Registered number: 07582694

ACTIVE PLUS COMMUNITY INTEREST COMPANY (A COMPANY LIMITED BY GUARANTEE)

UNAUDITED

PIRECTORS' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2018





COMPANY INFORMATION

Directors

Mr T Cocks

Commander J Lea Ms S J Wakfer Mr C J Daniell Mrs C Hill

Registered number

07582694

Registered office

Chy Nyverow Newham Road

Truro Cornwali TR1 2DP

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DIRECTORS' REPORT FOR THE YEAR ENDED 31 MARCH 2018

The directors present their report and the financial statements for the year ended 31 March 2018

Principal activity

The principal activities of the company are to use the skills, experience and expertise of injured military veterans to deliver unique programmes that build confidence, motivation and self-belief, unlocking the potential of participants, all of whom are from vulnerable or potentially vulnerable groups.

The CIC delivers courses and activities for people who are unemployed, older people who are lonely or isolated, people with health conditions, including mental ill-health, and young people at risk of leaving school without qualifications or work. Team-building and communication activities are also delivered for other organisations and businesses. The CIC has grown geographically from the base in Cornwall to deliver across Devon & Wiltshire.

Funders and investors include the National Lottery, European Social Fund, Armed Forces Covenant, businesses and the NHS.

DIRECTORS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2018

Business review

During the 2017/18 financial year the CIC has been successful in all areas of delivery, these include:

Active Plus Young People – this project supports young people to engage more effectively with their peers and teachers and within the education setting.

Active Plus Works – this project helps unemployed people back into work and has been delivered through the National Lottery and European Social Fund Building Better Opportunities programmes; Who Dares Works, Building Bridges and Positive People.

Active Plus Active Ageing - supports older people to build friendships and become active in their communities. This has been delivered through the National Lottery funded Active Plus Communities programme that works with older isolated people in the community and instills the benefits of helping yourself by helping others. Additionally we have been delivering an Aged Veterans programme targeted at ex-armed forces personnel born before 1st January 1950, their families and/or carers. Managed by Cornwall Rural Community Charity, this programme is funded by the Armed Forces Covenant Trust and is delivering in Cornwall and Plymouth.

Active Plus Business delivers specialist, motivational and development training for business leaders and their workforce. This year we have worked closely with Pendennis shippard, Falmouth Haven and the NHS to deliver team building and confidence boosting courses.

The CIC is able to evidence tangible outcomes and clearly demonstrates the impact of its work. During 2017/18 75% of people who attended the back to work courses went on to undertake work related activities, further training, work experience or were employed and 90% of the people who go into work, stayed in work.

Tangible outcomes from our Communities programme (Active Plus Ageing) are evinced through 227 older people leading community events, 406 with 'new friends and connections' and the delivery of over 40 community events.

During the year, activities were mainly funded through National Lottery and European Social Funds. Delivery of projects were undertaken with partner organisations such as PLUSS, Community First, Pentreath, Addaction, Iconic Emerge CIC (t/a CHAOS), Re-build South West, Cornwall Food Foundation, Whole Again Communities CIC (WAC), Eccabi, United Response, Cornwall Dyslexia Association, Cornwall Fire and Rescue Service.

The directors are very grateful to all the funders who have supported and continue to support the work of the CIC.

DIRECTORS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2018

Directors

The directors who served during the year were:

Mr T Cocks Commander J Lea Ms S J Wakfer Mr C J Daniell Mrs C Hill

Small companies note

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In preparing this report, the directors have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the board and signed on its behalf.

Ms S J Wakfer

Director

Date: 03/10/18

Chy Nyverow Newham Road Truro Cornwall TR1 2DP

CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF ACTIVE PLUS COMMUNITY INTEREST COMPANY

FOR THE YEAR ENDED 31 MARCH 2018

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Active Plus Community Interest Company for the year ended 31 March 2018 which comprise the Statement of income and retained earnings, the Statement of financial position and the related notes from the Company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at http://www.icaew.com/en/members/regulations-standards-and-guidance/.

