

# LIQ01

## Notice of statutory declaration of solvency



Companies House

TUESDAY



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24/03/2020

#69

COMPANIES HOUSE

### 1 Company details

Company number 0 7 6 1 0 9 6 0

Company name in full Health For Living Limited

→ Filling in this form  
Please complete in typescript or in  
bold black capitals.

### 2 Name of person delivering the notice

Full forename(s) Diana

Surname Frangou

### 3 Address of person delivering the notice

Building name/number RSM Restructuring Advisory LLP

Street St Philips Point

Temple Row

Post town Birmingham

County/Region

Postcode B 2 5 A F

Country

### 4 Capacity in which the person is acting in relation to the company

Joint Liquidator

LIQ01  
Notice of statutory declaration of Solvency

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Attachments

I attach:

- ☐ Declaration of solvency.  
☐ Statement of assets and liabilities.

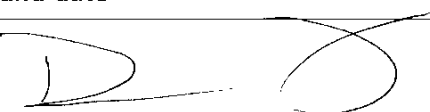
6

Sign and date

Signature

Signature

X



X

Signature date

24 03 2020

LIQ01

## Notice of statutory declaration of solvency

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **Diana Frangou**

Company name **RSM Restructuring Advisory LLP**

Address **St Philips Point**

**Temple Row**

Post town **Birmingham**

County/Region

Postcode **B 2 5 A F**

Country

DX

Telephone **0121 214 3100**

**Checklist**

**We may return forms completed incorrectly or with information missing.**

**Please make sure you have remembered the following:**

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

**Important information**

**All information on this form will appear on the public record.**

**Where to send**

**You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:**

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.

**Further information**

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

**This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)**

Section 89(3)

The Insolvency Act 1986

**Members' Voluntary Winding up Declaration of Solvency Embodying a Statement of Assets and Liabilities**

Company Number 07610960

Name of Company Health For Living Limited

Presented by: The directors

Declaration of Solvency

**We,**

Maxine Elisabeth Helen Joyce Espley c/o Accord Group, 178 Birmingham Road, West Bromwich. B70 6QG and Manjula Patel c/o The Bridge, St Marks Road, Tipton. DY4 0SL and Amanda Margaret Tomlinson c/o 134 High Street, Blackheath, B65 0EE

being ~~all the~~ the majority of the directors of Health For Living Limited, do solemnly and sincerely declare that we have made a full enquiry into the affairs of this company, and that, having done so, we have formed the opinion that this company will be able to pay its debts in full together with interest at the official rate within a period of 12 months, from the commencement of the winding up.

We append a statement of the company's assets and liabilities as at 12 March 2020, being the latest practicable date before the making of this declaration.

We make this solemn declaration, conscientiously believing it to be true, and by virtue of the provisions of the Statutory Declarations Act 1835.

Declared at Indians Scouters

Date

12th March 2020

Signatures

A. Tomlinson

[Signature]

M. J. Espley

Before Me

Amer. Dunham CMAA

Solicitor or Commissioner of Oaths



Company Number 07610960

Name of Company Health For Living Limited

Statement as at 12 March 2020 showing assets at estimated realisable values and liabilities expected to rank for payment.

	Book Value	Estimated to Realise
	£	£
<b>Assets not Subject to Charge</b>		
Cash at bank	527,493	527,493
Estimated realisable value of assets	527,493	527,493

**Liabilities:**

None

Estimated surplus after paying debts in full

527,493