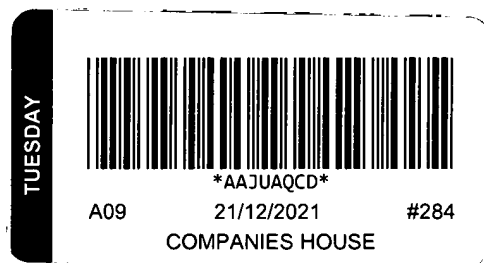


**ACTIVE PLUS COMMUNITY INTEREST COMPANY**

(A company limited by guarantee)

**Unaudited Financial Statements**  
**For the financial year ended 31 March 2021**  
**Pages for filing with the registrar**



**ACTIVE PLUS COMMUNITY INTEREST COMPANY**

**Unaudited Financial Statements**

**For the financial year ended 31 March 2021**

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**ACTIVE PLUS COMMUNITY INTEREST COMPANY**

**COMPANY INFORMATION**

**For the financial year ended 31 March 2021**

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**DIRECTORS**

Mr M J Bee  
Mr T Cocks  
Mr C J Daniell  
Mrs C Hill  
Commander J Lea

**REGISTERED OFFICE**

Chy Nyverow  
Newham Road  
Truro  
Cornwall  
TR1 2DP  
United Kingdom

**COMPANY NUMBER**

07582694 (England and Wales)

**CHARTERED ACCOUNTANTS**

Bishop Fleming LLP  
Chy Nyverow  
Newham Road  
Truro  
TR1 2DP

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**

**BALANCE SHEET**

**As at 31 March 2021**

	<b>Note</b>	<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible assets	3	47,245	48,009
		<u>47,245</u>	<u>48,009</u>
<b>Current assets</b>			
Debtors	4	90,683	66,129
Cash at bank and in hand		322,539	243,199
		<u>413,222</u>	<u>309,328</u>
<b>Creditors</b>			
Amounts falling due within one year	5	(84,213)	(15,783)
<b>Net current assets</b>		<u>329,009</u>	<u>293,545</u>
<b>Total assets less current liabilities</b>		<u>376,254</u>	<u>341,554</u>
<b>Net assets</b>		<u>376,254</u>	<u>341,554</u>
<b>Reserves</b>			
Profit and loss account		376,254	341,554
<b>Total reserves</b>		<u>376,254</u>	<u>341,554</u>

For the financial year ending 31 March 2021 the Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the Company to obtain an audit of its financial statements for the financial year in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements; and
- These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and a copy of the Profit and Loss Account has not been delivered.

The financial statements of Active Plus Community Interest Company (registered number: 07582694) were approved and authorised for issue by the Board of Directors on 1st December 2021. They were signed on its behalf by:



Mr C J Daniell  
Director

## ACTIVE PLUS COMMUNITY INTEREST COMPANY

### NOTES TO THE FINANCIAL STATEMENTS

For the financial year ended 31 March 2021

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#### 1. Accounting policies

The principal accounting policies are summarised below. They have all been applied consistently throughout the financial year and to the preceding financial year.

#### General information and basis of accounting

Active Plus Community Interest Company (the Company) is a private company, limited by guarantee, incorporated in the United Kingdom under the Companies Act 2006 and is registered in England and Wales. The address of the Company's registered office is Chy Nyverow, Newham Road, Truro, Cornwall, TR1 2DP, United Kingdom.

The financial statements have been prepared under the historical cost convention, modified to include certain items at fair value, and in accordance with Section 1A of Financial Reporting Standard 102 (FRS 102) 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' issued by the Financial Reporting Council.

The functional currency of Active Plus Community Interest Company is considered to be pounds sterling because that is the currency of the primary economic environment in which the Company operates.

#### Going concern

The directors have assessed the Balance Sheet and likely future cash flows at the date of approving these financial statements. The directors have a reasonable expectation that the Company has adequate resources to continue in operational existence and to meet its financial obligations as they fall due for at least 12 months from the date of signing these financial statements. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

#### Turnover

Turnover is stated net of VAT and trade discounts and is recognised when the significant risks and rewards are considered to have been transferred to the buyer. Turnover from the supply of services represents the value of services provided under contracts to the extent that there is a right to consideration and is recorded at the fair value of the consideration received or receivable. Where a contract has only been partially completed at the Balance Sheet date turnover represents the fair value of the service provided to date based on the stage of completion of the contract activity at the Balance Sheet date. Where payments are received from customers in advance of services provided, the amounts are recorded as deferred income and included as part of creditors due within one year.

#### Tangible fixed assets

Tangible fixed assets are stated at cost or valuation, net of depreciation and any provision for impairment. Depreciation is provided on all tangible fixed assets, other than investment property and freehold land, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset on a straight-line and reducing balance basis over its expected useful life, as follows:

Plant and machinery - 25% straight-line

Motor Vehicles - 20% reducing balance

Office equipment - 10% straight line

Residual value represents the estimated amount which would currently be obtained from disposal of an asset, after deducting estimated costs of disposal, if the asset were already of the age and in the condition expected at the end of its useful life.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**For the financial year ended 31 March 2021**

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**Impairment of assets**

Assets, other than those measured at fair value, are assessed for indicators of impairment at each Balance Sheet date. If there is objective evidence of impairment, an impairment loss is recognised in the Statement of Income and Retained Earnings as described below.

