

Registered number: 07582694

ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)

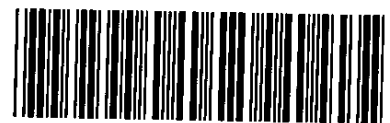
UNAUDITED

FINANCIAL STATEMENTS

INFORMATION FOR FILING WITH THE REGISTRAR

FOR THE YEAR ENDED 31 MARCH 2019

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ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)
REGISTERED NUMBER:07582694

STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2019

	Note	2019 £	2018 £
FIXED ASSETS			
Tangible fixed assets		54,747	17,391
		<u>54,747</u>	<u>17,391</u>
CURRENT ASSETS			
Debtors: amounts falling due within one year	6	89,819	21,820
Cash at bank and in hand		206,666	348,806
		<u>296,485</u>	<u>370,626</u>
Creditors: amounts falling due within one year	7	(64,852)	(130,791)
NET CURRENT ASSETS		231,633	239,835
TOTAL ASSETS LESS CURRENT LIABILITIES		286,380	257,226
NET ASSETS		286,380	257,226
CAPITAL AND RESERVES			
Profit and loss account		286,380	257,226
		<u>286,380</u>	<u>257,226</u>

**ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)
REGISTERED NUMBER:07582694**

**STATEMENT OF FINANCIAL POSITION (CONTINUED)
AS AT 31 MARCH 2019**

The directors consider that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the statement of income and retained earnings in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:



Mr C J Daniell
Director

Date: 18/12/19

The notes on pages 3 to 7 form part of these financial statements.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019**

1. GENERAL INFORMATION

Active Plus Community Interest Company is a private company incorporated in the UK, limited by guarantee without share capital and is a Community Interest Company. The company's registered number is 07582694 and their registered office is Chy Nyverow, Newham Road, Truro, Cornwall, United kingdom, TR1 2DP.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

2.2 REVENUE

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured. Revenue is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before revenue is recognised:

Rendering of services

Revenue from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of revenue can be measured reliably;
- it is probable that the Company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

2.3 GOVERNMENT GRANTS

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Statement of income and retained earnings at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of income and retained earnings in the same period as the related expenditure.

ACTIVE PLUS COMMUNITY INTEREST COMPANY
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

2. ACCOUNTING POLICIES (continued)

2.4 PENSIONS

DEFINED CONTRIBUTION PENSION PLAN

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payment obligations.

The contributions are recognised as an expense in the Statement of income and retained earnings when they fall due. Amounts not paid are shown in accruals as a liability in the Statement of financial position. The assets of the plan are held separately from the Company in independently administered funds.

2.5 TAXATION

Tax is recognised in the Statement of income and retained earnings, except that a charge attributable to an item of income and expense recognised as other comprehensive income or to an item recognised directly in equity is also recognised in other comprehensive income or directly in equity respectively.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the Company operates and generates income.

2.6 TANGIBLE FIXED ASSETS

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using both the straight-line and reducing balance basis.

Depreciation is provided on the following basis:

Plant and machinery	-	25% straight-line method
Motor vehicles	-	20% reducing balance
Office equipment	-	10% straight-line method

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the Statement of income and retained earnings.

2.7 DEBTORS

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

**ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019**

2. ACCOUNTING POLICIES (continued)

2.8 CASH AND CASH EQUIVALENTS

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2.9 CREDITORS

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.10 FINANCIAL INSTRUMENTS

The Company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in non-puttable ordinary shares.

Debt instruments (other than those wholly repayable or receivable within one year), including loans and other accounts receivable and payable, are initially measured at present value of the future cash flows and subsequently at amortised cost using the effective interest method. Debt instruments that are payable or receivable within one year, typically trade debtors and creditors, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received. However, if the arrangements of a short-term instrument constitute a financing transaction, like the payment of a trade debt deferred beyond normal business terms or financed at a rate of interest that is not a market rate or in the case of an out-right short-term loan not at market rate, the financial asset or liability is measured, initially, at the present value of the future cash flow discounted at a market rate of interest for a similar debt instrument and subsequently at amortised cost.

Financial assets that are measured at cost and amortised cost are assessed at the end of each reporting period for objective evidence of impairment. If objective evidence of impairment is found, an impairment loss is recognised in the Statement of income and retained earnings.

