Registered Number 07748720

FIRST 4 PHYSIO LIMITED

Abbreviated Accounts

31 August 2013

Abbreviated Balance Sheet as at 31 August 2013

	Notes	*2013*	*2012*
		£	£
Fixed assets			
Tangible assets	2	1,328	1,660
		1,328	1,660
Current assets			
Debtors		2,271	-
Cash at bank and in hand		872	600
		3,143	600
Creditors: amounts falling due within one year		(4,428)	(1,973)
Net current assets (liabilities)		(1,285)	(1,373)
Total assets less current liabilities		43	287
Total net assets (liabilities)		43	287
Capital and reserves			
Called up share capital		1	1
Profit and loss account		42	286
Shareholders' funds		43	287

- For the year ending 31 August 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 21 May 2014

And signed on their behalf by:
Mr Mubasher Tahir, Director

Notes to the Abbreviated Accounts for the period ended 31 August 2013

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy
Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

Tangible assets depreciation policy
Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Office Equipment: 20% Reducing Balance
Fixtures & Fittings: 20% Reducing Balance

2 Tangible fixed assets

	£
Cost	
At 1 September 2012	2,075
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 August 2013	2,075
Depreciation	
At 1 September 2012	415
Charge for the year	332
On disposals	-
At 31 August 2013	747
Net book values	
At 31 August 2013	1,328
At 31 August 2012	1,660