

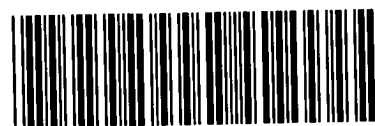


**'STAFELL FYW CAERDYDD
LIVING ROOM CARDIFF**

**Living Room Cardiff
Report and Financial Statements
For year ended 31st March 2019**

**Company Registration Number 07742115
Registered Charity Number 1145452**

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COMPANIES HOUSE

CAIS Ltd is a limited company registered in England and Wales
Registered Office: 12 Trinity Square, Llandudno, LL30 2RA
Registered Number: 2751104 Charity Number: 1039386

Mae CAIS Cyf yn gwmni cofrestredig yng Nghymru a Lloegr
Swyddfa Gofrestredig: 12 Sgwâr y Drindod, Llandudno, LL30 2RA
Rhif Cofrestru: 2751104, Rhif Elusen: 1039386



REGISTERED COMPANY NUMBER: 07742115 (England and Wales)
REGISTERED CHARITY NUMBER: 1145452

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 MARCH 2019
FOR
STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

Williams Denton Cyf
Chartered Certified Accountants
Statutory Auditors
13 Trinity Square
Llandudno
North Wales
LL30 2RB

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 March 2019**

	Page
Report of the Trustees	1 to 7
Report of the Independent Auditors	8 to 9
Statement of Financial Activities	10
Balance Sheet	11 to 12
Notes to the Financial Statements	13 to 17

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects are specifically restricted to the following:

1. To contribute to the Welsh Assembly Government's four main strategic aims as identified in their document "Working Together to Reduce Harm - Substance Misuse strategy for Wales 2008-2018." This document will continue to provide the focus of the Welsh Government's work with partners until April 2019. The objectives are::

- (i) Prevention
- (ii) Supporting substance misusers
- (iii) Supporting families
- (iv) Tackling availability and protecting individuals and families

2. To promote health improvement through harm reduction and preventative initiatives, reduce inequality by strengthening the substance misuse information base for particular groups, increase local service capacity for substance misusers via open access and structured community-based services, reduce the number of unplanned endings for people in treatment, achieve waiting time specifications between referral and assessment and reduce incidences of reported acquisitive crimes.

3. To preserve and safeguard the health of all persons who are, or are in danger of becoming, addicted or dependent on drugs of any description, alcohol, solvents or other addictive chemical, process or event and the relief of persons suffering from such addiction or dependency.

4. To relieve poverty, sickness and distress caused to all persons as a result of the misuse of drugs, alcohol, solvents and other substances and addiction in the form of behavioural processes such as, but not exclusively, gambling, eating disorders, self-harming, love and sex addiction.

5. To advance education and training of professionals working in the field of addiction treatment.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

OBJECTIVES AND ACTIVITIES

Significant activities

The main approach/activity of the centre includes relaxed and informal psychotherapy groups, which include:-

- Three all-addiction approach groups weekly;
- A scheduled skills workshop (looking at skills needed to support recovery);
- An after-work afternoon group;
- A 12 Steps of Recovery group focusing on the 12 steps of AA;
- A themed topic group;
- A Women Only group;
- A Male Only Group;
- Two family/friends support groups;
- What recovery means to me - a creative workshop.

These groups are facilitated by Project Worker Staff during weekdays and peer-led groups on weekends.

The centre operates during the week and at weekends.

One-to-one counselling is offered, and the centre also works with doctors and psychiatrists etc. to provide the best service possible for each client. Collaborative working takes place between other service providers and professionals to address diverse needs which often include specialists from outside the centre coming in to provide support. Diversionary and social activities are also provided.

The centre, since receiving a 12 month sponsorship operates a weekly Community Telephone Recovery Support system where service users are called to check on their well-being, to follow up on their last attendance, and to determine whether or not they need any additional support. This service, more than any other, ensures service user retention in therapeutic needs and re-engagement.

During the year, June 2018, the gambling service 'Beat the Odds' celebrated its 4th birthday (its official launch took place on 24th June 2015).

110 excessive gamblers in their respective recoveries were supported in the Beat the Odds initiative. Other recent developments include reaching out to West Wales in Carmarthen, once a fortnight and North Wales in Caernarfon, once a month to develop a Living Room approach to these respective communities. A similar approach hopes to start in the Aberystwyth area during Autumn 2019. The development of Cynnal, a counselling service for clergy, ministers of religion and their families, is also encouraging. The bases for these counselling sessions are offered in Living Room Caernarfon, Colwyn Bay, Wrexham and Carmarthen. 84 people have registered for support. All these out of Cardiff groups are facilitated by the Specialist Counselling Consultant and a student counsellor and recovery coach.