This report is made solely to the Board of directors of Active Plus Community Interest Company, as a body, in accordance with the terms of our engagement letter dated 15th November 2017. Our work has been undertaken solely to prepare for your approval the financial statements of Active Plus Community Interest Company and state those matters that we have agreed to state to the Board of directors of Active Plus Community Interest Company, as a body, in this report in accordance with ICAEW Technical Release TECH07/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Active Plus Community Interest Company and its Board of directors, as a body, for our work or for this report.

It is your duty to ensure that Active Plus Community Interest Company has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit or loss of Active Plus Community Interest Company. You consider that Active Plus Community Interest Company is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or review of the financial statements of Active Plus Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Bishop Fleming LLP

Chartered Accountants

Chy Nyverow Newham Road

Truro Cornwall

TR1 2DP

Date: 4 - 10 - 18

STATEMENT OF INCOME AND RETAINED EARNINGS FOR THE YEAR ENDED 31 MARCH 2018

	N - 4 -	2018	2017
	Note	£	£
Turnover		23,356	197,174
Cost of sales		(81,021)	(125,910)
Gross (loss)/profit		(57,665)	71,264
Administrative expenses		(735,349)	(416,003)
Other operating income	3	1,273,702	257,682
Other operating charges		(590,246)	*
Operating loss		(109,558)	(87,057)
Interest receivable and similar income		•	523
Loss before tax		(109,558)	(86,534)
Tax on loss		(4,808)	17,144
Loss after tax		(114,366)	(69,390)
Retained earnings at the beginning of the year		371,592	440,982
		371,592	440,982
Loss for the year		(114,366)	(69,390)
Retained earnings at the end of the year		257,226	371,592
The notes on pages 7 to 11 form part of these financial statements.			

ACTIVE PLUS COMMUNITY INTEREST COMPANY (A COMPANY LIMITED BY GUARANTEE) REGISTERED NUMBER:07582694

STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2018

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0.40
3,346
3,346
3,246
1,592
1,592
1,592
1,592

The directors consider that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:

Ms S J Wakfer

Director

Date: 03/10/18

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The notes on pages 7 to 11 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

1. General information

Active Plus Community Interest Company is a private company incorporated in the UK, limited by guarantee without share capital and is a Community Interest Company. The company's registered number is 07582694 and their registered office is Chy Nyverow, Newham Road, Truro, Cornwall, United kingdom, TR1 2DP

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

2.2 Revenue

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured. Revenue is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before revenue is recognised:

Rendering of services

Revenue from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of revenue can be measured reliably;
- it is probable that the Company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

2.3 Government grants

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Statement of income and retained earnings at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of income and retained earnings in the same period as the related expenditure.

2.4 Interest income

Interest income is recognised in the Statement of income and retained earnings using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

2. Accounting policies (continued)

2.5 Pensions

DEFINED CONTRIBUTION PENSION PLAN

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payment obligations.

The contributions are recognised as an expense in the Statement of income and retained earnings when they fall due. Amounts not paid are shown in accruals as a liability in the Statement of financial position. The assets of the plan are held separately from the Company in independently administered funds.

2.6 Taxation

Tax is recognised in the Statement of income and retained earnings, except that a charge attributable to an item of income and expense recognised as other comprehensive income or to an item recognised directly in equity is also recognised in other comprehensive income or directly in equity respectively.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the Company operates and generates income.

2.7 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Plant and machinery - 25 Office equipment - 10

25% straight-line method 10% straight-line method

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the Statement of income and retained earnings.

2.8 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

2. Accounting policies (continued)

2.9 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2.10 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.11 Financial instruments

The Company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in non-puttable ordinary shares.