For financial assets measured at amortised cost, the impairment loss is measured as the difference between an asset's carrying amount and the present value of estimated cash flows discounted at the asset's original effective interest rate. If a financial asset has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract.

For financial assets measured at cost less impairment, the impairment loss is measured as the difference between an asset's carrying amount and best estimate of the recoverable amount, which is an approximation of the amount that the Company would receive for the asset if it were to be sold at the reporting date.

ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

3. Government grants receivable

The following material grants are included within grants receivable above:

Who Dares Works fund - £1,477,869
 Building Better Opportunities (Wiltshire) fund - £130,723
 South and East Positive People fund - £171,243
 Active Plus Communities fund - £108,561
 Coast to Coast Positive People fund - £270,471

4. EMPLOYEES

The average monthly number of employees, including directors, during the year was 50 (2018: 32).

5. TANGIBLE FIXED ASSETS

	Plant and machinery £	Motor vehicles £	Office equipment £	Total £
COST				
At 1 April 2018	5,351	-	21,756	27,107
Additions	-	23,694	22,863	46,557
At 31 March 2019	5,351	23,694	44,619	73,664
DEPRECIATION				
At 1 April 2018	5,351	-	4,365	9,716
Charge for the year on owned assets	-	4,739	4,462	9,201
At 31 March 2019	5,351	4,739	8,827	18,917
NET BOOK VALUE				
At 31 March 2019	-	18,955	35,792	54,747
At 31 March 2018	-	-	17,391	17,391

ACTIVE PLUS COMMUNITY INTEREST COMPANY
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

6. DEBTORS

	2019 £	2018 £
Trade debtors	12,081	5,195
Prepayments and accrued income	77,738	16,625
	<u>89,819</u>	<u>21,820</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Trade creditors	335	8,953
Other taxation and social security	20,820	11,055
Accruals and deferred income	43,697	110,783
	<u>64,852</u>	<u>130,791</u>

Accruals and deferred income includes the following:

	2019 £	2018 £
Who Dares Works	-	107,264
Kickstart	21,068	-
Social Prescription	9,068	-
	<u>30,136</u>	<u>107,264</u>

8. COMPANY STATUS

The company is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.

9. PRIOR YEAR ADJUSTMENT

Room Hire and sessional costs totalling £38,921 have been moved from cost of sales to administration expenses for the year ended 31 March 2018. The changes have no impact on the loss reported for that year.

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CIC 34

Community Interest Company Report

For official use
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typescript, or
in bold black
capitals.*

**Company Name in
full**

Active Plus Community Interest Company

Company Number

07582694

Year Ending

~~APR~~ MARCH
2019

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

Active Plus helps people fulfil their potential through courses and activities that motivate, inspire confidence and build life skills all of which help people to tap into their own capabilities.

Unique to Active Plus is that this applies to both course participants and the tutors. The majority of our tutors are military veterans, being supported by Active Plus on their own personal journeys. Our tutors empathise with, inspire and become role models for participants of all ages. Together positive outcomes are achieved for all.

During the financial year 2018 -19 we have worked in the community delivering courses for older isolated people, unemployed people, school children, ex-military service personnel and to businesses. We are also contributing to the NHS Social Prescription initiative through a partnership that provides Link Workers in GP's surgeries.

Our interventions have made a significant difference in the communities, where they've been delivered and our achievements have been recognised through a number of accreditations and the award of additional Lottery/ESF grants.

Courses have been funded through the National Lottery Community Fund, European Social Fund, the Military Covenant, Department of Work and Pensions grants and NHS England.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS

Active Plus stakeholders are the course attendees.

Consultation is achieved through client feedback and feed forward sessions, which allow us to adjust course delivery and content relevant to meeting participant's needs. This co-design process has been highly successful in developing new courses and increasing our client base.

PART 3 – DIRECTORS' REMUNERATION –

These have been addressed in the accounts and there were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION

There have been no donations to outside bodies or transfer of assets.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

SWAP

Date

24/05/19

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Health & Wellbeing Innovation Centre

Treliske

Truro

Tel – 01326 567174

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)