The ENFYS project, giving counselling and group therapy support for doctors, nurses etc, is also offered with 11 individuals registered.

Collaborative working takes place between other service providers to address diverse needs which often include specialists from outside the centre coming in to provide support. Diversionary and social activities are also provided.

6 Recovery coaches have fulfilled their placement hours at the Living Room and assisting in Carmarthen. The project is supervised overall by the Living Room Manager. The recovery coaches also undertake Intake and co-facilitate in certain group therapies.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees are satisfied that the objects of the charity as set out in the company's memorandum of association are for the public benefit as defined in the Charities Act 2011.

"Public benefit" is generally provided geographically within Cardiff and the Vale of Glamorgan but open to all who can commute within South Wales and beyond, who require drug, alcohol and other addiction services.

Counsellors also travel the length and breadth of Wales delivering Cynnal (service for clergy and ministers of religion) and Enfys (service for medics), and the centre has a network of trained and accredited counsellors who can be called upon when required in order to deliver services to service users who live in remoter parts of Wales.

Thrice yearly residential retreats are held in St Non's Retreat Centre, St David's in Pembrokeshire and Trefeca College in the Brecon Beacons, and are open to all. The Living Room celebrated its 9th birthday in September.

A public Annual Lecture is held every year (our 10th this year) and speakers from around the world are invited to speak on topics relating to addiction and recovery. The centre also organises an annual national conference on excessive gambling as part of its 'Beat the Odds' gambling service - this year will be our 4th - and is the only conference on excessive gambling in the UK not financed by the gambling industry.

In October 2018, in Cardiff, Living Room Cardiff, in conjunction with the denominational churches and the Church in Wales, organised a Cynnal conference; "What it means to live life in its fullness," with the Archbishop of Wales being the Main Speaker. This conference was again very successful and is now included in the annual calendar, thus enabling us to promote the Cynnal service to a wider audience which is outside our usual reach.

Living Room Cardiff has a high public profile achieved through writing regular articles and letters to the press, TV and radio appearances, and through going out into communities all over Wales to deliver lectures and to put a positive face and voice to recovery. We aim at sharing hope and the strong attractive message that recovery is achievable. Our websites are kept up to date and the Centre makes extensive use of social media. Two blogs have been developed, one for service users and the second for the powers that be.

Living Room Cardiff does not charge the service user and is therefore free at the point of delivery; we consider these services to be both needed and beneficial.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Achievements and Performance

Intakes and assessments

New intakes totalled 141, compared to 168 intakes during 2017/18.

The Service Manager runs the daily business and approach of the Living Room, and two part-time project workers focus their time on delivering therapeutic services rather than on promotional work. All staff are accountable to CAIS's Director of Partnerships and Development.

Therapeutic Interventions (Group therapy and one-to-ones)

This year the mean average for group attendance was 6. Some groups tend to be well attended regularly and have an attendance of an average of 10. (Family and Men's groups).

1267 one-to-one counselling sessions were held during the year, an increase on 2017/18's figure of 826. 2 Addiction Project workers carry out one-to-one sessions, and a specialist Addictions Consultant, whilst some volunteers and recovery coaches input to intakes only. Students on counselling placement were engaged with during 2018 - 19 as well,

The slight swing in lower group attendance numbers can, on reflection, be attributed to the decreased staffing levels, and the lack of time to maintain the Telephone Recovery Support, which would affect the numbers of attendees in groups and booked 1-1 counselling sessions.

Community Telephone Recovery Support (Comm TRS)

The Telephone Recovery Support pilot began in December 2012 and the number of contacts made had continued to increase year on year. 552 calls were made in 2016/17 compared to 320 during 2015/16.

In 2017 + 18, up until February 2019, the Living Room only provided a limited telephone support due to lack of resources. February 2019 the Community Telephone Recovery Support was launched. In the months of February and March 2019, 260 service users were contacted. We aim to work towards improving on this again, during the forthcoming 10 months as we realise the impact telephoning has on retaining Service Users. The Community TRS service is within core services.

FINANCIAL REVIEW

The overall income received totalled £157,373 with a net surplus of £798. Cumulative reserves were £20,813 as at 31st March 2019.

FUTURE PLANS

The Chief Executive of Cais Ltd. stated at the last meeting of the Board of Directors, Living Room Cardiff, that as from April 1, 2019, the Directors of Living Room Cardiff resolve to merge with AdferiadRecovery. In doing so, we will protect and aggregate thereafter, the complete assets of the Living Room Cardiff. LRC will retain its individual brand and identity. LRC will merge with Inroads, another organisation, under the leadership of AdferiadRecovery.

