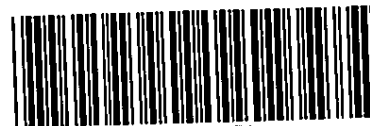


Abbreviated Accounts for the Year Ended 31 March 2012

for

Oomph Wellness Ltd

WEDNESDAY



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30/01/2013

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COMPANIES HOUSE

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for the Year Ended 31 March 2012

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Oomph Wellness Ltd

Company Information

for the Year Ended 31 March 2012

DIRECTOR:

B Allen

SECRETARY:

Mrs S Armstrong

REGISTERED OFFICE:

Mount Lea
44, Filey Road
Scarborough
North Yorkshire
YO11 2TU

REGISTERED NUMBER:

07608774 (England and Wales)

ACCOUNTANTS:

MS Accountant
105 Cemetery road
Southport
Merseyside
PR8 5 EQ

Oomph Wellness Ltd

Abbreviated Balance Sheet

31 March 2012

	Notes	£	£
FIXED ASSETS			
Tangible assets	2		4,500
CURRENT ASSETS			
Debtors		17,707	
Cash at bank		4,783	
		<u>22,490</u>	
CREDITORS			
Amounts falling due within one year		<u>26,895</u>	
NET CURRENT LIABILITIES			<u>(4,405)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>95</u>
CAPITAL AND RESERVES			
Called up share capital	3		1
Profit and loss account			<u>94</u>
SHAREHOLDERS' FUNDS			<u>95</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2012

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2012 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on

MR BENJAMIN ALLEN



Director

30/1/13
and were signed by

Notes to the Abbreviated Accounts
for the Year Ended 31 March 2012

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 TANGIBLE FIXED ASSETS

	Total £
COST	
Additions	5,000
At 31 March 2012	5,000
DEPRECIATION	
Charge for year	500
At 31 March 2012	500
NET BOOK VALUE	
At 31 March 2012	4,500

3 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid
Number Class.

	Nominal value	£
1 ordinary share	1	1