

**APS FITNESS LIMITED**

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
PAGES FOR FILING WITH REGISTRAR**

**APS FITNESS LIMITED****BALANCE SHEET  
AS AT 31 MARCH 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Fixed assets	5,600	7,000
Current assets	4,756	6,554
Creditors: amounts falling due within one year	(9,633)	(12,443)
<b>Net current assets / (liabilities)</b>	<b>(4,877)</b>	<b>(5,889)</b>
<b>Total assets less current liabilities</b>	<b>723</b>	<b>1,111</b>
<b>Net assets / (net liabilities)</b>	<b>723</b>	<b>1,111</b>
<b>Capital and reserves</b>	<b>723</b>	<b>1,111</b>

**Notes to the financial statements:****1. Average number of employees**

During the year the average number of employees, including directors, was 2 (2022: 2).

APS FITNESS LIMITED (07577310) is a private company limited by shares incorporated in England and Wales. The registered office address is Pitax House, 33 Baldwins Lane, Rickmansworth, Hertfordshire, WD3 3LS, United Kingdom.

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with micro-entity provisions and with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime' and delivered in accordance with the provisions applicable to companies subject to the small companies' regime. The income statement has not been delivered to the Registrar of Companies in accordance with the special provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 6 July 2023 and are signed on its behalf by:

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**Matthew LOVETT**

Director

**Company registration number: 07577310**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.