Living Room Cardiff wishes to maintain the care and support provided to service users and to develop a greater joint-working between substance misuse services, primary and secondary care, social services and mental health services, to better support people with co-occurring mental health and substance misuse issues. Also, to explore avenues aiming at more financial support. Opening other therapy groups within mid and North Wales is developing as noted previously, so that its unique support and approach can be offered throughout Wales.

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Stafell Fyw Caerdydd/Living Room Cardiff was a charity (number 1145452) that registered under its full name on 16th January 2012. The Living Room opened as part of a three-year strategy embarked upon by the Welsh Council on Alcohol and Other Drugs which is also a charity (number 501658). Living Room Cardiff was also a company limited by guarantee (number 7742115) and became a wholly owned subsidiary of CAIS Ltd (formerly Cyngor Alcohol Information Service Limited) on 7th October 2013. The adopted amended Memorandum and Articles of Association, was L.R's governing document. The Living Room Cardiff ceased to operate as a charity and company limited on March 31, 2019

Recruitment and appointment of new trustees

Recruitment is carried out on a needs basis with the emphasis on maintaining a balanced trusteeship. Candidates are identified and interviewed to confirm their key skills and contribution to both the board and the organisation. Applications for trusteeship shall be submitted in writing to the Company and are considered and voted upon by the Directors at the next board meeting.

There was no resignations during the year.

Organisational structure

The governance structure was that of a Board of Trustees who, together with the Company Secretary, managed the charity's strategic direction and policies. Board attendance comprised of the Chairperson, Company Secretary and the Trustees, whom were elected/re-elected at Annual General Meetings. Day to day affairs of the charity were delegated to the Director of Partnerships and Development, the Service Manager, and the core team.

Induction and training of new trustees

Trustees are invited to receive the same level of induction and training as an employee, which allows them to carry out their duties with the benefit of understanding. In execution of their duties every member is entitled to be indemnified against relevant costs incurred.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07742115 (England and Wales)

Registered Charity number

1145452

Registered office

58 Richmond Road
Cardiff
CF24 3AT

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mrs L Bennoch	Deputy Chief Executive of Cais
Mr S P Green	Training Consultant
Professor M Hughes	Vice Chancellor
Mr D I John	Minister of Religion
Dr D R Lloyd	GP and a Welsh Assembly Member
Mr B Smith	Retired
Mr C E Wolfendale	Chief Executive of Cais
Dr C Tywyn	Regional Caseworker
Dr C Moseley	Internal Liaison Officer
Ms J Rathbone	Welsh Assembly Member
Ms R Huws Williams	Former CEO of Care Council for Wales
Mrs J Powell	Recovery Coach and SU Representative

Company Secretary

Ms R Hunter

Auditors

Williams Denton Cyf
Chartered Certified Accountants
Statutory Auditors
13 Trinity Square
Llandudno
North Wales
LL30 2RB

No trustee has any beneficial interest in the charitable company. All trustees are members of the company. The Company is limited by guarantee and does not have a share capital. The limit of the members' guarantee is £1 per person.

Service Manager

Carol Wyn Hardy

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 March 2019**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Stafell Fyw Caerdydd / Living Room Cardiff for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

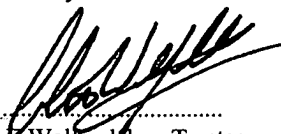
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Williams Denton Cyf, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 11/9/2019 and signed on its behalf by:


.....
Mr C E Wolfendale - Trustee

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

Opinion

We have audited the financial statements of Stafell Fyw Caerdydd / Living Room Cardiff (the 'charitable company') for the year ended 31 March 2019 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.


Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.


Martin Barrett (Senior Statutory Auditor)
for and on behalf of Williams Denton Cyf
Chartered Certified Accountants
Statutory Auditors
13 Trinity Square
Llandudno
North Wales
LL30 2RB

Date: 11/9/19

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 March 2019**

		31.3.19 Unrestricted fund £	31.3.18 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		40,991	26,570
Charitable activities			
Support Groups		116,252	127,070
Other trading activities	2	130	2,652
Total		157,373	156,292
EXPENDITURE ON			
Charitable activities			
Support Groups		156,575	151,210
NET INCOME		798	5,082
RECONCILIATION OF FUNDS			
Total funds brought forward		20,015	14,933
TOTAL FUNDS CARRIED FORWARD		20,813	20,015

The notes form part of these financial statements

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**BALANCE SHEET
At 31 March 2019**