3. Other operating income

	2018 £	2017 £
Other operating income	-	47,500
Government grants receivable	1,273,702	210,182
	1,273,702	257,682
		

4. Government grants receivable

Included in grants receivable above are the following amounts:

Who Dares Works fund - £872,995
Building Better Opportunities (Wiltshire) fund - £83,410
South and East Positive People fund - £92,690
Active Communities fund - £140,188
Coast to Coast Positive People fund - £84,418

5. Employees

The average monthly number of employees, including directors, during the year was 32 (2017: 20).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

6.	Tangible fixed assets			
		Plant and machinery £	Office equipment £	Total £
	Cost or valuation			
	At 1 April 2017	5,351	5,535	10,886
	Additions	-	16,221	16,221
	At 31 March 2018	5,351	21,756	27,107
	Depreciation			
	At 1 April 2017	5,351	2,189	7,540
	Charge for the year on owned assets	-	2,176	2,176
	At 31 March 2018	5,351	4,365	9,716
	Net book value			
	At 31 March 2018	<u> </u>	17,391	17,391
	At 31 March 2017	_	3,346	3,346
7.	Debtors			
			2018 £	2017 £
	Trade debtors		5,195	34,568
	Other debtors		16,625	18,940
	Prepayments and accrued income		•	570
			21,820	54,078
8.	Cash and cash equivalents			
	·		2018 £	2017 £
	Cash at bank and in hand		348,806	374,244
			348,806	374,244
				

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

Creditors: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	2018 £	2017 £
Trade creditors	8,953	1
Other taxation and social security	11,055	7,370
Accruals and deferred income	110,783	52,705
	130,791	60,076
Accruals and deferred income includes the following:		
	2018	2017
	£	£
Deferred grants		
Who Dares Works	107,264	49,454
	107,264	49,454

10. Company status

The company is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.

11. Pension commitments

The Company operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the Company in an independently administered fund. The pension cost charge represents contributions payable by the Company to the fund and amounted to £2,186 (2017: £0).

DETAILED PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2018

	Note	2018 £	2017 £
Provision of training courses		23,356	197,174
Cost Of Sales		(81,021)	(125,910)
Gross (loss)/profit		(57,665)	71,264
Gross (loss)/profit %		(246.9)%	36.1 %
Other operating income		1,273,702	257,682
Less: overheads			
Administration expenses		(735,349)	(416,003)
Other operating charges		(590,246)	-
Operating loss		(109,558)	(87,057)
Interest receivable		-	523
Tax on profit on ordinary activities		(4,808)	17,144
Loss for the year		(114,366)	(69,390)

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2018

	2018	2017
Turnover	£	£
Provision of training courses	23,356	197,174
	23,356	197,174
	2018 £	2017 £
Cost of sales	4	
Course Expenses	15,539	12,793
Instructor Costs	9,200	44,955
Consumables	63	2,757
Commissions payable	4,475	3,850
Room Hire	38,921	23,201
Business Development	509	37,104
Portal Development	12,314	1,250
	81,021	125,910
	2018 £	2017 £
Other operating income	~	~
Other operating income	•	47,500
Grants receivable	1,273,702	210,182
	1,273,702	257,682

SCHEDULE TO THE DETAILED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2018

	2018 £	2017 £
Administration expenses	~	_
Directors salaries	68,000	41,760
Directors national insurance	7,131	4,083
Directors pension costs - defined contribution schemes	375	-
Staff salaries	465,547	240,890
Staff national insurance	30,296	12,346
Staff pension costs - defined contribution schemes	1,811	-
Staff training	2,350	909
Uniform	1,094	686
Hotels, travel and subsistence	56,221	32,424
Printing, postage and stationery	12,403	6,882
Telephone, fax and internet	6,127	3,924
Computer costs	18,571	16,675
Media and marketing	11,488	18,077
Trade subscriptions	300	-
Legal and professional	(1,963)	14,645
Accountancy fees	11,063	6,558
Rent	15,953	12,759
Insurances	-	966
Repairs and maintenance	969	20
Sundry expenses	25,437	1,585
Depreciation charge - plant and machinery	-	261
Depreciation charge - office furniture & equipment	2,176	553
	735,349	416,003
	2018	2017
	£	£
Other operating charges		
Grants redistributed	590,246 	-
	590,246 	
	2018 £	2017 £
Interest receivable	z.	L
Bank interest receivable	-	523
	-	523

CIC 34

Community Interest Company Report

	For official use (Please leave blank)	
Please complete in typescript, or	Company Name in full	ACTIVE PLUS COMMUNITY INTEREST COMPANY
in bold black capitals.	Company Number	07582694
	Year Ending	31 March 2018

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

Active Plus is a Community Interest Company (the CIC) established in 2011. The CIC uses the skills, experience and expertise of injured military veterans to deliver unique programmes that build confidence, motivation and self-belief, unlocking the potential of participants, all of whom are from vulnerable or potentially vulnerable groups.

