

Registered Number:07582694

England and Wales

Active Plus Community Interest Company

Report of the Directors and Unaudited Financial Statements

For the year ended 31 March 2017



Active Plus Community Interest Company
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For the year ended 31 March 2017

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**Active Plus Community Interest Company
Directors' Report
For the year ended 31 March 2017**

The directors present their report and accounts for the year ended 31 March 2017.

Principal activities

The principal activities of the company are to train, support and motivate injured veterans to provide transformational activities and knowledge to engage and motivate groups of people that are unemployed, suffering rural and social isolation or are carers while increasing the health and wellbeing of vulnerable people in the community. The aim is to encourage community inclusion and provide activities to build confidence, increase safety and enable people to participate in activities to enhance their lives and the community.

Directors

The directors who served the company throughout the year were as follows:

Tim Cocks

John Lea

Ms Sarah Wakfer

Brian Tregunna (Resigned on 15 February 2017)

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors



Tim Cocks
Director

Date: 8.6.17

We would like to acknowledge the organisations that have supported Active Plus through funding projects and programmes during this financial year. Grants have been received from the Big Lottery Fund; the European Social Fund and the Armed Forces Covenant which have funded Active Plus Communities, Building Bridges Wiltshire, Positive People: Coast to Coast and Road to Work.



**Active Plus Community Interest Company
Chartered Accountants' Report
For the year ended 31 March 2017**

Chartered Accountants' report to the Directors on the preparation of the unaudited statutory accounts of Active Plus Community Interest Company for the year ended 31 March 2017

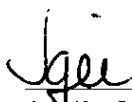
In order to assist you to fulfil your duties under Companies Act 2006, we have prepared for your approval the accounts of Active Plus Community Interest Company for the year ended 31 March 2017 which comprise the Income Statement, the Statement of Financial Position and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at icaew.com/en/members/regulations-standards-and-guidance.

This report is made solely to the Board of Directors of Active Plus Community Interest Company, as a body, in accordance with the terms of our engagement letter dated . Our work has been undertaken solely to prepare for your approval the accounts of Active Plus Community Interest Company and state those matters that we have agreed to state to the Board of Directors of Active Plus Community Interest Company, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Active Plus Community Interest Company and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Active Plus Community Interest Company has kept adequate accounting records to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of Active Plus Community Interest Company. You consider that Active Plus Community Interest Company is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Active Plus Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



Jennifer Opie
ACA DChA
Bickerstaff & Co
Unit 2 Brewery Court
Sea Lane
Hayle
Cornwall
TR27 4DP

12 June 2017

Active Plus Community Interest Company
Statement of Income and Retained Earnings
For the year ended 31 March 2017

	2017	2016
	£	£
Turnover	197,174	544,439
Cost of sales	(125,910)	(76,123)
Gross profit	<u>71,264</u>	<u>468,316</u>
Administrative expenses	(416,003)	(332,258)
Other operating income	257,682	100,529
Operating loss	<u>(87,057)</u>	<u>236,587</u>
Other interest receivable and similar income	523	725
Loss before taxation	<u>(86,534)</u>	<u>237,312</u>
Taxation	17,144	(47,765)
Loss for the financial year	<u>(69,390)</u>	<u>189,547</u>
Retained earnings at 01 April 2016	440,982	251,435
Retained earnings at 31 March 2017	<u><u>371,592</u></u>	<u><u>440,982</u></u>

Active Plus Community Interest Company
Statement of Financial Position
As at 31 March 2017

	Notes	2017 £	2016 £
Fixed assets			
Property, plant and equipment	2	3,346	4,160
		3,346	4,160
Current assets			
Trade and other receivables	3	53,841	171,905
Cash and cash equivalents		374,244	385,046
		428,085	556,951
Trade and other payables: amounts falling due within one year	4	(59,839)	(120,129)
Net current assets		368,246	436,822
Total assets less current liabilities		371,592	440,982
Net assets		371,592	440,982
Capital and reserves			
Retained earnings		371,592	440,982
Members' Funds		371,592	440,982

For the year ended 31 March 2017 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006


The directors acknowledge their responsibilities for:

insuring that the company keeps proper accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

These financial statements were approved and authorised for issue by the Board on and were signed by:



Tim Cocks
Director

Active Plus Community Interest Company
Notes to the Financial Statements
For the year ended 31 March 2017

Statutory Information

Active Plus Community Interest Company is a private limited company, limited by guarantee, domiciled in England and Wales, registration number 07582694.

Principal place of business:
Health & Wellbeing Centre
Treliske
Truro
Cornwall
TR1 3FF

Registered address:
Unit 2 Brewery Court
Sea Lane
Hayle
Cornwall
TR27 4DP

The presentation currency is £ sterling.

1. Accounting policies

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical costs convention as modified by the revaluation of certain assets.

Revenue recognition

Revenue is recognised to the extent the organisation has delivered services under an agreement, the amount of revenue can be measured reliably and it is probable that the economic benefits associated with the transaction will flow to the organisation. Revenue is measured at the fair value of the consideration received, exclusive of sales taxes and discounts.

Where revenue is received to fund the delivery of a specific project, income is only recognised to the extent that it covers project costs. Income not yet spent on a specific project is deferred until future periods.

Property, plant and equipment

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and machinery	10% Straight line
Computer equipment	25% Straight line
Fixtures and fittings	25% Straight line

Government grants

Government grants received are credited to deferred income. Grants towards capital expenditure are released to the profit and loss account over the expected useful life of the assets. Grants received towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the statement of financial position date.

Active Plus Community Interest Company
Notes to the Financial Statements Continued
For the year ended 31 March 2017

2. Property, plant and equipment

	Plant and machinery	Fixtures and fittings	Total
Cost or valuation	£	£	£
At 01 April 2016	5,351	5,535	10,886
At 31 March 2017	<u>5,351</u>	<u>5,535</u>	<u>10,886</u>
Provision for depreciation and impairment			
At 01 April 2016	5,090	1,636	6,726
Charge for year	261	553	814
At 31 March 2017	<u>5,351</u>	<u>2,189</u>	<u>7,540</u>
Net book value			
At 31 March 2017	<u>-</u>	<u>3,346</u>	<u>3,346</u>
At 31 March 2016	<u>261</u>	<u>3,899</u>	<u>4,160</u>

3. Trade and other receivables

	2017	2016
	£	£
Trade debtors	34,568	169,700
Other debtors	19,273	2,205
	<u>53,841</u>	<u>171,905</u>

4. Trade and other payables: amounts falling due within one year

	2017	2016
	£	£
Trade creditors	1	(1)
Taxation and social security	7,370	79,180
Other creditors	52,468	40,950
	<u>59,839</u>	<u>120,129</u>

5. Average number of persons employed

During the year the average number of employees was 20 (2016 17)

Active Plus Community Interest Company
Trading and Profit and Loss Account
For the year ended 31 March 2017

	2017	2016
	£	£
Turnover		
Provision of training courses	197,174	544,439
Cost of Sales		
Instructor Costs	44,955	30,036
Consultancy Costs	3,850	13,460
Course Expenses	12,793	11,785
Room Hire	23,201	18,811
Course Refreshments	2,757	2,031
Business Development	37,104	-
Portal Development	1,250	-
	(125,910)	(76,123)
Gross Profit	71,264	468,316
Administrative Expenses		
Wages & Salaries	240,890	186,469
PAYE & NI Contributions	12,346	8,707
Staff Training	909	669
Directors Salaries	41,760	53,625
Directors N.I.	4,083	5,161
Legal and Professional fees (allowable)	14,645	3,246
Rent	12,759	9,828
General Travel Expenses	32,424	23,873
Depreciation Charge: Plant & Machinery	261	958
Depreciation Charge: Fixtures & Fittings	553	553
Accountancy	6,558	2,372
Media & Marketing	18,077	20,709
General Insurance	966	4,985
Computer Expenses	16,675	3,776
Repairs & Renewals	20	88
Stationery & Postage	6,882	3,593
Telephone, Fax & Internet	3,924	3,090
Sundry Expenses	1,585	100
Uniform	686	456
	(416,003)	(332,258)
Operating Loss	(344,739)	136,058
Other Operating Income		
Government Grants	210,182	98,529
Other operating Income (taxable)	47,500	2,000
	257,682	100,529
Investment Income		
Deposit Account Interest	523	725
	523	725

Active Plus Community Interest Company
Trading and Profit and Loss Account Continued
For the year ended 31 March 2017

Loss on Ordinary Activities before Taxation	<u>(86,534)</u>	<u>237,312</u>
Taxation		
UK Corporation Tax	<u>(17,144)</u>	<u>47,765</u>
	17,144	(47,765)
Loss for the Financial Year	<u>(69,390)</u>	<u>189,547</u>

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CIC 34

Community Interest Company Report

For official use
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***Please
complete in
typescript, or
in bold black
capitals.***

**Company Name in
full**

Active Plus Community Interest Company

Company Number

07582694

Year Ending

Apr 2016

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

Active Plus helps people fulfil their potential through courses and activities that motivate, inspire confidence and build life skills all of which help people to tap into their own capabilities.

Unique to Active Plus is that this applies to both course participants and the tutors. The majority of our tutors are military veterans, being supported by Active Plus on their own personal journeys. Our tutors empathise with, inspire and become role models for participants of all ages. Together positive outcomes are achieved for all.

During the financial year 2015 -16 we have worked in the community to deliver courses to older lonely/isolated, unemployed (JSA & ESA) people, school children, attendees with health issues and ex-service personnel within the criminal justice system.

These programmes have made a significant difference in the communities where they've been delivered and our achievements were acknowledged by the award of the best third sector business at the recent Cornwall Business Awards.

Courses have been funded through Big Lottery, European Social Funds and Military Covenant, Department of Work and Pensions, clinical commissions and schools.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS

Active Plus stakeholders are the course attendees.

Consultation is achieved through written client feedback and verbal debrief sessions, which allow us to adjust course delivery and content to suit clients' needs and keep courses relevant. This co-design process has been highly successful in developing new courses and increasing our client base.

As part of recent projects Active Plus provide a veteran mentor to support the groups progression into becoming a community resource of their own choice.

PART 3 – DIRECTORS' REMUNERATION –

These have been addressed in the accounts and there were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION

There have been no donations to outside bodies or transfer of assets.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

T. G. L.

Date

8.6.17.

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Office held (delete as appropriate) Director/Secretary

Health & Wellbeing Innovation Centre
Treliske
Truro
Tel – 01326 567174

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)