



FOR LIFE TRUST

Company limited by guarantee

Abbreviated accounts

for the period 01 May 2012 to 30 April 2013

Registered company number: 07607850 (England and Wales)

Registered charity number: 1143950

**Langdale House
11 Marshalsea Road
London
SE1 1EN**

THURSDAY



A52 "A30N20VD" #78
30/01/2014
COMPANIES HOUSE

FOR LIFE TRUST
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FOR LIFE TRUST
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Abbreviated balance sheet
as at 30 April 2013

			30 April 2013	30 April 2012
	Notes	Unrestricted funds £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets		-		-
CURRENT ASSETS				
Debtors amounts falling due within one year	2	2,389		4,967
Cash at bank		8,109		10,441
		10,497		15,408
CREDITORS				
Amounts falling due within one year	3	(756)		(956)
NET CURRENT ASSETS		9,741		14,452
TOTAL ASSETS LESS CURRENT LIABILITIES		9,741		14,452
NET ASSETS		9,741		14,452
FUNDS				
Unrestricted funds		9,259		12,060
Restricted funds			482	2,392
			9,741	14,452

The abbreviated accounts were approved by the Board on 28/1/2014 and were signed on its behalf by


Henry George
Director


Susannah Doyle
Director


Rob Carroll

Registered Company Number 07607850

FOR LIFE TRUST
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Abbreviated balance sheet - continued

Directors' statements required by Sections 475(2) and (3)

In approving these abbreviated accounts as directors of the company we hereby confirm

(a) For the period ending 30 April 2013 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the period ended 30 April 2013, and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386 , and

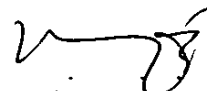
(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 and the Financial Reporting Standard for Smaller Entities (effective April 2008) relating to small companies


The abbreviated accounts were approved by the Board on 28/1/2014 and were signed on its behalf by



Henry George
Director



Susannah Doyle
Director



Rob Carroll

Registered Company Number 07607850

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Notes to the abbreviated accounts
for the period 01 May 2012 to 30 April 2013

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Tangible fixed assets

Tangible fixed assets costing more than £1000 are capitalised and included at cost. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Fixtures and fittings	- 25% straight line
Computer equipment	- 25% straight line

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

2. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30 April 2013 £	30 April 2012 £
Trade debtors	2,303	4,845
Other debtors	0	46
Prepayments and accrued income	86	75
	2,389	4,967

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30 April 2013 £	30 April 2012 £
Trade creditors	-	-
Other creditors	756	956
	756	956