

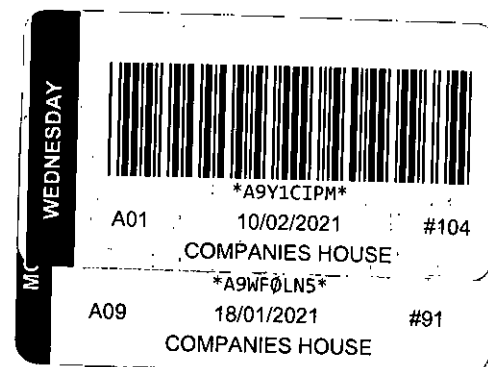
**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**

**UNAUDITED**

**FINANCIAL STATEMENTS**

**INFORMATION FOR FILING WITH THE REGISTRAR**

**FOR THE YEAR ENDED 31 MARCH 2020**



**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REGISTERED NUMBER:07582694**

**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 MARCH 2020**

	<b>Note</b>	<b>2020</b> <b>£</b>	<b>2019</b> <b>£</b>
<b>FIXED ASSETS</b>			
Tangible fixed assets		<b>48,009</b>	54,747
		<b>48,009</b>	54,747
<b>CURRENT ASSETS</b>			
Debtors: amounts falling due within one year	6	<b>66,129</b>	89,819
Cash at bank and in hand		<b>243,199</b>	206,666
		<b>309,328</b>	296,485
Creditors: amounts falling due within one year	7	<b>(15,783)</b>	(64,852)
<b>NET CURRENT ASSETS</b>		<b>293,545</b>	231,633
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>341,554</b>	286,380
<b>NET ASSETS</b>		<b>341,554</b>	286,380
<b>CAPITAL AND RESERVES</b>			
Profit and loss account		<b>341,554</b>	286,380
		<b>341,554</b>	286,380

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REGISTERED NUMBER:07582694**

**STATEMENT OF FINANCIAL POSITION (CONTINUED)**  
**AS AT 31 MARCH 2020**

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The directors consider that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the statement of income and retained earnings in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:



**Mr C J Daniell**  
Director

Date: 18/12/2020

The notes on pages 3 to 7 form part of these financial statements.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**

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**1. GENERAL INFORMATION**

Active Plus Community Interest Company is a private company incorporated in the UK, limited by guarantee without share capital and is a Community Interest Company. The company's registered number is 07582694 and their registered office is Chy Nyverow, Newham Road, Truro, Cornwall, United kingdom, TR1 2DP.

**2. ACCOUNTING POLICIES**

**2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS**

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

**2.2 REVENUE**

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured. Revenue is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before revenue is recognised:

**Rendering of services**

Revenue from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of revenue can be measured reliably;
- it is probable that the Company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

**2.3 GOVERNMENT GRANTS**

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to profit or loss at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of income and retained earnings in the same period as the related expenditure.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**

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**2. ACCOUNTING POLICIES (continued)**

**2.4 PENSIONS**

**DEFINED CONTRIBUTION PENSION PLAN**

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payment obligations.

The contributions are recognised as an expense in profit or loss when they fall due. Amounts not paid are shown in accruals as a liability in the Statement of financial position. The assets of the plan are held separately from the Company in independently administered funds.

**2.5 TANGIBLE FIXED ASSETS**

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using both the straight-line and reducing balance basis.

Depreciation is provided on the following basis:

Plant and machinery	-	25% straight-line method
Motor vehicles	-	20% reducing balance
Office equipment	-	10% straight-line method

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in profit or loss.

**2.6 DEBTORS**

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

**2.7 CASH AND CASH EQUIVALENTS**

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

**2.8 CREDITORS**

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**

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**2. ACCOUNTING POLICIES (continued)**

**2.9 FINANCIAL INSTRUMENTS**

The Company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

Debt instruments (other than those wholly repayable or receivable within one year), including loans and other accounts receivable and payable, are initially measured at present value of the future cash flows and subsequently at amortised cost using the effective interest method. Debt instruments that are payable or receivable within one year, typically trade debtors and creditors, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received. However, if the arrangements of a short-term instrument constitute a financing transaction, like the payment of a trade debt deferred beyond normal business terms or in case of an out-right short-term loan that is not at market rate, the financial asset or liability is measured, initially at the present value of future cash flows discounted at a market rate of interest for a similar debt instrument and subsequently at amortised cost, unless it qualifies as a loan from a director in the case of a small company, or a public benefit entity concessionary loan.

