

~~100021/ETC 34/15~~ ~~100021/15~~

ACTIVE PLUS CIC ~~ETD~~

Company Registration Number:
07582694 (England & Wales)

Report of the Directors and Unaudited Financial Statements

For the Year Ended 31 March 2014

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ACTIVE PLUS CIC ~~LTD~~

**Contents of the Financial Statements
For the Year Ended 31 MARCH 2014**

	Page
Company Information	2
Directors' Report	3
Profit and Loss Account	4
Balance Sheet	5 to 6
Notes to the Financial Statements	7 to 9
Accountant's Report	10

ACTIVE PLUS CIC LTD

**Company Information
For the Year Ended 31 MARCH 2014**

Director:

Charlotte Chadwick
Tim Cocks
John Lea (Appointed April 2013)
Sarah Rapson
Stephen Matthews
Brian Tregunna (Non-Exec)

Registered Office:

Health and Wellbeing Innovation Centre
Treliske
Truro
Cornwall
TR1 3FF

Company Registration Number:

07582694
Company Limited by Guarantee

Accountants:

Bannisters Accountants Limited
15 Poltair Road
Penryn
Cornwall
TR10 8NZ

ACTIVE PLUS CIC LTD

Directors' Report for the Year Ended 31 MARCH 2014

The director presents her report with the financial statements of the company for the year ended 31 March 2014.

Principal Activity

The principle activities of the company are to train, support and motivate injured veterans to provide transformational activities and knowledge to engage and motivate groups of over 50's that are unemployed, suffering rural and social isolation or are carers. The aim is to encourage community inclusion and provide activities to build confidence, increase safety and enable older people to participate in activities to enhance their lives and the community

Director

The directors that held office during the whole of the period from 1 April 2013 to 31 March 2014 are.

Charlotte Chadwick, Tim Cocks, John Lea (appointed April 2013), Sarah Rapson, Stephen Matthews, and Brian Tregunna (Non-Exec).

This report has been prepared in accordance with the provisions in part 15 of the Companies Act 2006

**This report was approved by the board of director on
And Signed On Behalf Of The Board By:**

Tim Cocks
Director

A handwritten signature in black ink, appearing to read 'T. Cocks', written over the printed name and title.

16 October 2014

ACTIVE PLUS CIC LTD

Profit and Loss Account
For the Year Ended 31 MARCH 2014

	Notes	2014 £	2013 £
Turnover	1	191,566	65,556
Cost of Sales		21,991	6,612
		<hr/>	<hr/>
Gross Profit		169,575	58,944
Administrative Expenses		186,511	87,285
		<hr/>	<hr/>
Operating (Loss) before taxation	2	(16,936)	(28,341)
Other Interest and income receivable		71	40
Capital Grants		1,609	0
Grants and Donations		97,032	96,354
		<hr/>	<hr/>
Profit on Ordinary Activities Before Taxation		81,776	68,053
Tax on profit on ordinary activities		27,993	593
		<hr/>	<hr/>
Retained Profit after taxation		53,783	67,460
Reserves brought forward		71,563	4,103
		<hr/>	<hr/>
Reserves carried forward		£ 125,346	£ 71,563
		<hr/>	<hr/>

ACTIVE PLUS CIC ~~ETB~~**Balance Sheet
As at 31 MARCH 2014**

	Notes	2014 £	2013 £
Fixed Assets			
Tangible Assets	4	5,835	4,184
Current Assets			
Debtors		0	1,500
Cash at Bank and in hand		142,490	70,368
		<hr/>	<hr/>
		142,490	71,868
		<hr/>	<hr/>
Current Liabilities			
Amounts falling due within one year	5	22,652	4,162
		<hr/>	<hr/>
Net Current (Liabilities)/Assets		119,838	67,706
Creditors falling due after more than one year	6	(327)	(327)
		<hr/>	<hr/>
		119,511	67,379
		<hr/>	<hr/>
Total Net Assets		£ 125,346	£ 71,563
		<hr/>	<hr/>

ACTIVE PLUS CIC LTD
Balance Sheet
As at 31 MARCH 2014
Continued

		2014		2013
	Notes	£	£	£
Capital and reserves				
Reserves	8	£ 125,346		£71,563
		<hr/>		<hr/>

For the year ended 31 March 2014 the company was entitled to exemption under section 477 (2) of the Companies Act 2006 relating to small companies

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008)

The financial statements were approved by the Board of Directors on 16 October 2014

