Registered Number 07840165

VITALITY 360 LTD

Abbreviated Accounts

30 November 2014

VITALITY 360 LTD **Registered Number 07840165**

Abbreviated Balance Sheet as at 30 November 2014

	Notes	*2014*	*2013*
		£	£
Fixed assets			
Tangible assets	2	1,215	329
		1,215	329
Current assets			
Debtors		15,506	19,189
Cash at bank and in hand		17,263	25,327
		32,769	44,516
Creditors: amounts falling due within one year		(8,736)	(17,851)
Net current assets (liabilities)		24,033	26,665
Total assets less current liabilities		25,248	26,994
Total net assets (liabilities)		25,248	26,994
Capital and reserves			
Called up share capital		1	1
Profit and loss account		25,247	26,993
Shareholders' funds		25,248	26,994

- For the year ending 30 November 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 16 March 2015

And signed on their behalf by:
Jessica Bavinton, Director

Notes to the Abbreviated Accounts for the period ended 30 November 2014

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy
Turnover represents the gross value of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy
Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipments - 25% straight line

2 Tangible fixed assets

	£
Cost	
At 1 December 2013	659
Additions	1,401
Disposals	-
Revaluations	-
Transfers	-
At 30 November 2014	2,060
Depreciation	
At 1 December 2013	330
Charge for the year	515
On disposals	-
At 30 November 2014	845
Net book values	
At 30 November 2014	1,215
At 30 November 2013	329