



Companies House

AR01 (ef)

Annual Return



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X4619B5F

Company Name: **HEALTH FOR LIVING LIMITED**

Company Number: **07610960**

Date of this return: **31/03/2015**

SIC codes: **86900**

Company Type: **Private company limited by guarantee**

Situation of Registered Office: **134 HIGH STREET
BLACKHEATH
WEST MIDLANDS
B65 0EE**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **DAVID**

Surname: **SAUNDERS**

Former names:

Service Address: **134 HIGH STREET
BLACKHEATH
WEST MIDLANDS
B65 0EE**

Company Director ***I***

Type: **Person**

Full forename(s): **MR MALCOLM**

Surname: **BAILEY**

Former names:

Service Address: **NEPTUNE HEALTH PARK SEDGLEY ROAD WEST
TIPTON
SANDWEL
DY4 8LU**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **26/06/1954** *Nationality:* **BRITISH**

Occupation: **NONE**

Company Director **2**

Type: **Person**
Full forename(s): **MR CHRISTOPHER RONALD**

Surname: **HANDY**

Former names: **CHRIS**

Service Address: **178 BIRMINGHAM ROAD
WEST BROMWICH
WEST MIDLANDS
UNITED KINGDOM
B70 6QG**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **26/10/1952** *Nationality:* **BRITISH**
Occupation: **CHIEF EXECUTIVE**

Company Director **3**

Type: **Person**
Full forename(s): **MS MONICA**

Surname: **SHAFaq**

Former names: **PHOKELA**

Service Address: **1ST FLOOR HAWTHORNS HOUSE
HAWTHORNS BUSINESS CENTRE HALFORDS LANE
SMETHWICK
WEST MIDLANDS
ENGLAND
B66 1BB**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **14/12/1972** *Nationality:* **BRITISH**

Occupation: **CHIEF EXECUTIVE**

Company Director 4

Type: **Person**

Full forename(s): **MRS AMANDA MARGARET**

Surname: **TOMLINSON**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **30/08/1963**

Nationality: **BRITISH**

Occupation: **CHIEF EXECUTIVE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.