Signed on Behalf of the Board of Directors

Tim Cocks
 Director



ACTIVE PLUS CIC LTD**Profit and Loss Account for the Year Ended
31 MARCH 2014**

	2014	
	£	£
Income		191,566
Grants Received		97,032
Capital Grants Received		1,609
		<hr/>
		290,207
Bank Interest Received		71
		<hr/>
		290,278
Deduct: Expenses		
Wages and National Insurance	147,488	
Instructor Costs	1,147	
Building Hire	11,100	
Repairs and Renewals	31	
Uniforms	1,770	
Course Refreshments	691	
Telephone Charges	2,083	
Postage and Stationery	710	
Media and Marketing	9,053	
Travel and Subsistence	25,768	
Legal and Professional	5,000	
Accountancy Charges	1,105	
IT costs	98	
Insurance	481	
Sundry Expenses	258	
Depreciation	1,719	
	<hr/>	
		208,502
		<hr/>
Net Profit for the year		£ 81,776
		<hr/>

These notes do not form part of the Statutory Accounts.

ACTIVE PLUS CIC LTD

Notes to the Financial Statements - continued
For the Year Ended 31 MARCH 2014

3. Tangible Fixed Assets

	IT Equipment £	Plant and Machinery £	Total £
Cost			
At 1 April 2013	4,304	1,484	5,788
Additions	1,047	2,323	3,370
Disposals	0	0	0
	<hr/>	<hr/>	<hr/>
At 31 March 2014	5,351	3,807	9,158
	<hr/>	<hr/>	<hr/>
Depreciation			
At 1 April 2013	1,456	148	1,604
Charge for the year	1,388	381	1,719
Charge on disposals	0	0	0
	<hr/>	<hr/>	<hr/>
At 31 March 2014	2,794	529	357
	<hr/>	<hr/>	<hr/>
Net Book Value			
At 31 March 2014	£ 2,557	£ 3,278	£ 2,022
	<hr/>	<hr/>	<hr/>
At 31 March 2013	£ 2,848	£ 1,700	£ 4,548
	<hr/>	<hr/>	<hr/>

4. Creditors: Amounts falling due within one year

	2014	2013
	£	£
Accruals	1,000	1,926
Taxation and social security	5,949	2,236
Corporation Tax	15,703	
	<hr/>	<hr/>
	£ 22,652	£ 4,162
	<hr/>	<hr/>

ACTIVE PLUS CIC LTD

Notes to the Financial Statements - continued
For the Year Ended 31 MARCH 2014

5. Creditors: Amounts falling due after one year

	2014	2013
	£	£
Directors Loan Account	£ 327	£ 327
	<hr/>	<hr/>

6 Reserves

	Profit and Loss Account
	£
At 1 April 2013	71,563
Profit for the year	53,783
	<hr/>
At 31 March 2014	£ 125,346
	<hr/>

ACTIVE PLUS CIC ~~ETB~~

**REPORT OF THE ACCOUNTANTS TO THE DIRECTORS OF
ACTIVE PLUS CIC ~~ETB~~**

As described on the Balance Sheet you are responsible for the preparation of the financial statements for the Year ended 31 August 2013 set out on Pages 3 - 6, and you consider that the company is exempt from audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us

15 Poltair Road
Penryn
Cornwall
TR10 8NZ



Bannisters Accountants Limited

Dated: 24 October 2014

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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Please
complete in
typescript, or
in bold black
capitals.

Company Name in
full

Active Plus CIC

Company Number

7582694

Year Ending

2014 31 / 3 / 2014

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

During the year Active Plus has increased the amount of employment course deliveries for the DWP and have expanded our delivery area into Devon, Somerset & Wiltshire. Our employment courses have also developed new customer groups which now include people aged 50+, long term unemployed and people who have medical barriers to work. On average approx 25% of customers progress into employment with another 30% entering training or volunteering roles.

Active Plus has also developed new projects for older people and schools which we have started delivering in some local areas. Our Big lottery funding to support older lonely isolated people has finished and has allowed us to work with over 500 vulnerable older people in this time, increasing confidence and motivation and reducing loneliness.

We have also increased the amount of injured veterans participating on our project and being developed into instructors, and are now employing 10 injured veterans with another 20 volunteering with us.

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

we are constantly receiving feedback from all of the unemployed customers attending the employment courses and managers from the JCP, this has allowed us to constantly develop the course to meet both the customers needs and their outcomes
feedback from our older persons projects includes older people, local organisations and our partners this feedback has allowed us to develop our project and deliver several new pilot projects and apply for more grant funding

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes) If no remuneration was received you must state that "no remuneration was received" below

No remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

no transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

T. Cocks

Date

130 11 14

Office held (tick as appropriate) ☒ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tim Cocks	
5, castle view park	
mawnan smith	
tr11 5hb	Telephone 01326 567174
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG