (Signature)					This should reflect the company's capital status at the made up date of this annual return		
F1	Share capital	in pound sterling ((£)					
		w each class of shares he	eld in pound sterling and then go to Section F4					
Class of shares (E g Ordinary/Preference etc		Amount paid up on each share ②	Amount (if any) unpaid on each share 9	Number of sha	ares O	Aggre	gate nominal value Q	
ORDINI	√₽.Y	£1	£1		1	£	(
	·•					£		
						£		
						£		
		·	Totals		ı	£	ì	
F2	Share capital	in other currencies	5					
Please complete the ta Please complete a sep		w any class of shares held ch currency	d in other currencies	-				
Currency								
Class of shares (E.g. Ordinary/Preference etc	:)	Amount paid up on each share 😌	Amount (if any) unpaid on each share	Number of sha	ares 0	Aggre	gate nominal value 🔾	
			Totals	ļ	· · · · · · · · · · · · · · · · · · ·			
					-			
Currency Class of shares		Amount god up on	Amount (if any) unpaid	Number of sha	aroc O	Angrei	gate nominal value O	
(E.g. Ordinary/Preference etc	:)	Amount paid up on each share	on each share Q	Number of size		Aggie	gate nominal value	
				•				
		<u> </u>	Totals	<u> </u>				
F3	Totals					<u> </u>		
	· · · · · · · · · · · · · · · · · · ·		nd total aggregate nominal	value of	Please	list total	e nominal value aggregate values in	
Total number of shares	l		- 200				ties separately For + €100 + \$10 etc	
Total aggregate nominal value ூ	£î							
 Including both the noming share premium Total number of issued s 	-	O Number of shares issue nominal value of each	share Plea	ntinuation Pag ase use a Stater e if necessary		ital conti	nuation	

F4	Statement of capital (Voting rights)	
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2	
Class of share	ORDINARY	
Voting rights	EACH SHARE IS ENTETLED TO ONE UDTE IN ANY CURCUMSTANCES	
Class of share		
Voting rights		
Class of share		
Voting rights		
Class of share		
Voting rights		

Part 5	Shareholders	
	Does your company have share capital? → Yes go to Section G1 'Companies with share capital' → No Go to Part 6 (Signature)	
G1	Companies with share capital	
Question 1	Were any of the company's shares admitted to trading on a market at any time during this return period? Please tick the appropriate box below No go to Section G2 'Past and present shareholders' Yes go to Question 2	A market is one established under the rules of a UK recognised investment exchange or any other regulated markets in or outside of the UK, or any other market outside
Question 2	Please only refer to Question 2 below if you have answered 'Yes' to Question 1. If you answered 'No', please go to Section G2 'Past and present shareholders'	of the UK The current UK recognized investment exchanges and regulated markets can be found at www.fsa.gov.uk/register/exchanges.do
	Did the company, throughout the return period, have any shares admitted to trading on a relevant market and was it, throughout the return period, an issuer to which DTR5 applies? Please tick the appropriate box below •	DTR5 refers to the Vote Holder and Issuer Notification Rules contained in Chapter 5 of the Disclosure and Transparency Rules source book issued by the Financial Services
	No go to Section G4 'Shareholders who hold at least 5% of any class of shares of the company as at the made up date of the return' Yes go to Part 6 'Signature'	Authority Notification is required when the percentage acquisition of a shareholder in the company has reached a certain threshold (starting at 3%)
G2	List of past and present shareholders O	
	The company is required to provide a full list of past and present shareholders if one was not included with either of the last two returns. Please tick the appropriate box below There were no shareholder changes in this period. Go to Part 6 (Signature) A full list of shareholders is enclosed A list of shareholder changes is enclosed	This section only applies to companies answering No' in Section G1
	How is the list of shareholders enclosed. Please tick the appropriate box below. The list of shareholders is enclosed on paper. Go to Section G3. 'List of past and present shareholders'.	
	The list of shareholders is enclosed in another format. Go to Part 6 (Signature)	

7	
	Б

List of past and present shareholders O

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

	I		Shares or stock currently held	Shares or stock transferred (if appropriate)			
Shareholder's Name (Address not requir	ed)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
MARLA	SYROMBERL	ORDENARY &	1		1 1		
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			- •		1 1		
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G4

Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 6 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return continuation page if necessary

Shares or stock currently held Class of share Number of shares or Shareholder's name Shareholder's address amount of stock

Part 6	Signature				
	This must be completed by all companies I am signing this form on behalf of the company	-		Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director and insert details of which organ of the SE the person signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006	
Signature	Signature X XMS M. M	1 <u>C</u>	X		
	This form may be signed by Director • Secretary, Person authorised • Charity commission receiver and manager, CIC manager, Judicial factor				



Do not cover this barcode

Presenter information	Important information			
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be	Please note that all information on this form will appear on the public record			
visible to searchers of the public record	£ How to pay			
Company name BARREN WELLEAMS 4-Co	A fee of £40 is payable to Companies House in respect of a paper Annual Return Make cheques or postal orders payable to			
Address	'Companies House'			
	☑ Where to send			
Post town	You may return this form to any Companies Hous address, however for expediency we advise you return it to the appropriate address below			
County/Region Postcode Country	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff			
DX Ielephone O1743 742144 ✓ Checklist We may return forms completed incorrectly or	For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)			
Please make sure you have remembered the following The company name and number match the information held on the public Register	For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1			
☐ You have completed your principal business activity	<i>f</i> Further information			
 You have not used this form to make changes to the registered office address You have not used this form to make changes to secretary and director details You have provided the full date of birth for all 	For further information, please see the guidance notes on the website at www gov uk/companieshouse or email enquiries@companieshouse gov uk			
individual directors in Part 3 You have fully completed the Statement of capital	This form is available in an			
(if applicable)	alternative format Please visit the			
☐ You have signed the form ☐ You have enclosed the correct fee	forms page on the website at			
	www.gov.uk/companieshouse			