	Notes	31.3.19 Unrestricted fund £	31.3.18 Total funds £
FIXED ASSETS			
Tangible assets	6	41,082	73,403
CURRENT ASSETS			
Debtors	7	30	62
Cash at bank and in hand		91,749	96,764
		<u>91,779</u>	<u>96,826</u>
CREDITORS			
Amounts falling due within one year	8	(22,759)	(11,731)
NET CURRENT ASSETS		<u>69,020</u>	<u>85,095</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		110,102	158,498
CREDITORS			
Amounts falling due after more than one year	9	(48,493)	(70,860)
ACCRUALS AND DEFERRED INCOME	10	(40,796)	(67,623)
NET ASSETS		<u>20,813</u>	<u>20,015</u>
FUNDS	11		
Unrestricted funds		20,813	20,015
TOTAL FUNDS		<u>20,813</u>	<u>20,015</u>


The notes form part of these financial statements

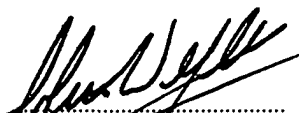
**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**BALANCE SHEET - CONTINUED
At 31 March 2019**

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on11/9/2019..... and were signed on its behalf by:


.....
Mrs L Bennoch -Trustee


.....
Mr C E Wolfendale -Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 March 2019**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Plant and machinery	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities. Value added tax is not recoverable by the charity and is therefore included in the relevant costs in the Statement of Financial Activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Government grants

Government grants are recognised when it is reasonable to expect that the grants will be received and that all related conditions will be met, usually on submission of a valid claim for payment.

Government grants in respect of capital expenditure are credited to a deferred income account and are released to profit over the expected useful lives of the relevant assets by equal annual instalments.

Grants of a revenue nature are credited to income so as to match them with the expenditure to which they relate.

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 March 2019**

2. OTHER TRADING ACTIVITIES

	31.3.19	31.3.18
	£	£
Room Hire/Book Sales	130	1,152
University modules	-	1,500
	<u>130</u>	<u>2,652</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.19	31.3.18
	£	£
Auditors remuneration	1,500	540
Depreciation - owned assets	32,321	26,763
	<u>32,321</u>	<u>26,763</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.19	31.3.18
	3	4
Full Time Equivalent	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

**STAFELL FYW CAERDYDD / LIVING ROOM
CARDIFF**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 March 2019**

6. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Totals £
COST			
At 1 April 2018 and 31 March 2019	<u>126,772</u>	<u>2,322</u>	<u>129,094</u>
DEPRECIATION			
At 1 April 2018	53,895	1,796	55,691
Charge for year	<u>32,255</u>	<u>66</u>	<u>32,321</u>
At 31 March 2019	<u>86,150</u>	<u>1,862</u>	<u>88,012</u>
NET BOOK VALUE			
At 31 March 2019	<u>40,622</u>	<u>460</u>	<u>41,082</u>
At 31 March 2018	<u>72,877</u>	<u>526</u>	<u>73,403</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19	31.3.18
	£	£
Trade debtors	<u>30</u>	<u>62</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19	31.3.18
	£	£
Trade creditors	7,659	10,831
Accrued expenses	<u>15,100</u>	<u>900</u>
	<u>22,759</u>	<u>11,731</u>

9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.3.19	31.3.18
	£	£
Accruals and deferred income	<u>48,493</u>	<u>70,860</u>

10. ACCRUALS AND DEFERRED INCOME

	31.3.19	31.3.18
	£	£
Deferred government grants	<u>40,796</u>	<u>67,623</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 March 2019

11. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	20,015	798	20,813
TOTAL FUNDS	<u>20,015</u>	<u>798</u>	<u>20,813</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	157,373	(156,575)	798
TOTAL FUNDS	<u>157,373</u>	<u>(156,575)</u>	<u>798</u>

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted Funds			
General fund	14,933	5,082	20,015
TOTAL FUNDS	<u>14,933</u>	<u>5,082</u>	<u>20,015</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	156,292	(151,210)	5,082
TOTAL FUNDS	<u>156,292</u>	<u>(151,210)</u>	<u>5,082</u>

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 March 2019**

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.17 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	14,933	5,880	20,813
TOTAL FUNDS	<u>14,933</u>	<u>5,880</u>	<u>20,813</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	313,665	(307,785)	5,880
TOTAL FUNDS	<u>313,665</u>	<u>(307,785)</u>	<u>5,880</u>

12. RELATED PARTY DISCLOSURES

	Sales to related party	Purchases from related party	Amounts owed from related party	Amounts owed to related party
Entities which have control or significant influence over the entity				
CAIS Limited				
2019	583	81,303	-	6820
2018	500	87,987	-	262