Financial assets that are measured at cost and amortised cost are assessed at the end of each reporting period for objective evidence of impairment. If objective evidence of impairment is found, an impairment loss is recognised in the Statement of income and retained earnings.

For financial assets measured at amortised cost, the impairment loss is measured as the difference between an asset's carrying amount and the present value of estimated cash flows discounted at the asset's original effective interest rate. If a financial asset has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract.

For financial assets measured at cost less impairment, the impairment loss is measured as the difference between an asset's carrying amount and best estimate of the recoverable amount, which is an approximation of the amount that the Company would receive for the asset if it were to be sold at the reporting date.

**3. GOVERNMENT GRANTS RECEIVABLE**

The following material grants are included within grants receivable above:

Who Dares Works fund - £1,613,140  
Building Better Opportunities (Wiltshire) fund - £54,913  
South and East Positive People fund - £126,210  
Coast to Coast Positive People fund - £217,269  
Connecting Penzance - £74,211  
Social Prescription - £91,934

**4. EMPLOYEES**

The average monthly number of employees, including directors, during the year was 46 (2019: 50).

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**

**5. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Motor vehicles £	Office equipment £	Total £
<b>COST</b>				
At 1 April 2019	5,351	23,694	44,619	73,664
Additions	-	-	1,684	1,684
At 31 March 2020	5,351	23,694	46,303	75,348
<b>DEPRECIATION</b>				
At 1 April 2019	5,351	4,739	8,827	18,917
Charge for the year on owned assets	-	3,791	4,630	8,421
At 31 March 2020	5,351	8,530	13,457	27,338
<b>NET BOOK VALUE</b>				
At 31 March 2020	15,164	15,164	32,846	48,010
At 31 March 2019	-	18,955	35,792	54,747

**ACTIVE PLUS COMMUNITY INTEREST COMPANY**  
**(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**

**6. DEBTORS**

	2020 £	2019 £
Trade debtors	9,953	12,081
Prepayments and accrued income	56,176	77,738
	<u>66,129</u>	<u>89,819</u>

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Trade creditors	-	335
Other taxation and social security	-	20,820
Accruals and deferred income	15,783	43,697
	<u>15,783</u>	<u>64,852</u>

The following liabilities were secured:

	2020 £	2019 £
South & East Post People Fund	5,771	-
Kickstart	-	21,068
Coast to Coast Positive People Fund	1,519	-
Social Prescription	295	9,068
	<u>7,585</u>	<u>30,136</u>

Details of security provided:

**8. COMPANY STATUS**

The company is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.



100082/15

# CIC 34

## Community Interest Company Report

**For official use**  
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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

Active Plus Community Interest Company

**Company Number**

07582694

**Year Ending**

31 March 2020

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

Active Plus helps people fulfil their potential through courses and activities that motivate, inspire confidence and build life skills all of which help people to tap into their own capabilities.

Unique to Active Plus is that this applies to both course participants and the tutors. The majority of our tutors are military veterans, being supported by Active Plus on their own personal journeys. Our tutors empathise with, inspire and become role models for participants of all ages. Together positive outcomes are achieved for all.

During the financial year 2019 -20 we have worked in the community delivering courses and 1-2-1 support for older isolated people, unemployed people, school children, university students, ex-military service personnel and to businesses. We are also contributing to Public Health England's Social Prescription initiative through a partnership that provides Link Workers in GP's surgeries.

Our interventions have made a significant difference in the communities, where they've been delivered and our achievements have been recognised through a number of accreditations and the award of additional Lottery/ESF grants.

During this reporting period we have been funded by The National Lottery Community Fund, European Social Fund, the Armed Forces Military Covenant Trust Fund, Department of Work and Pensions and Public Health England.

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS**

Active Plus stakeholders are course attendees, people benefitting from our funded projects and businesses buying in our services.

Consultation is achieved through stakeholder feedback and feed forward sessions, which allow us to adjust course delivery, keep content relevant and ensure that we are meeting service user and customer needs. This co-design process has been highly successful in developing new courses and increasing our client base.

**PART 3 – DIRECTORS' REMUNERATION –**

These have been addressed in the accounts and there were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION**


There have been no donations to outside bodies or transfer of assets.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

18/12/20

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Health & Wellbeing Innovation Centre

Treliske

Truro

Tel – 01326 567174

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**