The CIC delivers courses and activities for people who are unemployed, older people who are lonely or isolated, people with health conditions, including mental ill-health, and young people at risk of leaving school without qualifications or work. Team-building and communication activities are also delivered for other organisations and businesses. The CIC has grown geographically from the base in Cornwall to deliver across Devon & Wiltshire. Funders and investors include the National Lottery, European Social Fund, Armed Forces Covenant, businesses and the NHS.

Military veterans begin their journey with the CIC as volunteers. Some have physical injuries; many have PTSD and are themselves vulnerable. Some have been unemployed for long periods, others just making the transition from forces to civilian life. All are fantastic role models who share not only their skills and expertise with course participants, but also their own personal journeys.

They empathise, inspire, challenge and gain respect in a way that is a powerful force for change – both for participants and for the veterans themselves.

The CIC's ethos is about people helping themselves through helping others. This is reflected not only in the mutual benefits for both course participants and course tutors but also in the emphasis placed on building skills, confidence, connections and employability through volunteering and developing projects that benefit the wider community.

During the 2017/18 financial year the CIC has been successful in all areas of delivery, these include

<u>Active Plus Young People</u> – this project supports young people to engage more effectively with their peers and teachers and within the education setting

<u>Active Plus Works</u> – this project helps unemployed people back into work and has been delivered through the National Lottery and European Social Fund Building Better Opportunities programmes; Who Dares Works, Building Bridges and Positive People.

Active Plus Active Ageing - supports older people to build friendships and become active in their communities. This has been delivered through the National Lottery funded Active Plus Communities programme that works with older isolated people in the community and instills the benefits of helping yourself by helping others. Additionally we have been delivering an Aged Veterans programme targeted at ex-armed forces personnel born before 1st January 1950, their families and/or carers. Managed by Cornwall Rural Community Charity, this programme is funded by the Armed Forces Covenant Trust and is delivering in Cornwall and Plymouth.

<u>Active Plus Business</u> delivers specialist, motivational and development training for business leaders and their workforce. This year we have worked closely with Pendennis shipyard, Falmouth Haven and the NHS to deliver team building and confidence boosting courses.

The CIC is able to evidence tangible outcomes and clearly demonstrates the impact of its work. During 2017/18 75% of people who attended the back to work courses went on to undertake work related activities, further training, work experience or were employed and 90% of the people who go into work, stayed in work.

Tangible outcomes from our Communities programme (Active Plus Ageing) are evinced through 227 older people leading community events, 406 with 'new friends and connections' and the delivery of over 40 community events.

PART 2 - CONSULTATION WITH STAKEHOLDERS

The CIC actively seeks stakeholder feedback from all the courses which facilitates the targeting of individual participant's needs and to improve and develop course content; this in turn helps to continually improve outcomes for both individuals and customers/funders.

During the year, activities were mainly funded through National Lottery and European Social Funds. Delivery of projects were undertaken with partner organisations such as PLUSS, Community First, Pentreath, Addaction, Iconic Emerge CIC (t/a CHAOS), Re-build South West, Cornwall Food Foundation, Whole Again Communities CIC (WAC), Eccabi, United Response, Cornwall Dyslexia Association, Cornwall Fire and Rescue Service.

Consultation with these stakeholder groups included, co-design events, stakeholder meetings, project progress reports and regular feedback sessions. Consultation included course participant feedback, co-design events and interaction through Work Related Activities

PART 3 -- DIRECTORS' REMUNERATION

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed, which are not already disclosed in the financial statements.

PART 4 - TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION -

There have been no transfer of assets other than for full consideration has been made.

PART 5 - SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

Quare

Date | 17 | 08 | 18

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Health & Wellbeing Innovation Centre		
Treliske, Truro		
TR1 3FF		
	Tel 01326 567174	
DX Number	DX Exchange	

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)