



Companies House

**AR01** (ef)

**Annual Return**



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Received for filing in Electronic Format on the: **21/01/2015**

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*Company Name:* **RAPID NUTRITION PLC**

*Company Number:* **07905640**

*Date of this return:* **11/01/2015**

*SIC codes:* **21100**

*Company Type:* **Public limited company**

*Situation of Registered Office:* **2ND FLOOR 145-157  
ST. JOHN STREET  
LONDON  
EC1V 4PW**

## Single Alternative Inspection Location (SAIL)

*The address for an alternative location to the company's registered office for the inspection of registers is:*

EQUINITI LIMITED ASPECT HOUSE SPENCER ROAD  
LANCING  
WEST SUSSEX  
UNITED KINGDOM  
BN99 6DA

*There are no records kept at the above address*

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### Officers of the company

#### *Company Secretary 1*

*Type:* **Corporate**

*Name:* **ELEMENTAL COMPANY SECRETARY LIMITED**

*Registered or principal address:* **27 OLD GLOUCESTER STREET  
LONDON  
ENGLAND  
WC1N 3AX**

#### *European Economic Area (EEA) Company*

*Register Location:* **ENGLAND**

*Registration Number:* **07900133**

*Company Director*    ***1***

*Type:*                                **Person**

*Full forename(s):*                **MR VAIDYANATHAN MULANDRAM**

*Surname:*                         **NATESHAN**

*Former names:*

*Service Address:*                **NO. 63 4TH STREET  
VYASAR NAGAR  
CHENNAI  
INDIA  
600 039**

*Country/State Usually Resident:*    **INDIA**

*Date of Birth:*    **30/08/1979**                                *Nationality:*    **INDIAN**

*Occupation:*    **DIRECTOR**

*Company Director* 2

*Type:* **Person**

*Full forename(s):* **MR RICHARD STANLEY**

*Surname:* **SERBIN**

*Former names:*

*Service Address:* **27 OLD GLOUCESTER STREET  
LONDON  
UNITED KINGDOM  
WC1N 3AX**

*Country/State Usually Resident:* **UNITED STATES**

*Date of Birth:* **10/08/1944**

*Nationality:* **AMERICAN**

*Occupation:* **DIRECTOR**

*Company Director*    **3**

*Type:*                            **Person**  
*Full forename(s):*            **MALCOLM**

*Surname:*                      **SINCLAIR**

*Former names:*

*Service Address:*            **13 MILLS BEACH CLOSE**  
                                 **MORNINGTON**  
                                 **AUSTRALIA**  
                                 **3931**

*Country/State Usually Resident:*    **AUSTRALIA**

*Date of Birth:*    **14/07/1969**                            *Nationality:*    **AUSTRALIAN**  
*Occupation:*    **DIRECTOR**

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*Company Director*    **4**

*Type:*                      **Person**

*Full forename(s):*        **SIMON**

*Surname:*                **ST LEDGER**

*Former names:*

*Service Address:*        **78 PASSERINE DRIVE  
ROCHEDALE  
AUSTRALIA  
4123**

*Country/State Usually Resident:*    **AUSTRALIA**

*Date of Birth:*    **18/04/1983**

*Nationality:*    **AUSTRALIAN**

*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>23265104</b>
		<i>Aggregate nominal value</i>	<b>23265104</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, INCLUDING THE RIGHTS TO RECEIVE A DIVIDEND, TO PARTICIPATE IN CAPITAL DISTRIBUTIONS AND THE RIGHT TO PARTICIPATE IN A DISTRIBUTION ON A WINDING UP OF A COMPANY. THE SHARES DO NOT CONFER ANY RIGHT OF REDEMPTION.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>23265104</b>
		<i>Total aggregate nominal value</i>	<b>23265104</b>

*The company's shares were admitted to trading on a market during the period of this return and a list of shareholders holding at least 5% of the issued shares of any share class of the company as at the date of the return are shown below*

*Shareholding 1* : **5057103 ORDINARY shares held as at the date of this return**

*Name & Address* : **FITEL NOMINEES LIMITED**

*Shareholding 2* : **4982681 ORDINARY shares held as at the date of this return**

*Name & Address* : **PERSHING NOMINEES LIMITED**

*Shareholding 3* : **1927404 ORDINARY shares held as at the date of this return**

*Name &  
Address*                      **RAPID NUTRITION PLC**

*Shareholding 4*            : **5486309 ORDINARY shares held as at the date of this return**  
*Name &  
Address*                      **SECURITIES SERVICES NOMINEES LIMITED**

*Shareholding 5*            : **1431474 ORDINARY shares held as at the date of this return**  
*Name &  
Address*                      **VIDACOS NOMINEES LIMITED**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.