***Non-financial assets***

An asset is impaired where there is objective evidence that, as a result of one or more events that occurred after initial recognition, the estimated recoverable value of the asset has been reduced. The recoverable amount of an asset is the higher of its fair value less costs to sell and its value in use.

Where indicators exist for a decrease in impairment loss, the prior impairment loss is tested to determine reversal. An impairment loss is reversed on an individual impaired asset to the extent that the revised recoverable value does not lead to a revised carrying amount higher than the carrying value had no impairment been recognised.

**Trade and other debtors**

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts, except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

**Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks and bank overdrafts. Bank overdrafts are shown within borrowings in creditors: amounts falling due within one year.

**Trade and other creditors**

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

**Financial instruments**

Financial assets and financial liabilities are recognised when the Company becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the Company after deducting all of its liabilities.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**For the financial year ended 31 March 2021**

**Basic financial liabilities**

Basic financial liabilities, including creditors, bank loans, loans from fellow group companies and preference shares that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

**Government grants**

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

**2. Employees**

	<b>2021</b>	<b>2020</b>
	<b>Number</b>	<b>Number</b>
Monthly average number of persons employed by the Company during the year, including directors	36	46

**3. Tangible assets**

	<b>Plant and machinery</b>	<b>Vehicles</b>	<b>Fixtures and fittings</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>				
At 01 April 2020	5,351	23,694	46,303	75,348
Additions	-	-	7,665	7,665
<b>At 31 March 2021</b>	<b>5,351</b>	<b>23,694</b>	<b>53,968</b>	<b>83,013</b>
<b>Accumulated depreciation</b>				
At 01 April 2020	5,351	8,530	13,458	27,339
Charge for the financial year	-	3,033	5,396	8,429
<b>At 31 March 2021</b>	<b>5,351</b>	<b>11,563</b>	<b>18,854</b>	<b>35,768</b>
<b>Net book value</b>				
<b>At 31 March 2021</b>	<b>-</b>	<b>12,131</b>	<b>35,114</b>	<b>47,245</b>
At 31 March 2020	-	15,164	32,845	48,009

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**For the financial year ended 31 March 2021**

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**4. Debtors**

	2021	2020
	£	£
Trade debtors	-	9,953
Prepayments	1,885	2,750
Other debtors	88,798	53,426
	<u>90,683</u>	<u>66,129</u>

**5. Creditors: amounts falling due within one year**

	2021	2020
	£	£
Accruals and deferred income	<u>84,213</u>	<u>15,783</u>

**6. Company status**

The company is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.

**7. Government grants receivable**

The following material grants are included within grants receivable:

Who Dares Works fund - £1,417,852  
 Social Prescription - £63,476  
 Family Matters - £33,404  
 Health Works - £76,899  
 South and East Positive People fund - £21,396  
 Coast to Coast Positive People fund - £160,792



100083/15

# CIC 34

## Community Interest Company Report

**For official use**  
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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

Active Plus Community Interest Company

**Company Number**

07582694

**Year Ending**

31 March 2021

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

Active Plus helps people fulfil their potential through courses and activities that motivate, inspire confidence and build life skills all of which help people to tap into their own capabilities.

Unique to Active Plus is that this applies to both course participants and the tutors. The majority of our tutors are military veterans, being supported by Active Plus on their own personal journeys. Our tutors empathise with, inspire and become role models for participants of all ages. Together positive outcomes are achieved for all.

During the financial year 2020 -21 we have worked in the community and remotely (COVID-19 restrictions) delivering courses and 1-2-1 support for unemployed people, school children, university students, ex-military service personnel and businesses. We have also contributed to Public Health England's Social Prescription initiative through a partnership that provides Link Workers in GP's surgeries. In addition, we responded to and support the COVID recovery plan by employing a Community Health Champion who promoted good behaviours and the vaccination programme. The employment of Armed Forces Community Social Prescription Link Workers added to our Health & Wellbeing team and provide specialist support for military veterans and their families.

Our interventions have made a significant difference in the communities, where they've been delivered and our achievements have been recognised through a number of accreditations and the award of additional Lottery/ESF grants.

During this reporting period we have been funded by The National Lottery Community Fund, European Social Fund, the Armed Forces Military Covenant Trust Fund, Department of Work and Pensions and Public Health England.

*(Please continue on separate continuation sheet if necessary.)*

## PART 2 – CONSULTATION WITH STAKEHOLDERS

Active Plus stakeholders are course attendees, people benefitting from our funded projects and businesses buying in our services.

Consultation is achieved through stakeholder feedback and feed forward sessions, which allow us to adjust course delivery, keep content relevant and ensure that we are meeting service user and customer needs. This co-design process has been highly successful in developing new courses and increasing our client base.

## PART 3 – DIRECTORS' REMUNERATION –

These have been addressed in the accounts and there were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

## PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION


There have been no donations to outside bodies or transfer of assets.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

30/11/21

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Health & Wellbeing Innovation Centre

Treliske

Truro

Tel – 01326 567174

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**