

VITALITY 360 LTD

Abridged Accounts

Period of accounts

Start date: 01 December 2019

End date: 30 November 2020

VITALITY 360 LTD

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For the year ended 30 November 2020

Statement of financial position

VITALITY 360 LTD
Statement of Financial Position
As at 30 November 2020

	2020		2019	
	£	£	£	£
Fixed assets		85		128
Current assets	40,676		39,401	
Prepayments and accrued income	550		523	
Creditors: amount falling due within one year	(7,304)		(5,767)	
Net current assets		33,922		34,157
Total assets less current liabilities		34,007		34,285
Net assets		34,007		34,285
Capital and reserves		34,007		34,285

NOTES TO THE ACCOUNTS

General Information

Vitality 360 Ltd is a private company, limited by shares, domiciled in England and Wales, registration number 07840165, registration address Unit D228 Parkhall Business Centre, 62 Tritton Road, London, SE218DE.

1. Accounting policies

Significant accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 105 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Basis of preparation

The financial statements have been prepared on the going concern basis and under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

2. Average number of employees

Average number of employees during the year was 5 (2019 : 6).

For the year ended 30 November 2020 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

Director's Responsibilities:

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, the financial reporting standard applicable to the micro-entities regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts.

The financial statements were approved by the director on 09 August 2021 and were signed by:

Jessica Bavinton
Director

This document was delivered using electronic communications and authenticated in accordance with the

registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.